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Birth Without Fear 2019-03-05

an inclusive non judgmental and empowering guide to pregnancy childbirth and postpartum life that puts mothers first offering straightforward guidance on all the options and issues that matter most to them and their partners when preparing for a baby in birth without fear january harshe founder of the global online community birth without fear delivers an honest positive and passionate message of empowerment surrounding everything that involves having a baby it s a guide that fills in the considerable cracks in the information available to women and families when they re preparing to welcome a child covering care provider choices medical freedom birth options breastfeeding intimacy postpartum depression and much more birth without fear shows moms dads partners and families how to choose the best provider for them how to trust in themselves and the birth process and how to seek the necessary help after the baby has arrived in addition it will educate them about their rights and how to use their voice to exercise them as well as how to cope with the messy postpartum feelings many people aren t willing to talk about unlike other pregnancy books birth without fear will also help partners understand what mothers are going through as well as discuss the challenges that they too will face and how they can navigate them shattering long held myths and beliefs surrounding pregnancy birth and the postpartum experience birth without fear is an accessible reassuring and ultimately inspiring guide to taking charge of pregnancy childbirth and beyond

The Simple Guide to Having a Baby free chapter "Staying Healthy during Pregnancy" 2016-09-20

please enjoy this free chapter called staying healthy during pregnancy this is just one chapter in the award winning book the simple guide to having a baby the full version of the simple guide to having a baby is an accessible easy to read guide which is a simplified version of the best selling pregnancy childbirth and the newborn for expectant parents who want only the most important need to know how to information the book tells readers how to stay healthy during pregnancy how to handle labor pain and birth and how to care for a new baby using clear and simple language it includes advice on what to do and what not to do during pregnancy descriptions of easy exercises to help you stay healthy and feel better information on what to expect during labor and birth ways to deal with childbirth pain helpful hints on breastfeeding and being a parent

Giving Birth 2013-06-04

a concise information guide about preparing for child birth

Natural Birth Secrets 2018-06-15

a doctor and midwife recommended guide for pregnancy to postpartum bliss whether birthing at home hospital or birth center even if this is not your first baby this is a unique approach on how to have a deeply positive empowered and joyful journey through pregnancy birth and becoming a mom postpartum whether you have visions of a cozy home water birth giving birth in a birth center free of pain meds and intervention or a hospital birth with the latest technology and emergency care access just in case this is the ultimate pregnancy to postpartum training so you can be prepared from an emotional physical and spiritual perspective to relax into birth and momma hood with excitement and ease this comprehensive training will help you find your center and feel balanced strong relaxed and calm within yourself during this special rite of passage into momma hood in the midst of all the chaos of life along the way it will help you tune into your deepest desires and create joy and pleasure in your pregnancy birth an life as a mom to take you and your family higher i ve taken everything i ve learned trained and supported thousands of women babies and their families with for over twenty years in my private practice locally and around the world to improve maternity and newborn care and experiences by empowering women and their families to speak up these are my

insider's secrets to increase your likelihood of avoiding high rates of risky medical and surgical interventions serious complications including birth trauma for you and your baby and having the birth of your dreams

Mother's Intention 2003-01-01

mother's intention explores how perceptual reality defines birth more than factual reality and how what we know about birth just isn't so parents learn what makes birth safe and more comfortable as well as how the birth process impacts early parenthood and beyond

The Essential Pregnancy and Birth Guide 2015-09-10

finding out you are pregnant is a momentous event for parents from the start there are so many vital things to learn and with so much information available parents don't always know where to turn this book gathers the expertise from a panel of scientists including professor robert winston dieticians and obstetricians and offers up to date information on what is happening to you and your baby as the pregnancy progresses the advice given helps parents make the right decisions for themselves and for their growing baby looking at a range of subjects such as nutrition antenatal tests pregnancy ailments preparing for birth birth and the first few days each chapter is structured around common questions asked by parents to be amongst many others the areas covered include what you can do to increase your chances of a healthy and safe pregnancy the pros and cons of different birth plans how and why your body changes during pregnancy birth choices the first feeds and bonding with your baby in the early hours and days the essential pregnancy and birth guide is the second in the series of reference books compiled by the essential parent company and advised by professor robert winston with tips lists of do's and don't and case studies this book gives you everything you need to know to make your pregnancy as enjoyable and trouble free as possible

