

Free epub The living mountain canons (PDF)

as seen on bbc s winterwatch with chris packham and michaela strachan the finest book ever written on nature and landscape in britain guardian in this masterpiece of nature writing nan shepherd describes her journeys into the cairngorm mountains of scotland there she encounters a world that can be breathtakingly beautiful at times and shockingly harsh at others her intense poetic prose explores and records the rocks rivers creatures and hidden aspects of this remarkable landscape shepherd spent a lifetime in search of the essential nature of the cairngorms her quest led her to write this classic meditation on the magnificence of mountains and on our imaginative relationship with the wild world around us composed during the second world war the manuscript of the living mountain lay untouched for more than thirty years before it was finally published

harnessing new enthusiasm for nan shepherd s writing the living world asks how literature might help us reimagine humanity s place on earth in the midst of our ecological crisis the first book to examine shepherd s writing through an ecocritical lens it reveals forgotten details about the scientific political and philosophical climate of early twentieth century scotland and offers new insights into shepherd s distinctive environmental thought more than this this book reveals how shepherd s ways of relating to complex interconnected ecologies predate many of the core themes and concerns of the multi disciplinary environmental humanities and may inform their future development broken down into chapters focusing on themes of place ecology environmentalism deep time vital matter and selfhood the living world offers the first integrated study of shepherd s writing and legacy making the work of this philosopher feminist amateur ecologist geologist and innovative modernist accessible and relevant to a new community of readers there is a pervasive sense of incessant acceleration in the academic world this book puts the temporal ordering of academic life under the microscope and showcases the means of yielding a better understanding of how time and temporality act both as instruments of power and vulnerability within the academic space jackie kay s first collection as scottish makar is a book about the fighting spirit one the poet argues that we need now more than ever bantam brings three generations into sharp focus kay s own her father s and his own father s to show us how the body holds its own story kay shows how old injuries can emerge years later how we bear and absorb the loss of friends how we celebrate and welcome new life and how we how we embody our times whether we want to or not bantam crosses borders from rannoch moor to the somme from brexit to bronte country who are we who might we want to be these are poems that sing of what connects us and lament what divides us poems that send daylight into the dark that threatens to overwhelm us and could not be more necessary to the times in which we live ceramics had a far reaching impact in the second half of the twentieth century as its artists worked through the same ideas regarding abstraction and form as those for other creative mediums live form shines new light on the relation of ceramics to the artistic avant garde by looking at the central role of women in the field potters who popularized ceramics as they worked with or taught male counterparts like john cage peter voulkos and ken price sorkin focuses on three americans who promoted ceramics as an advanced artistic medium marguerite wildenhain a bauhaus trained potter and writer mary caroline m c richards who renounced formalism at black mountain college to pursue new performative methods and susan peterson best known for her live throwing demonstrations on public television together these women pioneered a hands on teaching style and led educational and therapeutic activities for war veterans students the elderly and many others far from being an isolated field ceramics offered a sense of community and social engagement which sorkin

argues crucially set the stage for later participatory forms of art and feminist collectivism i don t think it is enough appreciated how much an outdoor book the bible is wrote wendell berry and author daniel cooperrider illustrates his point with beautiful narrative like a stroll through the woods speak with the earth analyzes the bible s treatment of nature and intersperses this analysis with the author s own reflections on experiences in nature organized in sections touching on the four elements the book engages with the multifaceted relationship between the bible and nature through various media including art theology the natural sciences history and lived experience a timely work on the gift of the earth that makes a strong case for environmental conservation as a cornerstone of religious life in the power of soft hilary gallo reveals a more effective way to get what you want both in and out of the board room hilary spent years negotiating multi million pound deals as a lawyer and began to notice that tough bullying behaviour rarely got him or his clients the outcomes they were looking for over the years he began to develop a new way of approaching negotiations the power of soft and soon found his work and home life getting richer in life and in business we often mask our inner vulnerability by adopting a hard unwavering and ultimately ineffective approach instead gallo proves that our true power stems from drawing strength from our mental core and balancing that inner strength with a softer more approachable front he teaches us to see reality more clearly by looking past our judgments and preconceptions and to focus our energy on what we actually need to achieve what started as a negotiation tactic soon became a philosophy for life whether closing a business deal or trying to get your kids to bed the power of soft is an elegant holistic and most of all effective method to get what you need and still be kind what was the martial arts world sword lights sword shadows grudges and enmity the love between a child and a girl this was the martial arts world people of the martial arts world were always involved in matters of the martial arts world and wherever there were people there would be people of the martial arts world humans were the martial arts world religion and education the forgotten dimensions of religious education explores fundamental questions about the role of religion and education in contemporary religious education drawing from a range of educational and religious traditions and perspectives it investigates the future of religious education for all in 1944 albania erupted in civil war the communist party prevailed and acted quickly and brutally by 1946 through executions imprisonments and mass banishments the communists broke the back of albania s freedom a young franciscan catholic and man of heroic character in this time of inhumanity friar zef pllumi was arrested brutally tortured imprisoned and sent to labor camps through deeply personal descriptions of shocking atrocities fr pllumi focuses on his extraordinary will to survive and his powerful faith his intense desire to live to tell honors those martyred with christ s name on their lips fr pllumi was initially released in 1949 fr pllumi s memories are a brave confrontation of communism his story s power lays in the fact that despite obscene efforts the communist party could not succeed as fr pllumi states they think people are frightened before dying but what they don t realize is that when you ve arrived to a certain agonizing point nothing is frightening anymore fr pllumi s historical memoir also delivers clear lessons for today amid the many horrors differences in beliefs melted away christians muslims albanians italians and french alike although wounded physically emotionally and spiritually were still alive to help each other and stand together and triumph for mankind revelation studies have been typically characterised by two very different types of study emanating from academia and the church academia has been engaged in historical critical and source critical studies which typically dissect the text whilst the methods used in the church treat revelation as scripture and keep the text intact these approaches often lack the tools for sound interpretation töniste observes the need for a more

