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you don t say myths about teeth harvard health

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many myths and misunderstandings about teeth and tooth health persist such as what stains can be lightened how cavities are formed and whether fluoride is actually safe

six myths about oral health and overall health colgate

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oral health is a good indicator of overall health and poor oral hygiene can increase your risk for disease in other parts of your body moderate to advanced gum disease increases the risk of heart disease and is more prevalent among people with diabetes

12 common dental myths and misconceptions you shouldn t believe

Mar 18 2024

unravel the biggest myths and misconceptions about dental health and dental care find out what you should and should not be doing if you want to maintain a healthy smile 1 sugar causes cavities while it does help the formation of cavities sugar actually doesn t cause them the culprit behind cavities is bacteria

dental myths debunked by wells family dental fact vs fiction

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explore the truth behind common dental myths with wells family dental group learn how to separate fact from fiction for better oral health

unveiling the truth common dental health myths exposed

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don t fall for dental myths embrace the truth and prioritize your dental health for a lifetime of happy smiles discover the reality behind common dental health myths in our insightful guide learn evidence based oral care habits to maintain optimal dental health

dental mythbusters debunking common oral health misconceptions

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as your trusted partners in dental care we re here to set the record straight and debunk some of the most common oral health myths it s time to separate fact from fiction and empower you with accurate knowledge to maintain a healthy and radiant smile

debunking common oral health myths highpoint dental

Nov 14 2023

at highpoint dental medicine we believe in empowering our patients with accurate evidence based information to take the best care of their oral health in this blog post well debunk some of the most common oral health myths setting the record straight for a healthier smile

oral health myths vs facts debunking common misconceptions

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however there are many myths and misconceptions surrounding oral health that can lead to improper care and potential problems in this article we will debunk some common myths about oral health and provide the facts to help you maintain a healthy smile

healthy teeth myths vs facts

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in this article we have debunked some of the most common dental care myths myth 1 scaling the teeth weakens them fact cleaning and scaling the teeth removes deposits from the teeth and gums it keeps them clean and healthy

oral health myths among general population at riyadh region

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the aim of this study is to assess the prevalence of oral health myths and to find its association between the demographic factors of general public in the riyadh region of saudi arabia

10 common dental myths and the truth behind them

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here are the most popular myths about oral health and dentistry and what s really the truth behind them contents myth 1

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sugar is the main cause of cavities myth 2 brushing your teeth harder and more often is better for your oral health myth 3 if it doesn t hurt you don t need to go to the dentist yet

8 oral health myths debunked your aaa network

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here are eight common dental myths and the truths behind them so you can maintain your great smile and live a healthier life myth 1 the harder you brush the better when your teeth feel dirty it can be tempting to put some elbow grease into it and brush harder

oral health

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oral health is a key indicator of overall health well being and quality of life it encompasses a range of diseases and conditions that include dental caries periodontal disease tooth loss oral cancer oral manifestations of hiv infection oro dental trauma noma and birth defects such as cleft lip and palate

5 oral health myths that you should know dr rick dentistry

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don t believe these 5 oral health myths learn the truth about brushing flossing cavities gum disease more keep your smile healthy

10 common disproven dental health myths calgary

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what s fact and what s fiction when it comes to your oral health we dissect some of the most common dental health myths set the record straight about oral care

survey confirms and debunks common oral health myths

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dentavox recently surveyed 1 715 respondents from around the world about 10 popular beliefs about diets and teeth to see if they matched what the experts had to say first 48 of respondents said that intermittent fasting may reduce the risk of cavities and the experts agree

dental reality check busting myths and boosting knowledge

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myth sugar is the sole cause of tooth decay dental fact while sugar is a common contributor to tooth decay it s not the only culprit bacteria in the mouth feed on sugar and starches producing acid that can damage tooth enamel other factors such as inadequate oral hygiene poor diet and lack of fluoride also contribute to tooth decay

5 common oral health myths that might be harming your teeth

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engaging in wrong habits and routine are often due to a lack of oral health knowledge when it comes to maintaining good oral health here are five common myths that we have debunked to help you learn the right facts

oral health common dental myths you should stop believing

Nov 02 2022

untreated oral issues can lead to severe complication in future here are some common misconceptions regarding oral health you need to know these will help you improve your overall dental

10 oral hygiene myths people still believe in asian sun

Oct 01 2022

oral hygiene myths have been around ever since the days when dentists started popping up however even today people are still held back by a few myths that are circling around the internet or through word of mouth

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