The Midwife's Labour and Birth Handbook 2018-02-05

praise for the previous edition an outstanding handbook it will be a familiar volume on most midwifery bookshelves providing an excellent guide to midwifery focused care of both woman and child in the birthing setting nursing times online providing a practical and comprehensive guide to midwifery care the midwife's labour and birth handbook continues to promote best practice and a safe satisfying birthing experience with a focus on women centred care covering all aspects of care during labour and birth from obstetric emergencies to the practicalities of perineal repair including left hand suturing the fourth edition has been fully revised and updated to include full colour photographs of kneeling extended breech and footling breech births new water birth and breech water birth photographs female genital mutilation sepsis group b streptococcus care of the woman with diabetes neonatal hypoglycaemia mental health seeding microbirthing it also addresses important issues such as why are the numbers of uk women giving birth in stirrups rising rather than falling why are so few preterm babies given bedside resuscitation with the cord intact would the creation of midwife breech practitioners specialists enable more women to choose vaginal breech birth and is breech water birth safe what is the legal position for women who choose to free birth and their birth partners why are midwives challenging the oasi care bundle incorporating research evidence and anecdotal observations the midwife's labour and birth handbook remains an essential resource for both student midwives and experienced practising midwives

Top Tips for Best Birth 2014

best birth coaching's pregnancy book top tips for best birth is in a genre with many available titles for pregnancy yet this book carves out a special

niche as a birth coach specialist it offers original content for pregnant and soon to be mothers by focusing on the emotional social and cultural aspects of pregnancy this birth preparation book is a strong supplement to the medical and anatomical information that pregnant women need to know in the pre birth planning another strength of the book is that it brings in real life birth story experiences of other women as well as the author which makes the advice more credible as well as personable in brief the text does different things at once drawing on several distinct disciplines but succeeds in unifying them in a coherent whole this is a book for birth without fear and birth without violence because it focuses on birth with confidence the acknowledgements in these birth coach books are heartfelt and sincere followed by a good introduction with for women wanting to be birth wise due to good birth prep the first few chapters of the birth book deals with mental strengths for the birth process with birth information not otherwise available in baby books recording the journey of pregnancy and birth within and looking to provide story material for junior in their first few years is a great way to focus on the now whilst looking ahead to the future this pre baby book is full of baby information for new parents the book then moves on to discussing how to create your own profile i.e. establish your identity and personalize the experience through birth history in the next few chapters you learn how to identify understand and manage stress through pregnancy the use of birth information through birth stories to prevent birth trauma is exceptional there is a good explanation of the benefits as well as the potential issues of stress the key being to understand what you are experiencing so as to control it effectively there are many metaphors used to effectively describe how to deal with the big issues first plotting the journey through pregnancy encourages the reader to view the pregnancy as a unique experience and to capture the journey in your journal for birth joy through a birth map the importance of friends and birth partner is emphasized

Injury-Free Childbirth Guide 2019-10

how to stay away from childbirth injuries everybody agrees that the greatest job any woman has with pregnancy is not getting pregnant it is with giving birth that's why it gives the most concern when that time starts approaching for most women the concern finally graduates to tokophobia the fear associated with childbirth but the good news is there is a solution to all of these and that's what this short guide is all about i have found that it's very natural to be afraid of a definite task ahead of you when you know you aren't prepared or prepared enough for it so the more you prepare the more your confidence raises ahead of childbirth this guide will help you get better prepared if the chances of such injuries are reduced the woman will feel more comfortable to also nurse her new born not only that her special moments with the husband will not be put at risk if she doesn't go through severe pains of childbirth injuries i hope you got the gist

Hypnobirthing Home Study Course Manual 2016-06-30

hypnobirthing gives you a quick easy and natural pain free birth without drugs join mothers around the globe and discover the power of the most modern comprehensive and complete hypnobirthing course worldwide this step by step guide covers natural birthing alternative options and best medical interventions your birth will be calm and easy

