

READING FREE HABITS OF THE HEART INDIVIDUALISM AND COMMITMENT IN AMERICAN LIFE ROBERT N BELLAH (2023)

LOVE AND COMMITMENT COVENANTED HAPPINESS THE CHOICE EFFECT POLITICS, ART AND COMMITMENT IN THE EAST EUROPEAN CINEMA COMMITMENT IN ORGANIZATIONS COMMITMENT ACCEPTANCE AND COMMITMENT THERAPY RATIONALITY AND COMMITMENT COMMITMENT IN THE WORKPLACE ACCEPTANCE AND COMMITMENT THERAPY THE YES ANXIETY COACHING FOR COMMITMENT COMMITMENT IN DIALOGUE GETTING TO COMMITMENT ACT WITH LOVE ACCEPTANCE AND COMMITMENT THERAPY FOR COUPLES LEGITIMACY AND COMMITMENT IN THE MILITARY THE POWER OF COMMITMENT COMMITMENT ACCEPTANCE AND COMMITMENT THERAPY FOR DUMMIES SATISFACTION AND COMMITMENT IN GAY MALE RELATIONSHIPS COMMITMENT IN MARRIAGE A PRACTICAL GUIDE TO ACCEPTANCE AND COMMITMENT THERAPY LOVE AND COMMITMENT COMMIT OR QUIT FOR COMMON THINGS COMMUNITY AND COMMITMENT ESSENTIALS OF ACCEPTANCE AND COMMITMENT THERAPY THE STATE OF AFFAIRS FOR FIDELITY JOINT COMMITMENT RULES AND COMMITMENT IN COMMUNICATION THE COMMITMENT FOR FIDELITY BUILDING HIGH COMMITMENT IN A LOW-COMMITMENT WORLD COMMITMENT PROTOTYPE ANALYSIS OF THE CONCEPTS OF LOVE AND COMMITMENT TOWARD COMMITMENT CARING & COMMITMENT COMMITMENT

LOVE AND COMMITMENT

1980-02

LOVE CHOICES BUT HATE CHOOSING WELCOME TO THE CLUB THE CHOICE EFFECT IS FOR YOUNG WOMEN WHO HAVE ALL THE OPPORTUNITIES IN THE WORLD AND NO IDEA HOW TO DECIDE AMONG THEM IT S ONE THING TO HAVE LOTS OF OPTIONS WHEN IT COMES TO FULFILLING CAREERS OR TRAVELING THE WORLD BUT WHAT DOES IT MEAN FOR OUR LOVE LIVES HOW CAN YOU KNOW WHETHER YOU RE WITH THE RIGHT PERSON OR IF THE TIME IS RIGHT WHEN YOU HAVEN T VETTED THE OTHER POSSIBILITIES WITH HARD WON INSIGHT PLUS INTERVIEWS WITH A WHOLE HOST OF OTHER WOMEN WHO ARE LIVING IT THE TWENTYSOMETHING FRIENDS AND AUTHORS OF THE CHOICE EFFECT EXPLAIN WHY THEIR GENERATION IS SIDESTEPPING TRADITIONAL TIMELINES THEY LOOK AT THE QUESTION OF CHOICE IN THE TWENTY FIRST CENTURY AS THEY GIVE VOICE TO THEIR GENERATION S DILEMMA HOW DO YOU CHOOSE WHEN YOU VE BEEN TAUGHT YOU CAN HAVE IT ALL

COVENANTED HAPPINESS

2007

COMMITMENT IS ONE OF THE MOST RESEARCHED CONCEPTS IN ORGANIZATIONAL BEHAVIOR THIS EDITED BOOK IN THE SIOP ORGANIZATIONAL FRONTIERS SERIES WITH CONTRIBUTIONS FROM MANY SCHOLARS ATTEMPTS TO SUMMARIZE CURRENT RESEARCH AND SUGGESTS NEW DIRECTIONS FOR STUDIES ON COMMITMENT IN ORGANIZATIONS COMMITMENT IS LINKED TO OTHER CONCEPTS IE SATISFACTION INVOLVEMENT MOTIVATION AND IDENTIFICATION AND IS STUDIED ACROSS CULTURAL LINES BOTH THE INDIVIDUAL AND GROUP LEVELS OF BUILDING AND MAINTAINING COMMITMENT ARE DISCUSSED

THE CHOICE EFFECT

2010-05-25

A CELEBRATION OF LOVE AND COMMITMENT THESE STORIES FROM RENOWNED FIGURES SPAN THE BRIDGE FROM LOVE AT FIRST SIGHT TO A RELUCTANT PROPOSAL ACCEPTANCE SOMETIMES IN THE SAME RELATIONSHIP THESE ARE LOVE STORIES OF LEGEND TOLD IN PHOTOS BY MORT HAMBURG AND LIFE STORIES OF PEOPLE DESTINED TO BE WITH ONE ANOTHER FOR THE LONG HAUL WRITTEN BY KASHMIR HILL