holistic and thoughtful methodology to study revelation töniste develops an approach that respects revelation as a part of christian scripture composed by and for the church whilst simultaneously making use of respected modern academic methods that support unity literary canonical and narrative criticism intertextuality and canonical location to arrive at theologically sensible and satisfying interpretations the basic key to unlocking the mysteries of revelation lies in its abundant use of intertextuality an area that remains still under researched this integrated methodology is explored through a reading of revelation 21 22 mindfulness in wild swimming explores how swimming in rivers lakes and seas is the epitome of conscious living guiding the reader through practical mindful exercises and technique tips and reveals how wild swimming can be the ultimate physical meditation tessa wardley is a keen and knowledgeable guide times literary supplement the mindful art of wild swimming explores how swimming in rivers lakes and seas is the very epitome of conscious living zen seeker tessa wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters worldwide and leads the reader on to a mindful journey through the natural world with expert insight and personal anecdote she shares a sparkling clarity on why our relationship with open water is so fundamental to pure wellbeing and reveals how wild swimming can be the ultimate zen meditation inspired by maryanne grant traylen s daily walks with her dog and by the moments of beauty afforded by living between sea and down a dog on the downs evokes the north kent countryside in its different moods seasons and weathers combined with a narrative that invokes a sense of the geology and history that has shaped the landscape black dog is not only maryanne s walking companion but her visual constant looking elegant even gormley like against the green of hill or blue of sea concentrating on kent s north downs framed at the east west north and south by kingsdown beach new barn denton and the sea respectively the book will enchant readers with the lyrical quality of maryanne s writing and photographs as together maryanne and her dog explore the landscapes right on their doorstep vividly bringing this stretch of downs to life join maryanne and her dog as they discover the cliffs at kingsdown st margaret s dover and folkestone as they take a dip into the sea and swing inland to the downs and cut across the escarpments of arpinge and etchinghill towards wye losing themselves in glorious valleys and villages a unique photographic book exploring the beauty of the north kent countryside from downs to coast with lyrical prose enchanting photos a beautiful dog it s an expression of joy at the wonder of nature have you ever looked at your life and wondered is this it midlife manifesto will inspire you to achieve the transformation you deserve and create the plan to make it happen from health financial independence and spirituality to relationships and making your home a sanctuary this is a one stop shop of ideas and resources to motivate you the magnificent midlife woman sharing her own ups and downs with candour and humour jane mathews guides you towards what really works and supplies a well curated toolkit to help write a blueprint for your future this book begins with a thought provoking article now reprinted criticising the increasing influence of politically correct organisations and politicians who desire to control freewill and mountaineering then comes a chapter with a critique of several writers on the cairngorms in comparison with the original seton gordon after the author published a review in 1977 on the wildlife potential of the cairngorms region he came under unwarranted attack by two influential private landowners who misrepresented what he wrote and even included a threat a wider public should be aware of this there follows an essay on biologist professor vero c wynne edwards and another on the history of the research station near banchory established for studying at first red grouse and then ecological problems of mountain moorland woodland and fresh water the last chapter the most important one and occupying a third of the book gives the author s lifetime view of the value of lone trips in climbing ski mountaineering and mountain craft