Hypnobirthing 2005-05-24

move over lamaze hypnobirthers say their form of deep relaxation takes the panting and pain out of labor time magazine hypnobirthing a celebration of life childbirth is not something to be feared it is a natural expression of life with hypnobirthing your pregnancy and childbirth will become the gentle life affirming process it was meant to be in this easy to understand guide hypnobirthing founder marie mongan explodes the myth of pain as a natural accompaniment to birth she proves through sound medical information that it is not our bodies but our culture that has made childbirth a moment of

anguish and that when we release the fear of birth a fear that is keeping our bodies tense and closed we will also release the pain hypnobirthing is nature not manipulation it relaxes the mind in order to let the body work as it is designed the hypnobirthing exercises positive thinking relaxation visualization breathing and physical preparation will lead to a happy and comfortable pregnancy even if you are currently unsure of an intervention free birth your confidence trust and happy anticipation will in turn lead to the peaceful fulfilling and bonding birth that is your right as a mother more than 10 000 happy couples have had their lives changed for the better by hypnobirthing more than 500 news organizations including good morning america the today show dateline the richard judy show time newweek parenting and better homes gardens have joined the movement for better birthing why is hypnobirthing changing the way the world gives birth that s simple because it works

A Natural Guide to Pregnancy and Postpartum Health 2003-01-06

this unique pregnancy manual focuses on nourishment and nurturing for the expectant mother to prevent common postpartum problems

Esali Birth's Perinatal Pocket Guide 2011

this unique book shows parents how to break free from nappies and tricky toilet training by recognising and responding to their baby s natural reflexes parents can help them to stay clean and dry from birth while reducing the cost to the family budget and the environment baby led potty training can help to avoid nappy rash prevent constipation calm fussy babies reduce landfill save time and money families have been using baby led potty training all over the world and now the approach is growing in the uk in this book amber hatch guides parents through the method explaining the practical things you need to know from getting started to completion you ll also discover how to adapt the approach to your own family s needs and routines how to overcome common problems and how to encourage confidence and independence in your child the nappy free baby is a flexible no pressure approach to potty training that will benefit any family and strengthen the bonds between parents and child

Nappy Free Baby 2015-06-04

an international collaboration of lecturers practitioners and researchers each chapter considers a topic relevant to normalising maternity care topics include routine interventions epidurals physiological third and fourth stages longer labours and approaches to monitoring intervention most effective models of care birth centres home birth mental health doulas reasons for intervention links between research and practice harmonising models of birth caseload midwifery including normality on medical training courses the symbolic value of birth developments in china the uae brazil and other countries where dramatic changes are taking place e g in sub saharan africa the natural caesarean individual agents for change intrapartum best practice ways of supporting women labouring without pharmacological pain relief water birth vbc the role of regulatory bodies ways of publicising your work communication for best results review of progress and pointers for future research questions and extracts provide stimulating reflection and seminar material for midwives obstetricians gps doulas and other maternity caregivers i strongly recommend this book to midwives obstetricians doctors and hospital administrators it carefully reviews the scientific data marsden wagner who was director of women s and children s health at the world health organization for 15 years before his retirement questions and extracts provide stimulating reflection and seminar material for midwives obstetricians gps doulas and other maternity caregivers i strongly recommend this book to midwives obstetricians doctors and hospital administrators it carefully reviews the scientific data marsden wagner who was director of women s and children s health at the world health organization for 15 years before his retirement

Birmingham free libraries. Catalogue of the reference library 1886

stop listening to the horror stories be reassured excited and inspired find out how beautiful and powerful birth can be discover the keys to planning your own positive birth the best beginning to motherhood birth journeys is a diverse collection of 29 encouraging and inspiring birth stories by real women and men it includes a wide range of birth experiences and choices hospital birth center homebirth unassisted birth water birth ivf caesarean vbac and twins some stories are warm and lighthearted some are serene and peaceful while others are a wild whirlwind experience each story is positive uplifting and empowering birth journeys also contains contributions from health care professionals academics birth educators and authors including dr sarah j buckley gp and author of gentle birth gentle mothering hannah dahlen associate professor of midwifery at the university of western sydney renee adair founder and principal educator of the australian doula college jane hardwicke collings founder of the school of shamanic midwifery and david vernon editor of men at birth