POLITICS, ART AND COMMITMENT IN THE EAST EUROPEAN CINEMA

1983-06-18

SHOWCASING THE VERY LATEST IN THE THEORY RESEARCH AND PRACTICE OF ACCEPTANCE AND COMMITMENT THERAPY ACT ACROSS A RANGE OF CLINICAL APPLICATIONS INCLUDING EATING DISORDERS DEPRESSION ANXIETY SCHIZOPHRENIA BORDERLINE PERSONALITY DISORDER PTSD AND SUBSTANCE ABUSE WITH CONTRIBUTIONS FROM LEADING ACT PRACTITIONERS INCLUDING CO FOUNDERS KIRK STROSAHL KELLY WILSON AND ROB ZETTLE CHAPTERS RANGE FROM DETAILED TREATMENTS OF THE SCIENTIFIC AND THEORETICAL ASPECTS OF THE ACT MODEL AND RESEARCH PROGRAM TO DETAILED DISCUSSIONS OF HOW TO APPLY ACT TO A VARIETY OF HUMAN PROBLEMS DIVIDED INTO TWO PARTS THE FIRST SECTION FEATURES THEORETICAL TREATMENTS OF ACT WITH THE SECOND AND LARGER SECTION PRESENTING EXTENDED DESCRIPTIONS OF HOW TO APPLY ACT IN DIFFERENT CONTEXTS THIS RICH CONTENT MIX REFLECTS THE STRENGTHS OF THE CONTEXTUAL BEHAVIORAL SCIENCE CBS RESEARCH PROGRAM ESPOUSED BY MICHAEL LEVIN AND STEVEN HAYES FROM THE UNIVERSITY OF NEVADA IN THE END ACT IS AN APPLIED TREATMENT MODEL AND AS SUCH IT LIVES AND DIES BY ITS ABILITY TO EFFECTIVELY BENEFIT A WIDE VARIETY OF CLIENTS IN ORDER TO MAKE THE TREATMENT INCREASINGLY EFFECTIVE AND TO MAXIMIZE UNDERSTANDING ABOUT PRECISELY HOW THE TREATMENT WORKS ITS TENETS MUST BE THEORETICALLY COHERENT FIRMLY BASED ON EMPIRICALLY TRIED AND TRUE PRINCIPLES AND MUST HAVE ITS ACTIVE PSYCHOLOGICAL PROCESSES CLEARLY IDENTIFIED AND SUFFICIENTLY ASSESSED THIS BOOK CLEARLY DEMONSTRATES SUCH A MIX OF FULL APPLICATION AN APPRECIATION OF BASIC APPLIED RESEARCH

LINKAGE CLEAR AND BEHAVIORALLY CONSISTENT CONCEPTUALIZATION OF SPECIFIC PROBLEM AREAS AND COHERENT EXPLICATION OF THE ACT MODEL THIS BOOK WILL NOT ONLY TELL YOU WHAT TO DO WITH CLIENTS STRUGGLING WITH VARIOUS PROBLEMS IT WILL ALSO TELL YOU HOW THOSE THINGS WORK

COMMITMENT IN ORGANIZATIONS

2012-11-12

RATIONAL CHOICE THEORY FORMS THE CORE OF THE ECONOMIC APPROACH TO HUMAN BEHAVIOUR IT IS ALSO THE MOST INFLUENTIAL PHILOSOPHICAL ACCOUNT OF PRACTICAL RATIONALITY YET THERE ARE PERSISTENT CONTROVERSIES ABOUT THE SCOPE OF RATIONAL CHOICE THEORY IN PHILOSOPHY AND INCREASINGLY IN ECONOMICS AS WELL A LEADING CRITIC IS THE PHILOSOPHER AND NOBEL LAUREATE ECONOMIST AMARTYA SEN WHO PUT FORWARD A TRENCANT CRITIQUE OF RATIONAL CHOICE THEORY IN HIS SEMINAL PAPER RATIONAL FOOLS SEN EMPHASIZES THE IMPORTANCE OF COMMITMENT THOSE ASPECTS OF HUMAN BEHAVIOR WHICH DISPOSE INDIVIDUALS TO CO OPERATE FOLLOW NORMS AND IDENTIFY WITH OTHERS HE ARGUES THAT RATIONAL CHOICE THEORY CANNOT ACCOMMODATE COMMITMENT AND DEMANDS A MORE ADEQUATE ACCOUNT OF RATIONALITY THE QUESTION OF HOW TO ACCOUNT FOR THE RATIONALITY OF COMMITMENT IS VERY MUCH AN OPEN ISSUE AND IF ANYTHING EVEN MORE PRESSING TODAY THAN WHEN SEN FIRST RAISED IT IN RATIONALITY AND COMMITMENT THIRTEEN LEADING PHILOSOPHERS AND ECONOMISTS DISCUSS SEN S CLAIMS AND PROPOSE THEIR OWN ANSWERS TO THE QUESTION OF HOW TO ACCOUNT FOR THE RATIONALITY OF COMMITTED ACTION THE VOLUME CONCLUDES WITH A SPECIALLY WRITTEN REPLY BY SEN IN WHICH HE RESPONDS TO HIS CRITICS AND PROVIDES A RICH COMMENTARY ON THE PRECEDING ESSAYS

COMMITMENT

2013-01-15

WHAT IS A COMMITTED EMPLOYEE ARE SUCH EMPLOYEES BETTER OR WORSE OFF THAN UNCOMMITTED EMPLOYEES WHAT ARE THE ORGANIZATIONAL ADVANTAGES AND DISADVANTAGES OF HAVING A COMMITTED WORKFORCE THIS BOOK OVERVIEWS ACADEMIC AND POPULAR PERSPECTIVES ON COMMITMENT IN EMPLOYEES IT EXAMINES THE MULTIPLE FACES OF COMMITMENT AND THE LINKS THAT HAVE BEEN ESTABLISHED BETWEEN THE VARIOUS FORMS OF COMMITMENT AND ORGANIZATIONAL BEHAVIOUR IN ADDITION QUESTIONS CONCERNING INDIVIDUAL DIFFERENCES ORGANIZATIONAL CHARACTERISTICS JOB CHARACTERISTICS AND WORK EXPERIENCES ASSOCIATED WITH COMMITMENT ARE EXPLORED THE VOLUME CONCLUDES WITH A DISCUSSION OF WHAT ORGANIZATIONS CAN DO TO MANAGE COMMITMENT EFFECTIVELY INCLUDING UNDER DIFFICULT CIRCUMST

