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~~friendly worksheets that walk individuals and caregivers through a self-assessment to~~
identify specific needs and checklists that create a personalized plan first know your risk
then understand your needs during emergencies this section guides you through a self
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with senior living costs on the pricier end we've outlined less expensive housing and care options for older adults

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the guide provides easy to read user friendly worksheets that walk individuals and caregivers through a self assessment to identify specific needs and checklists that create a personalized plan first know your risk then understand your needs during emergencies this section guides you through a self assessment process to identify your

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