Promoting Normal Birth 2011

this book covers the essential aspects of prevention of childhood statelessness focusing on norms governing the subject through the rights to acquire a nationality and to birth registration two vital safeguards to prevent statelessness among children its unique feature lies in its exposition of the international legal norms focusing on prevention of childhood statelessness and systematic analyses of domestic legal frameworks on nationality and birth registration of the 10 asean member states this book is designed for a wide range of readers comprising academics advocates students policy makers and other stakeholders working on statelessness affecting children especially in southeast asia

Birth Journeys 2012-01-20

a book for pregnant women who would prefer to give birth with as little intervention as possible so as to make things as good as possible for both themselves and their babies the countdown takes the reader through 10 key topics and all discussion of issues is supplemented with birth stories and comments from all kinds of women and professionals too the tone is practical reassuring and even inspirational because the many positive birth stories show how it s possible to have a really happy healthy experience of birth contributions come from janet balaskas the woman who realised we re better off not lying down when we give birth michel odent pioneer of water births and bill bryson the travel writer as well as from many other experts and ordinary but extraordinary mothers who made this book possible the advice is based on current research evidence and in any cases where the evidence is controversial the research and relevant issues are discussed in an optional extra notes section at the back of the book there is a comprehensive glossary of pregnancy terms and a user friendly index so as to make it an optimally useful book in all sense of the word in short this is a handbook which could make a real difference to a pregnant woman s experience and also to that of her baby a comment from an antenatal teacher what every woman will want to know put simply and clearly a comment from a midwife perinatal researcher and adjunct professor betty anne daviss sylvie has created a prescription for healthy birth in a 10 step approach to keep parents focused on what is important in a potentially disastrous birth environment she has provided us with a book that encapsulates anything you wanted to know about keeping your birth normal and healthy and a comment from a mother had a very late night friday as i could not put your book down wow

Safeguarding Against Statelessness at Birth 2023-01-01

a book to help midwives and other health care professionals think through the practicalities of optimising pregnancies and births after explaining precisely how optimal is defined nine reasons are presented to justify why this kind of birth is best finally key practical issues are considered and reflective questions provided so as to give caregivers a clear basis for clinical practice wherever their place of work this easy read accessible book which is fully referenced is equally useful for students of midwifery or obstetrics or medicine generally practising midwives doulas and maternity care assistants this third edition includes changes based on feedback and some additional material

Birth 2010-10

for a safe and healthy birth your way giving birth with confidence will help take the mystery out of having a baby and help you better understand how your body works during pregnancy and childbirth giving you the confidence to make decisions that best ensure the safety and health of you and your baby giving birth with confidence is the first and only pregnancy and childbirth guide written by lamaze international the leading childbirth education organization in north america written with a respectful positive tone the full version of this book presents information to help you choose your maternity care provider and place of birth practical strategies to help you work effectively with your care provider information on how pregnancy and birth progress naturally steps you can take to alleviate fear and manage pain during labor the best available medical evidence to help you make informed decisions previously titled the official lamaze guide this 3rd edition has updated information on how vaginal birth keeping mother and baby together and breastfeeding help to build the baby s microbiome how hormones naturally start and regulate labor and release endorphins to help alleviate pain maternity care practices that can disrupt the body s normal functioning the latest recommendations on lifestyle issues like alcohol vitamins and caffeine room sharing and cosleeping the controversy recommendations and safety guidelines out of hospital births are on the rise new research and advice on planned home birth including acog s revised guidelines which support women s choices and promote seamless transfer to hospital if needed the importance of avoiding unnecessary caesareans for mother and child includes the new acog guidelines on inductions and active labor the research in support of the lamaze international s six healthy birth practices which are let labor begin on its own walk move around and change positions throughout labor bring a loved one friend or doula for continuous support avoid interventions that aren t medically necessary avoid giving birth on your back and follow your body s urges to push keep mother and baby together it s best for mother baby and breastfeeding

Optimal Birth: What, why & how 2010

are you going to have a baby soon are you apprehensive do you want to find out what birth is like without drugs or unnecessary interventions do you want to know what couples do to make healthy labours easier quicker and safer does your partner perhaps need some reassurance reading through the true accounts in this book will give you a clear idea of what to expect even better it ll help you understand what you need to do in advance to make sure your own big day goes as smoothly and as safely as possible for everyone involved you probably don t need telling that means less worry less pain and more confidence as you move towards the time when you become new parents for the first the second or the umpteenth time