ACCEPTANCE AND COMMITMENT THERAPY

2009

SINCE THE ORIGINAL PUBLICATION OF THIS SEMINAL WORK ACCEPTANCE AND COMMITMENT THERAPY ACT HAS COME INTO ITS OWN AS A WIDELY PRACTICED APPROACH TO HELPING PEOPLE CHANGE THIS BOOK PROVIDES THE DEFINITIVE STATEMENT OF ACT FROM CONCEPTUAL AND EMPIRICAL FOUNDATIONS TO CLINICAL TECHNIQUES WRITTEN BY ITS ORIGINATORS ACT IS BASED ON THE IDEA THAT PSYCHOLOGICAL RIGIDITY IS A ROOT CAUSE OF A WIDE RANGE OF CLINICAL PROBLEMS THE AUTHORS DESCRIBE EFFECTIVE INNOVATIVE WAYS TO CULTIVATE PSYCHOLOGICAL FLEXIBILITY BY DETECTING AND TARGETING SIX KEY PROCESSES DEFUSION ACCEPTANCE ATTENTION TO THE PRESENT MOMENT SELF AWARENESS VALUES AND COMMITTED ACTION SAMPLE THERAPEUTIC EXERCISES AND PATIENT THERAPIST DIALOGUES ARE INTEGRATED THROUGHOUT NEW TO THIS EDITION REFLECTS TREMENDOUS ADVANCES IN ACT CLINICAL APPLICATIONS THEORY BUILDING AND RESEARCH PSYCHOLOGICAL FLEXIBILITY IS NOW THE CENTRAL ORGANIZING FOCUS EXPANDED COVERAGE OF MINDFULNESS THE THERAPEUTIC RELATIONSHIP RELATIONAL LEARNING AND CASE FORMULATION RESTRUCTURED TO BE MORE CLINICIAN FRIENDLY AND ACCESSIBLE FOCUSES ON THE MOMENT BY MOMENT PROCESS OF THERAPY SEE ALSO EXPERIENCING ACT FROM THE INSIDE OUT A SELF PRACTICE SELF REFLECTION WORKBOOK FOR THERAPISTS BY DENNIS TIRCH LAURA R SILBERSTEIN TIRCH R TRENT CODD III MARTIN J BROCK AND M JOANN WRIGHT

RATIONALITY AND COMMITMENT

2007-12-13

M BLAIN SMITH OFFERS A WEALTH OF COMPASSIONATE AND PRACTICAL COUNSEL FOR THOSE WHO WANT TO ENJOY NOT FEAR AND AVOID THE BENEFITS OF COMMITMENT

COMMITMENT IN THE WORKPLACE

1997-01-27

THIS NEW THIRD EDITION OF THE BEST SELLING COACHING FOR COMMITMENT IS BASED ON THE GROUNDBREAKING COACHING WORK OF THE LATE DENNIS C KINLAW IN THIS THOROUGHLY REVISED AND UPDATED EDITION THE AUTHORS CINDY COE AND AMY ZEHNDER CLEARLY SHOW THAT COACHING IS A PROVEN STRATEGY FOR IMPROVING PERFORMANCE IN TODAY S ENVIRONMENT OF INTENSE COMPETITIVENESS FOR TOTAL CUSTOMER SATISFACTION CONTINUOUS IMPROVEMENT AND THE DRIVE TO DELIVER SUPERIOR PRODUCTS AND SERVICES THIS BOOK INCLUDES THE MOST CURRENT COACHING STRATEGIES AND METHODOLOGIES AND PROVIDES INFORMATION ON THE LATEST DEFINITIONS OF WHAT COACHING IS AND WAYS TO SUCCEED AT COACHING THE AUTHORS TAKE KINLAW S CONCEPT OF TYING COACHING AND COMMITMENT ONE STEP FURTHER AND MAKE COMMITMENT TO ACTION PART OF A NEW COACHING MODEL COACHING FOR COMMITMENT OFFERS A PRACTICAL HOW TO GUIDE TO COACHING FOR ANYONE NO MATTER WHAT THEIR SKILL LEVEL WHO WANTS TO HONE THEIR COACHING SKILLS FOR A RANGE OF CIRCUMSTANCES AND USING A VARIETY OF METHODS FACE TO FACE WITH A VIRTUAL TEAM ON THE FLY BY PHONE OR E MAIL COACHING FOR COMMITMENT IS FILLED WITH EASY TO USE TOOLS ILLUSTRATIVE EXAMPLES AND SAMPLE COACHING CONVERSATIONS THAT CLEARLY SHOW HOW TO USE THE COACHING PROCESS UNDERSTAND THE UNDERLYING MODEL AND DEVELOP THE NEEDED SKILLS

ACCEPTANCE AND COMMITMENT THERAPY

2011-11-14

THIS BOOK DEVELOPS A LOGICAL ANALYSIS OF DIALOGUE IN WHICH TWO OR MORE PARTIES ATTEMPT TO ADVANCE THEIR OWN INTERESTS IT INCLUDES A CLASSIFICATION OF THE MAJOR TYPES OF DIALOGUES AND A DISCUSSION OF SEVERAL IMPORTANT INFORMAL FALLACIES THE AUTHORS DEFINE THE CONCEPT OF COMMITMENT IN A WAY THAT MAKES IT USEFUL IN EVALUATING ARGUMENTS IN TRADITIONAL LOGIC A PROPOSITION IS EITHER TRUE OR FALSE AND THAT IS THE END OF IT IN THIS NEW FRAMEWORK AN ARGUER CAN BE HELD TO HIS OR HER COMMITMENTS IN SOME CASES BUT IN OTHER CASES HE OR SHE CAN RETRACT THEM WITHOUT VIOLATING ANY RULE OF THE DIALOGUE COMMITMENT IN DIALOGUE STUDIES THE CONDITIONS UNDER WHICH COMMITMENTS SHOULD BE HELD OR MAY BE RETRACTED WITHIN AN ARGUMENT AN EXTENSIVE CASE STUDY OF A DISCUSSION IN MEDICAL ETHICS IS USED TO BRING TOGETHER TWO TRADITIONS OR SCHOOLS OF THOUGHT THAT HAD NOT BEEN INTEGRATED PREVIOUSLY THE RIGOROUS LORENZEN SCHOOL OF FORMAL LOGIC AND THE MORE PERMISSIVE HAMBLIN STYLE DIALOGUE IT INTRODUCES THESE METHODS OF EVALUATION AND OFFERS GUIDELINES FOR ANALYZING THE TEXT OF DISCOURSE THE BOOK COULD BE USED IN BOTH INTERMEDIATE AND ADVANCED COURSES IN INFORMAL LOGIC ARGUMENTATION AND CRITICAL THINKING BUT IT IS ACCESSIBLE TO THE READER WITH NO BACKGROUND IN THESE FIELDS AS WELL EACH CHAPTER IS SUMMARIZED AND ADDITIONAL PROBLEMS TO BE SOLVED ARE PRESENTED

THE YES ANXIETY

2011-11

THEY WROTE THE DEFINITIVE BOOK OF THE FEAR OF COMMITMENT MEN WHO CAN T LOVE THEY ALSO COINED THE TERM COMMITMENTPHOBIA NOW DRAWING FROM IN DEPTH INTERVIEWS AS WELL AS HIS OWN PERSONAL STRUGGLE WITH COMMITMENT CARTER TAKES THE NEXT STEP WITH THIS BOOK OFFERING CONCRETE SOLUTIONS FOR FINDING AND KEEPING LONG TERM LOVE FALLING IN LOVE AND STAYING IN LOVE REQUIRES ITS OWN KINDS OF HEROISM OUR HEARTS

HAVE TO BE BRAVE AS WELL AS LOVING THAT IS BECAUSE IT TAKES REAL COURAGE TO LOVE IT TAKES REAL COURAGE TO MAKE A COMMITMENT THIS BOOK IS ABOUT FINDING THAT COURAGE

COACHING FOR COMMITMENT

2013-04-03

POPULAR MYTHS ABOUT LOVE SET US UP FOR A STRUGGLE WITH REAL LIFE THE INCONVENIENT TRUTH IS THERE S NO SUCH THING AS A PERFECT PARTNER ALL COUPLES FIGHT AND FEELINGS OF LOVE COME AND GO LIKE THE WEATHER BUT THAT DOESN T MEAN YOU CAN T HAVE A JOYFUL AND ROMANTIC RELATIONSHIP THROUGH A SIMPLE PROGRAM BASED ON THE REVOLUTIONARY NEW MINDFULNESS BASED ACCEPTANCE AND COMMITMENT THERAPY ACT YOU CAN LEARN TO HANDLE PAINFUL THOUGHTS AND FEELINGS MORE EFFECTIVELY AND ENGAGE FULLY IN THE PROCESS OF LIVING AND LOVING TOGETHER

COMMITMENT IN DIALOGUE

1995-01-01

RELATIONSHIPS TAKE WORK IN THIS MUCH ANTICIPATED BOOK BEST SELLING AUTHOR MATTHEW MCKAY AND PSYCHOLOGIST AVIGAIL LEV PRESENT THE TEN MOST COMMON RELATIONSHIP SCHEMAS AND PROVIDE AN EVIDENCE BASED ACCEPTANCE AND COMMITMENT THERAPY ACT TREATMENT PROTOCOL FOR PROFESSIONALS TO HELP CLIENTS OVERCOME THE BARRIERS THAT HOLD THEM BACK IN THEIR RELATIONSHIPS ROMANTIC RELATIONSHIPS ARE A HUGE CHALLENGE FOR MANY OF US AS EVIDENCED BY OUR HIGH DIVORCE RATES BUT WHAT IS IT THAT CAUSES SO MUCH PAIN AND DISCORD IN MANY RELATIONSHIPS IN ACCEPTANCE AND COMMITMENT THERAPY FOR COUPLES MATTHEW MCKAY AND AVIGAIL LEV PROVIDE THE FIRST ACT BASED TREATMENT PROTOCOL FOR COUPLES THAT IDENTIFIES THE TEN MOST COMMON RELATIONSHIP SCHEMAS AND THE COPING BEHAVIORS THEY DRIVE TO HELP YOU GUIDE CLIENTS THROUGH THEIR PAIN AND TOWARD SOLUTIONS THAT REFLECT THE NEEDS AND VALUES OF THE COUPLE RATHER THAN WORKING TO STOP RELATIONSHIP SCHEMAS FROM BEING TRIGGERED OR TO REDUCE SCHEMA PAIN YOU LL BE ABLE TO HELP YOUR CLIENTS OBSERVE AND NAME WHAT TRIGGERS THEIR RIGID COPING BEHAVIORS WHEN THEIR SCHEMAS ARE ACTIVATED AND BY LEARNING NEW SKILLS WHEN THEY RE TRIGGERED YOUR CLIENTS WILL BE ABLE TO REPLACE AVOIDANT AND COPING BEHAVIORS WITH VALUES BASED ACTION FOR THE BETTERMENT OF THE RELATIONSHIP BY MAKING YOUR CLIENTS AVOIDANT BEHAVIOR THE TARGET OF TREATMENT AS OPPOSED TO THEIR THOUGHTS AND BELIEFS THIS SKILLS BASED GUIDE PROVIDES THE TOOLS YOU NEED TO HELP YOUR CLIENTS CHANGE HOW THEY RESPOND TO THEIR PARTNER