Giving Birth with Confidence 2017-03-28

improving how individuals give birth and die in the united states requires reforming the regulatory reimbursement and legal structures that centralize care in hospitals and prevent the growth of community based alternatives in 1900 most americans gave birth and died at home with minimal medical

intervention by contrast most americans today begin and end their lives in hospitals the medicalization we now see is due in large part to federal and state policies that draw patients away from community based providers such as birth centers and hospice care and toward the most intensive and costliest kinds of care but the evidence suggests that birthing and dying people receive too much even harmful medical intervention in the medicalization of birth and death political scientist lauren k hall describes how and why birth and death became medicalized events while hospitalization provides certain benefits she acknowledges it also creates harms limiting patient autonomy driving up costs and causing a cascade of interventions many with serious side effects tracing the regulatory legal and financial policies that centralize care during birth and death hall argues that medicalization reduces competition stifles innovation and prevents individuals from accessing the most appropriate care during their most vulnerable moments she also examines the profound implications of policy enforced medicalization on informed consent and shows how medicalization challenges the healthcare community s most foundational ethical commitments drawing on interviews with medical and nonmedical healthcare providers as well as surveys of patients and their families hall provides a broad overview of the costs benefits and origins of medicalized birth and death the medicalization of birth and death is required reading for academics patients providers policymakers and anyone else interested in how policy shapes healthcare options and limits patients and providers during life s most profound moments

Surprising, Inspiring Birth! 2009-12

a text guide covering conception pregnancy and childbirth for parents birth workers and those interested in transforming our world through birth

The Medicalization of Birth and Death 2019-12-17

following on from their ground breaking first book delivering the best start rankin and brock return to the subject of pre school and early years library provision with contributions and case studies from innovators and experts around the world there is a growing awareness of the significance of the first five years of life for intellectual social and emotional development and early intervention is of political interest this book provides knowledge and understanding about early language and literacy development and how young children become successful through enjoyable and meaningful experiences coverage includes an examination of the key role of library practitioners who work with young children the importance of effective interdisciplinary teamwork for professionals working with the early years a focus on involving parents and carers and valuing their culture language heritage and community practical guidance given on setting up and running pre school library services contributions and case studies from experts around the world this book will be useful reading for early years professionals and librarians those responsible for commissioning and delivering pre school library services students of library and information studies or childhood studies and practitioners undertaking practical early years qualifications

This Sacred Life, Transforming Our World Through Birth... 2007-04-12

are you pregnant or hoping to have a baby soon this book is a reassuring and thought provoking 10 step guide for women who want to go through pregnancy and birth with as little intervention and disturbance as possible with a midwife or consultant in attendance for the sake of safety based on the idea that childbirth is a healthy process and not a sickness of any kind this book will provide you with the information and inspiration you need in order to get your baby or babies born healthily actually the book features several mothers of twins or triplets who also had completely normal births as well as mothers who were considered high risk for other reasons such as being over 30 the 10 step programme is presented in a chatty easy read format and includes information not usually easily available to non experts as well as plenty of first hand accounts or comments from women who ve had entirely healthy births there are also a few cautionary tales from those who didn t contributions come from michel odent pioneer of water births janet balaskas

the woman who realised we're better off not lying down when we give birth and Bill Bryson the travel writer as well as from many other experts and ordinary but extraordinary mothers who made this book possible in short this is a handbook which could make a real difference to your future and also that of your babies and wider family there is a comprehensive glossary and index which could be very useful to you if you're new to this business of having babies or if you want to make your experience far better than it was last time a comment from an antenatal teacher what every woman will want to know put simply and clearly a comment from a midwife perinatal researcher and adjunct professor Betty Anne Daviss Sylvie has created a prescription for healthy birth in a 10 step approach to keep parents focused on what is important in a potentially disastrous birth environment she has provided us with a book that encapsulates anything you wanted to know about keeping your birth normal and healthy and a comment from a mother had a very late night Friday as I could not put your book down wow