GETTING TO COMMITMENT

2000

AN INNOVATIVE ADDITION TO THE LITERATURE OF MILITARY STUDIES THIS EXPLORATION OF THE ISSUES OF LEGITIMACY AND COMMITMENT IN THE MILITARY FOCUSES ON THE CONTEMPORARY MILITARY SITUATION CRITICALLY ANALYZING CURRENT FAULT LINES AND FUTURE TRENDS IN THIS AREA THE EDITORS THOMAS C WYATT AND REUVEN GAL CONTEND THAT POST WORLD WAR II WARS ARE DIFFERENT FROM THE TWO WARS PRECEDING THEM THAT THE NONTRADITIONAL WARS IN ALGERIA VIETNAM PAKISTAN LEBANON THE FALKLAND ISLANDS AND GRENADA AMONG OTHERS CAN BE CHARACTERIZED BY ISSUES OF NATIONAL CONCENSUS AND HOME SUPPORT POLITICAL DEBATES MORAL ARGUMENTATIONS AND COUNTERARGUMENTATIONS DEMONSTRATIONS AND ALIENATION AND CONSCIENTIOUS OBJECTORS IN SUCH WARS WEAPONS SYSTEMS TRAINING AND TACTICS BECOME SECONDARY TO ISSUES OF LEGITIMACY AND COMMITMENT MILITARY ORGANIZATIONS TOO ARE DIFFERENT IN THAT THEY ARE NOW PREPARED NOT ONLY FOR WARS BUT ALSO FOR PEACE AND PEACE KEEPING MISSIONS THAT CONSIST OF POLICE TYPE OR CONSTABULARY TASKS ALSO THE VOLUNTEER ARMY HAS LARGELY REPLACED THE ARMY COMPOSED MAINLY OF CONSCRIPTS AND THESE BETTER EDUCATED SOLDIERS ARE DIFFERENT IN THAT THEY WILL EXAMINE CAREFULLY THE SOURCES OF MILITARY LEGITIMATION BEFORE FURNISHING THE UNCONDITIONAL COMMITMENT THAT IS THE BACKBONE OF THE MILITARY FIGHTING SPIRIT THE VOLUME S ELEVEN CHAPTERS WERE CONTRIBUTED BY AN INTERNATIONAL GROUP OF

LEADING BEHAVIORAL SCIENTISTS WHO WRITE FROM THE PERSPECTIVES OF A WIDE SCOPE OF DISCIPLINES INCLUDING PSYCHOLOGY SOCIOLOGY HISTORY PHILOSOPHY ANTHROPOLOGY AND MILITARY STUDIES THE WORK IS DIVIDED INTO THREE MAIN PARTS THAT FOCUS ON SOME OF THE THEORETICAL PUZZLES INHERENT IN THE COMBINATION OF MILITARY ETHICS AND MORAL VALUES ASSESS SOURCES OF LEGITIMACY AND COMMITMENT AND DETAIL THE MANIFESTATION AND MEASUREMENT OF COMMITMENT AND LEGITIMACY IN A VARIETY OF NATIONS AND ORGANIZATIONS THE SUBJECTS OF CONSCIENTIOUS OBJECTION EDUCATIONAL BENEFITS THE ARMY RESERVE AND THE VIETNAMESE U S SOVIET AND ISRAELI ARMIES ARE A FEW OF THE INTRIGUING TOPICS SCRUTINIZED HERE AS A WHOLE LEGITIMACY AND COMMITMENT IN THE MILITARY PROVIDES AN ESSENTIAL COLLECTION FOR THE MILITARY STUDENT THE SCHOLAR THE SOLDIER AND MILITARY PROFESSIONALS WHO ASPIRE TO LEADERSHIP THE VARIOUS INDIVIDUAL CHAPTERS OFFER UNIQUE INSIGHTS FOR STUDENTS AND RESEARCHERS IN THE FIELDS OF ETHICS HISTORY ANTHROPOLOGY AND THE BEHAVIORAL SCIENCES

ACT WITH LOVE

2010-06-21

HARNESS ACT TO LIVE A HEALTHIER LIFE DO YOU WANT TO CHANGE YOUR RELATIONSHIP WITH PAINFUL THOUGHTS AND FEELINGS THAT ARE HOLDING YOU BACK FROM MAKING CHANGES TO IMPROVE YOUR LIFE IN ACCEPTANCE AND COMMITMENT THERAPY FOR DUMMIES YOU LL DISCOVER HOW TO IDENTIFY NEGATIVE AND UNHEALTHY MODES OF THINKING AND APPLY ACCEPTANCE AND COMMITMENT THERAPY ACT PRINCIPLES THROUGHOUT YOUR DAY TO DAY LIFE CREATING A HEALTHIER RICHER AND MORE MEANINGFUL EXISTENCE WITH YOURSELF AND OTHERS CLOSELY CONNECTED TO COGNITIVE BEHAVIOURAL THERAPY CBT ACT IS AN EVIDENCE BASED NICE APPROVED THERAPY THAT USES ACCEPTANCE AND MINDFULNESS STRATEGIES MIXED IN WITH COMMITMENT AND BEHAVIOUR CHANGING STRATEGIES TO HELP PEOPLE INCREASE THEIR PSYCHOLOGICAL FLEXIBILITY IN BOTH THEIR PERSONAL AND PROFESSIONAL LIVES WITH THE HELP OF THIS STRAIGHTFORWARD AND AUTHORITATIVE GUIDE YOU LL FIND OUT HOW TO TARGET UNPLEASANT FEELINGS AND NOT ACT UPON THEM WITHOUT SENDING YOURSELF SPIRALING DOWN THE RABBIT HOLE THE OBJECTIVE IS NOT HAPPINESS RATHER IT IS TO BE PRESENT WITH WHAT LIFE BRINGS YOU AND TO MOVE TOWARD VALUED BEHAVIOUR SHOWS YOU HOW TO BANISH UNHELPFUL THOUGHTS GUIDES YOU TO MAKING ROOM FOR PAINFUL FEELINGS TEACHES YOU HOW TO ENGAGE FULLY WITH YOUR HERE AND NOW EXPERIENCE HELPS YOU COPE WITH ANXIETY DEPRESSION STRESS OCD AND PSYCHOSIS WHETHER YOU RE LOOKING TO PRACTICE SELF CARE AT HOME OR ARE THINKING ABOUT SEEING AN ACT THERAPIST ACCEPTANCE AND COMMITMENT THERAPY FOR DUMMIES MAKES IT EASIER TO LIVE A HEALTHIER AND MORE PRODUCTIVE LIFE IN SPITE OF AND ALONGSIDE UNPLEASANTNESS

ACCEPTANCE AND COMMITMENT THERAPY FOR COUPLES

2017-03-01

THIS BOOK IS THE MOST PRACTICAL CLINICAL GUIDE ON ACCEPTANCE AND COMMITMENT THERAPY ACT SAID AS ONE WORD NOT AS INITIALS YET AVAILABLE IT IS DESIGNED TO SHOW HOW THE ACT MODEL AND TECHNIQUES APPLY TO VARIOUS DISORDERS SETTINGS AND DELIVERY OPTIONS THE AUTHORS OF THESE CHAPTERS ARE EXPERTS IN APPLYING ACT IN THESE VARIOUS AREAS AND IT IS INTRIGUING HOW THE SAME CORE PRINCIPLES OF ACT ARE GIVEN A NIP HERE AND A TUCK THERE TO FIT IT TO SO MANY ISSUES THE PURPOSE OF THIS BOOK IN PART IS TO EMBOLDENED RESEARCHERS AND CLINICIANS TO BEGIN TO APPLY ACT WHEREVER IT SEEMS TO FIT THE CHAPTERS IN THE BOOK DEMONSTRATE THAT ACT MAY BE A USEFUL TREATMENT APPROACH FOR A VERY WIDE RANGE OF CLINICAL PROBLEMS ALREADY THERE ARE CONTROLLED DATA IN MANY OF THESE AREAS AND SOON THAT DATABASE WILL BE MUCH LARGER THE THEORY UNDERLYING ACT RELATIONAL FRAME THEORY OR RFT AND YES HERE YOU SAY THE INITIALS MAKES A POWERFUL CLAIM PSY CHOPATHOLOGY IS TO A SIGNIFICANT DEGREE BUILT INTO HUMAN LANGUAGE FUR THER IT SUGGESTS WAYS TO DIMINISH DESTRUCTIVE LANGUAGE BASED FUNCTIONS AND WAYS OF AUGMENTING HELPFUL ONES TO THE EXTENT THAT THIS MODEL IS CORRECT ACT SHOULD APPLY TO A VERY WIDE VARIETY OF BEHAVIORAL ISSUES BECAUSE OF THE CENTRALITY OF LANGUAGE AND COGNITION IN HUMAN FUNCTIONING

LEGITIMACY AND COMMITMENT IN THE MILITARY

1990-09-18

THIS ISN T JUST A RELATIONSHIP SELF HELP GUIDE ALTHOUGH EVERY YOUNG MAN SHOULD PICK IT UP AND READ IT THIS BOOK OUTLINES HOW COUPLES WHO DECIDE TO COMMIT TO STICKING TOGETHER ARE MORE LIKELY TO DO SO THAN THOSE WHO SIMPLY SLIDE INTO AN EVER MORE CONSTRAINED RELATIONSHIP FRANK YOUNG HEAD OF FAMILY POLICY CENTRE FOR SOCIAL JUSTICE YOU RE IN A RELATIONSHIP MAYBE YOU VE BEEN TOGETHER FOR A WHILE OR YOU ARE JUST STARTING OUT MAYBE YOU RE LIVING TOGETHER OR JUST THINKING ABOUT IT IT SEEMS GREAT BUT YOU WANT TO BE SURE WITH THE DECLINE OF MARRIAGE THE RELATIONSHIP GAME HAS CHANGED YET WE RE STILL NOT VERY SURE ABOUT HOW TO PLAY IT MOVING IN TOGETHER EARLY ON HAS BECOME THE NEW SOCIAL NORM BUT IT S NOT RISK FREE THE NATURE OF COHABITATION ITSELF CAN ENCOURAGE AMBIGUITY AND DRIFT IN A PROMISING RELATIONSHIP AND MAKE IT HARD TO END AN UNPROMISING ONE ACCEPTING THAT COHABITATION IS HERE TO STAY HARRY BENSON OFFERS A ROADMAP TO NAVIGATE THE UPS AND DOWNS OF MODERN RELATIONSHIPS DRAWING ON THE LATEST RESEARCH ON RELATIONSHIPS AND COMMITMENT HE INTRODUCES THE TWO YEAR RULE AND OTHER RULES FOR ROMANCE THAT WILL HELP COUPLES MAKE THE RIGHT CHOICES FIND THE RELIABLE LOVE THEY SEEK AND ULTIMATELY TO COMMIT OR QUIT

THE POWER OF COMMITMENT

1987

JEDEDIAH PURDY CALLS FOR COMMON THINGS HIS LETTER OF LOVE FOR THE WORLD S POSSIBILITIES INDEED THESE PAGES WHICH GARNERED A FLURRY OF ATTENTION AMONG READERS AND IN THE MEDIA CONSTITUTE A PASSIONATE AND PERSUASIVE TESTAMENT TO THE VALUE OF POLITICAL SOCIAL AND COMMUNITY REENGAGEMENT DRAWING ON A WIDE RANGE OF LITERARY AND CULTURAL INFLUENCES FROM THE WRITINGS OF MONTAIGNE AND THOREAU TO THE RECENT POPULARITY OF EMPTY ENTERTAINMENT AND BREATHLESS CHRONICLERS OF THE TECHNOLOGICAL AGE PURDY RAISES POTENT QUESTIONS ABOUT OUR STEWARDSHIP OF CIVIC VALUES MOST IMPORTANT PURDY OFFERS US AN ENGAGING HONEST AND BRACING REMINDER OF WHAT IS CRUCIAL TO THE HEALING AND BETTERMENT OF SOCIETY AND IMPELS US TO CONSIDER ALL THAT WE HOLD IN COMMON