Library Services from Birth to Five 2015-02-25

why discuss birth and death when they lie outside discourse and why look at them together when they are so much unlike each other one the moment of fresh beginnings joys and the relative certainties of existence the other the moment of life's end grief and the relative uncertainties of non existence because it turns out that both events while virtually unrepresentable have spawned a host of representations narratives rites and attempts at making sense of them and because they may have more similarities than appears at first sight the 13 interdisciplinary articles collected in this volume prove that looking at the two phenomena in tandem throws into sharp relief the distinct patterns and functions of each while also highlighting some of the fundamental historical developments cultural functions and socio political issues shared by both the contributions take stock of the discourses of birth and death prevalent in British and Western culture probing into the way the two phenomena have been subjected to strategies of medialisation commodification and bio politics

Preparing for a Healthy Birth 2009-10

scholars turn to reproduction for its ability to illuminate the practices involved with negotiating personhood for the unborn the newborn and the already existing family members community members and the nation the scholarship in this volume draws attention to doula work as intimate and relational while highlighting the way boundaries are created maintained challenged and transformed intimate labour as a theoretical construct provides a way to think about the kind of care doulas offer women across the reproductive spectrum doulas negotiate boundaries and often blur the divisions between communities and across public and private spheres in their practice of intimate labour this book weaves together three main threads doulas and mothers doulas and their community and finally doulas and institutions the lived experience of doulas illustrates the interlacing relationships among all three of these threads the essays in this collection offer a unique perspective on doulas by bringing together voices that represent the full spectrum of doula work including the viewpoints of birth postpartum abortion community based adoption prison and radical doulas we privilege this broad representation of doula experiences to emphasize the importance of a multi vocal framing of the doula experience as doulas move between worlds and learn to live in liminal spaces they occupy space that allows them to generate new cultural narratives about birthing bodies

Birth and Death in British Culture 2012-04-25

slavery war and a new birth of freedom 1840s 1877 a new title in the six title series history through literature American voices American themes provides insights and analysis regarding the history literature and cultural climate of the eras of slavery the Civil War and Reconstruction it brings together informational text and primary documents that cover notable historic events and trends authors literary works social movements and cultural and artistic

themes slavery war and a new birth of freedom begins with an interdisciplinary chronology that identifies defines and places in context the notable historical events literary works authors lives and cultural landmarks of the period this is followed by a comprehensive overview essay that summarizes the era s major historical trends social movements cultural and artistic themes literary voices and enduring works as reflections of each other and the spirit of the times the core content comprises 20 30 articles on representative writers of the period along with excerpts from essential literary works that highlight a historical theme sociocultural movement or the confluence of the two these excerpts serve the common core emphasis on informational texts from a broad range of cultures and periods including stories drama poetry and literary nonfiction

The Cosmopolitan 1896

this book represents the culmination of over a half a century of study and reflection by jaffa and continues his piercing examination of the political thought of abraham lincoln

Douglas and Intimate Labour: Boundaries, Bodies and Birth 2015-12-01

book discusses vbac vaginal birth after caesarean

New Woman 1994

muslims have always been part of the united states but very little is known about how muslim americans practice their religion how do they pray what s it like to go on pilgrimage to mecca what rituals accompany the birth of a child a wedding or the death of a loved one what holidays do muslims celebrate and what charities do they support how do they learn about the qur an this book introduces readers to the way islam is lived in the united states offering portraits of muslim american life passages ethical actions religious holidays prayer pilgrimage and other religious activities back cover

Chapman's Magazine of Fiction 1895

work out what kind of birth you really want and learn how to maximise your chances of getting it in this refreshing warm and witty guide to pregnancy birth and the early weeks packed with vital and cutting edge information on everything from building the ultimate birth plan to your choices and rights in the birth room from optimal cord clamping to seeding the microbiome from the inside track on breastfeeding to woman centred caesarean the positive birth book shows you how to have the best possible birth regardless of whether you plan to have your baby in hospital in the birth centre at home or by elective caesarean find out how the environment you give birth in your mindset and your expectations can influence the kind of birth you have and be inspired by the voices of real women who tell you the truth about what giving birth really feels like challenging negativity and fear of childbirth and brimming with everything you need to know about labour birth and the early days of parenting the positive birth book is the must have birth book for women of the 21st century