COMMITMENT

1982

THE LITERATURE ON ACCEPTANCE AND COMMITMENT THERAPY ACT IS VAST BUT IF YOU WANT TO DIG DOWN TO THE ESSENTIALS OF ACT YOU VE FOUND THE RIGHT VOLUME NOTHING CENTRAL IS LEFT OUT AND NOTHING UNNECESSARY IS LEFT IN WRITTEN BY ONE OF THE WORLD S EXPERTS ON ACT THIS BOOK DELIVERS HIGHLY RECOMMENDED DR STEVEN C HAYES FOUNDATION PROFESSOR UNIVERSITY OF NEVADA THIS PRACTICAL EASY TO USE BOOK INTRODUCES THE THEORY AND PRACTICE OF ACCEPTANCE AND COMMITMENT THERAPY ACT A KEY CONTEXTUAL THIRD WAVE CBT APPROACH THE BOOK TAKES THE READER THROUGH THE THERAPEUTIC STAGES FROM START TO END SHOWING HOW TO USE ACCEPTANCE AND MINDFULNESS TOGETHER WITH COMMITMENT AND BEHAVIOUR CHANGE STRATEGIES TO IMPROVE MENTAL HEALTH THIS IS A UNIQUELY CONCISE AND CLEAR INTRODUCTION THAT DOES NOT REQUIRE PRIOR KNOWLEDGE OF THE APPROACH IT PUTS THE EMPHASIS ON PRACTICAL INTERVENTIONS AND DIRECT APPLICABILITY IN REAL PRACTICE AVOIDS JARGON AND COMPLEX LANGUAGE IS FULL OF CASE EXAMPLES TO TRANSLATE THE THEORY INTO PRACTICE INCLUDES KEY POINTS AND QUESTIONS TO TEST READERS COMPREHENSION OF THE TOPICS COVERED AFTER READING THIS BOOK READERS WILL BE ABLE TO APPLY BASIC ACT INTERVENTIONS FOR COMMON PROBLEMS AND WILL KNOW IF THEY ARE INTERESTED IN MORE IN DEPTH TRAINING IN ACT THIS IS A MUST HAVE OVERVIEW OF ACT FOR CBT TRAINEES ON GRADUATE LEVEL COURSES IN THE UK AND WORLDWIDE IT WILL ALSO BE OF VALUE TO PRACTITIONERS ON ACT WORKSHOPS AND SHORT COURSES AS PRELIMINARY OR FOLLOW UP READING

ACCEPTANCE AND COMMITMENT THERAPY FOR DUMMIES

2016-01-12

THE STATE OF AFFAIRS BRINGS TOGETHER CONTRIBUTIONS ON THE STUDY OF SEXUAL AFFAIRS IN COMMITTED PERSONAL RELATIONSHIPS BASED ON A RANGE OF SURVEY DATA THE CHAPTERS DISCUSS THE IMPACTS OF AFFAIRS ON INDIVIDUALS PARTNERS OTHER MEMBERS OF THE FAMILY UNIT

SATISFACTION AND COMMITMENT IN GAY MALE RELATIONSHIPS

1995

A DIRECT ELOQUENT UNABASHED ARGUMENT ON BEHALF OF SEXUAL FIDELITY ITS MEANING ITS BLESSING ITS REWARDS ITS NECESSITY FOR HETEROSEXUALS AND HOMOSEXUALS ALIKE THIS BOOK REMINDS READERS OF HOW DEEPLY THE POWERFUL PHYSICAL TEMPEST THAT IS SEXUAL DESIRE IS CONNECTED TO HEART AND SOUL

COMMITMENT IN MARRIAGE

2013-03-19

THIS NEW ESSAY COLLECTION BY DISTINGUISHED PHILOSOPHER MARGARET GILBERT PROVIDES A RICHLY TEXTURED ARGUMENT FOR THE IMPORTANCE OF JOINT COMMITMENT IN OUR PERSONAL AND PUBLIC LIVES TOPICS COVERED BY THIS DIVERSE RANGE OF ESSAYS RANGE FROM MARITAL LOVE TO PATRIOTISM FROM PROMISSORY OBLIGATION TO THE UNITY OF THE EUROPEAN UNION

A PRACTICAL GUIDE TO ACCEPTANCE AND COMMITMENT THERAPY

1981

WE INVESTIGATE MODELS OF CHEAP TALK INFORMATION DISCLOSURE AND BAYESIAN PERSUASION IN A UNIFIED EXPERIMENTAL FRAMEWORK OUR UMBRELLA DESIGN PERMITS THE ANALYSIS OF MODELS THAT SHARE THE SAME STRUCTURE REGARDING PREFERENCES AND INFORMATION BUT DIER IN TWO DIMENSIONS THE RULES GOVERNING COMMUNICATION WHICH DETERMINE WHETHER INFORMATION IS VARIABLE AND THE SENDER S COMMITMENT POWER WHICH DETERMINES THE EXTENT TO WHICH SHE CAN COMMIT TO HER COMMUNICATION STRATEGY COMMITMENT IS PREDICTED TO HAVE OPPOSITE EFFECTS ON INFORMATION TRANSMISSION DEPENDING ON WHETHER INFORMATION IS VARIABLE OUR DESIGN EXPLOITS THESE VARIATIONS TO EXPLICITLY TEST FOR THE ROLE OF RULES AND COMMITMENT IN COMMUNICATION OUR EXPERIMENTS PROVIDE GENERAL SUPPORT FOR THE STRATEGIC RATIONALE BEHIND THE ROLE OF COMMITMENT AND MORE SPECICALLY FOR THE BAYESIAN PERSUASION MODEL OF KAMENICA AND GENTZKOW 2011 AT THE SAME TIME WE DOCUMENT SIGNICANT QUANTITATIVE DEVIATIONS MOST NOTABLY WE ND THAT RULES MATTER IN WAYS THAT ARE ENTIRELY UNPREDICTED BY THE THEORY SUGGESTING A NOVEL POLICY ROLE FOR INFORMATION VERIABILITY

LOVE AND COMMITMENT

2020-05-11

DAN SAVAGE S MOTHER WANTS HIM TO GET MARRIED HIS BOYFRIEND TERRY SAYS NO THANKS BECAUSE HE DOESN T WANT TO ACT LIKE A STRAIGHT PERSON THEIR SIX YEAR OLD SON DJ SAYS HIS TWO DADS AREN T ALLOWED TO GET MARRIED BUT THAT HE D LIKE TO COME TO THE RECEPTION AND EAT CAKE THROW INTO THE MIX DAN S STRAIGHT SIBLINGS WHOSE VARIED CHOICES FORM A MICROCOSM OF HOW AMERICANS ARE APPROACHING MARRIAGE THESE DAYS AND YOU GET A ROLLICKING FAMILY MEMOIR THAT WILL HAVE EVERYONE GAY OR STRAIGHT RIGHT OR LEFT SINGLE OR MARRIED HOWLING WITH LAUGHTER AND RETHINKING THEIR NOTIONS OF MARRIAGE AND ALL IT ENTAILS

COMMIT OR QUIT

2000-09-12

WALLACE MAKES AN ELOQUENT CASE FOR SEXUAL FIDELITY THE NEW YORKER IN THIS BOOK THAT PRESENTS MARRIAGE AS AN ART AND A SPIRITUAL EXERCISE DRAWING INSPIRATION FROM BOTH CONTEMPORARY PSYCHOLOGY AND ANCIENT SPIRITUAL TRADITIONS CATHERINE WALLACE SHARES HER VISION OF MARRIAGE IN WHICH THE REWARDS ARE LIMITLESS

PROPERLY NURTURED OUR SEXUAL NEEDS AND VULNERABILITIES TURN OUT NOT TO BE LIABILITIES BUT POWERFUL GENERATIVE GIFTS AT A TIME WHEN EMOTIONAL COMMITMENTS ARE INCREASINGLY FRAGILE AND SHORT LIVED WALLACE MAKES A DIRECT AND ELOQUENT PLEA ON BEHALF OF SEXUAL FIDELITY ITS BLESSINGS ITS DEMANDS ITS MORAL AND EMOTIONAL NECESSITY

FOR COMMON THINGS

1976

SHOWS PASTORS HOW TO BUILD HIGH COMMITMENT WITHIN THEIR CHURCHES DESPITE THE CULTURAL TENDENCY TO AVOID COMMITMENT

COMMUNITY AND COMMITMENT

2011-03-11

A FEW MONTHS AGO I SENSED THE LORD WANTED ME TO WRITE A BOOK ON BEING COMMITTED DAY IN AND DAY OUT NOT JUST ABOUT SOME FAD THAT COMES AND GOES AS THEY DO EACH DECADE OR EVEN MONTHLY BUT OF THE ETERNAL PERSPECTIVE HE HAS AND GIVES TO US PEOPLE NEED SOMETHING TO STAND ON THAT DOESN T SHIFT WITH EVERY WIND AND MOVEMENT THAT COMES ALONG THEY NEED SOLID GROUND ESPECIALLY WHEN THEIR WORLD BEGINS TO SHAKE THERE IS NO OTHER ON WHICH TO STAND ON WHICH TO BUILD ONE S LIFE THAN ON THE WORD OF GOD THE TORAH THE BIBLE THE VERY ONE WHO HAS CREATED EVERYTHING CERTAINLY KNOWS WHAT IS NEEDED FOR EACH OF US TO ACHIEVE FULFILLMENT PURPOSE AND THE DESTINY HE HAS GIVEN IN HIS ULTIMATE REALM OF SALVATION REDEMPTION AND LIFE WITH HIM FOR US AND THE NATIONS WHEN THE HOLY SPIRIT GAVE ME THE THOUGHT TO SEARCH FOR ALL THE MESSAGES I HAD THUS FAR WRITTEN NOW GOING BEYOND 470 IN THESE LAST 9 YEARS THAT HAD THE WORD COMMIT OR COMMITMENT IN THEM I WAS AMAZED WHEN OVER 70 APPEARED ON THE LIST BEING AN ACCOUNTANT BY TRADE THAT IS 15 NOT AN INSIGNIFICANT NUMBER THUS THOSE COMPILED MESSAGES IN THIS BOOK WILL REVEAL AT LEAST ONE THING THAT OUR LORD IS FAITHFUL AND COMMITTED AND AS WE CHOOSE TO FOLLOW HIM WE TOO WILL BE AS HE IS CHOOSE THIS DAY TO SEEK HIM KNOW HIM AND BE COMMITTED ABOVE ALL TO HIM THEN YOU TOO WILL DISCOVER THAT HIS WORD IS THE FINAL WORD

ESSENTIALS OF ACCEPTANCE AND COMMITMENT THERAPY

2004

BROOKLYN TANNER AND ANDREW BRINKS HAVE A LONG HISTORY ONE SHE WANTS NOTHING MORE THAN TO FORGET CONSIDERING HE S HER BEST FRIEND S BROTHER AND SINGLE FATHER TO TWO AMAZING GIRLS WHO MEAN THE WORLD TO HER IT S ALMOST IMPOSSIBLE WHEN THE MAN SHE S BEEN DATING PROPOSES SHE THINKS IT S EXACTLY WHAT SHE NEEDS TO FINALLY CLOSE THIS CHAPTER OF HER LIFE AFTER ALL OVER SIXTEEN YEARS HAVE PASSED SINCE SHE GAVE ANDREW BRINKS HER HEART ONLY FOR HIM TO DESTROY IT WHY SHOULD THAT MATTER NOW

THE STATE OF AFFAIRS

1998

FOR FIDELITY

2014

JOINT COMMITMENT

2019

RULES AND COMMITMENT IN COMMUNICATION

2005-09-22

THE COMMITMENT

1999-02-02

FOR FIDELITY

1995

BUILDING HIGH COMMITMENT IN A LOW-COMMITMENT WORLD

2019-08-16

COMMITMENT

1986

PROTOTYPE ANALYSIS OF THE CONCEPTS OF LOVE AND COMMITMENT

2004

TOWARD COMMITMENT

1988

CARING & COMMITMENT

2018-07-17

COMMITMENT

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