Slavery, War, and a New Birth of Freedom 2014-11-20

the national c section rate is at an all time high of 31 percent are all these c sections necessary or are some of them done simply for the sake of convenience inductions seem to be the norm but are they always needed today expectant mothers are often left feeling powerless as their instincts are

replaced by drugs and routine medical procedures what you are about to discover is that you have a choice and you have the power to plan the kind of birth that's right for you whether it is at a birth center a hospital or at home in your best birth internationally known advocates of informed choice ricki lake and abby epstein inspire women to take back the birth experience with essential advice on positive and negative effects of epidurals pitocin and other drugs and interventions inducing vs allowing your labor to progress naturally the truth behind our country's staggering c section rate assembling your birth team and creating your birth plan with chapters such as obstetricians finding dr right epidurals you haven't got time for the pain and electronic monitors reading between the lines lake and epstein will encourage you to consider whatever your doctor mother and best friend may suggest in a new light the book also includes inspiring birth stories including those from well known personalities such as laila ali and cindy crawford packed with crucial advice from childbirth professionals and delivered in a down to earth engaging voice your best birth is sure to renew your confidence and put the control back where it belongs with parents to be abby epstein and ricki lake have taken a wonderful and constructive approach to ensuring an optimal birthing experience their language creates a climate of confidence for pregnant women and their families who must make key decisions about where how and with whom to give birth in a health care system often unresponsive to our needs this book is like a good friend giving wise counsel judy norsigian co editor of our bodies ourselves pregnancy and birth and executive director our bodies ourselves

A New Birth of Freedom 2004

bodies that birth puts birthing bodies at the centre of questions about contemporary birth politics power and agency arguing that the fleshy and embodied aspects of birth have been largely silenced in social science scholarship rachel chadwick uses an array of birth stories from diverse race class demographics to explore the narrative entanglements between flesh power and sociomateriality in relation to birth adopting a unique theoretical framework incorporating new materialism feminist theory and a foucauldian analytics of power the book aims to trace and trouble taken for granted assumptions about birthing bodies through a diffractive and dialogical approach the analysis highlights the interplay between corporeality power and ideologies in the making of birth narratives across a range of intersectional differences the book shows that there is no singular birthing body apart from sociomaterial relations of power instead birthing bodies are uncertain zones or unpredictable assortments of physiology flesh sociomateriality discourse and affective flows at the same time birthing bodies are located within intra acting fields of power relations including biomedicine racialized patriarchy socioeconomics and geopolitics bodies that birth brings the voices of women from different sociomaterial positions into conversation ultimately the book explores how attending to birthing bodies can vitalize global birth politics by listening to what matters to women in relation to birth this is fascinating reading for researchers academics and students from across the social sciences

Birthing Normally After a Caesarean Or Two (2nd British Edition) 2011-04

traditionally the history of the birth control movement has been told through the accounts of the leaders organizations and legislation that shaped the campaign recently historians have begun examining the cultural work of printed media including newspapers magazines and even novels in fostering support for the cause broadcasting birth control builds on this new scholarship to explore the films and radio and television broadcasts developed by twentieth century birth control advocates to promote family planning at home in the united states and in the expanding international arena of population control mass media manon parry contends was critical to the birth control movement's attempts to build support and later to publicize the idea of fertility control and the availability of contraceptive services in the united states and around the world though these public efforts in advertising and education were undertaken initially by leading advocates including margaret sanger increasingly a growing class of public communications experts took on the role mimicking the efforts of commercial advertisers to promote health and contraception in short plays cartoons films and soap operas in this way they made a private subject fertility control appropriate for public discussion parry examines these trends to shed light on the contested nature of the motivations

of birth control advocates acknowledging that supporters of contraception were not always motivated by the best interests of individual women parry concludes that family planning advocates were nonetheless convinced of women s desire for contraception and highly aware of the ethical issues involved in the use of the media to inform and persuade

The Practice of Islam in America *2017-12-05*

offers some foundational insights into ordoliberalism these essays give insight into a field that is much misunderstood outside germany

The Positive Birth Book *2017-03-16*

Your Best Birth *2009-05-01*

Bodies that Birth *2018-04-09*

Broadcasting Birth Control *2013-08-23*

The Birth of Austerity *2017-09-01*

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