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this book is an authorized reprint of wikipedia articles pertaining to the pali canon the oldest collection of buddhist scriptures included are articles on pali the early buddhist schools and many suttas and other parts of the vinaya sutta and abhidhamma pitakas this book presents a comprehensive and in depth overview of the pali canon in a convenient collection

this book offers a detailed history of the sport of fell running it also tells the stories of some of the great exponents of the sport through the ages many of them achieved greatness whilst still working full time in traditional jobs a million miles away from the professionalism of other branches of athletics nowadays the book covers the early days of the sport right through to it going global with world championships along the way it profiles influential athletes such as fred reeves bill teasdale kenny stuart joss naylor and billy and gavin bland it gives background to the athletes including their upbringing introduction to the sport training working life records and achievements it also includes in depth conversations with some of the greats such as jeff norman and rob jebb the author is a committed runner and qualified athletics coach he has considerable experience of fell running competing in the world vets champs when it was held in keswick in 2005 he is a long time member of the fell runners association fra using a mixture of personal experience material from extensive interviews and that provided by an extensive range of published and unpublished sources a comprehensive history of the sport and its characters and values is revealed life magazine is the treasured photographic magazine that chronicled the 20th century it now lives on at life com the largest most amazing collection of professional photography on the internet users can browse search and view photos of today s people and events they have free access to share print and post images for personal use the terrain of life is mountainous mountains have peaks and valleys ups and downs ascents and descents highs and lows much like daily living we all face challenges that feel more like uphill battles encountering difficult obstacles the terrain of real faith is mountainous we experience spiritual highpoints and emotional low points in our faith journey it used to be common to refer to humans as souls we need a few trusted souls to journey with us the soul of a person is eternal needing to be nourished and developed in this unpredictable terrain called life various pathways connect the outer life and the inner life gardening desert isolation ocean travel among others the author chose to retreat upward a mountain pathway for the soul life magazine is the treasured photographic magazine that chronicled the 20th century it now lives on at life com the largest most amazing collection of professional photography on the internet users can browse search and view photos of today s people and events they have free access to share print and post images for personal use bodhidharma its first patriarch reputedly said that zen buddhism represents a special transmission outside the teaching without reliance on words and letters this saying along with the often perplexing use of language and silence by zen masters gave rise to the notion that zen is a lived religion based strictly on non linguistic practice and lacking a substantial canon of sacred texts even those who recognize the importance of zen texts commonly limit their focus to a few select texts without recognizing the wide variety of zen literature this collection of previously unpublished essays argues that zen actually has a rich and varied literary heritage among the most significant textual genres are hagiographic accounts and recorded sayings of individual zen masters koan collections and commentaries and rules for monastic life during times of political turmoil in china and japan these texts were crucial to the survival and success of zen and they have, for centuries, been

valued by practitioners as vital expressions of the truth of zen this volume offers learned yet accessible studies of some of the most important classical zen texts including some that have received little scholarly attention and many of which are accessible only to specialists each essay provides historical literary and philosophical commentary on a particular text or genre together they offer a critique of the de facto canon that has been created by the limited approach of western scholarship and demonstrate that literature is a diverse and essential part of zen buddhism

this book offers intriguing philosophical inquiries into biotechnological art and the life sciences addressing their convergences as well as their epistemic and functional divergences rooted on a thorough understanding of the history of philosophy this work builds on critical and ontological thought to interpret the concept of life that underscores first hand dealings with matter and experimentation the book breaks new ground on the issue of animality and delivers fresh posthumanist perspectives on the topics addressed the authors embark on a deep ontological probe of the concept of medium as communication bridging and life bearing they also take on the concept of performativity as biotechnological art the book includes concrete well documented case studies and shows how certain narratives and practices directly impact ideas surrounding science and technologies it will interest philosophers in art and technology aesthetics ontology and the life sciences it will also engage art practitioners in art and science curators and researchers in a mythical time crow and weasel set out on a trip north they learn the value of friendship the necessity of giving thanks and a respect for the land taoism remains the only major religion whose canonical texts have not been systematically arranged and made available for study this long awaited work a milestone in chinese studies catalogs and describes all existing texts within the taoist canon the result will not only make the entire range of existing taoist texts accessible to scholars of religion it will open up a crucial resource in the study of the history of china the vast literature of the taoist canon or daoang survives in a ming dynasty edition of some fifteen hundred different texts compiled under imperial auspices and completed in 1445 with a supplement added in 1607 many of the books in the daoang concern the history organization and liturgy of china s indigenous religion a large number of works deal with medicine alchemy and divination if scholars have long neglected this unique storehouse of china s religious traditions it is largely because it was so difficult to find one s way within it not only was the rationale of its medieval classification system inoperable for the many new texts that later entered the daoang but the system itself was no longer understood by the ming editors hence the haphazard arrangement of the canon as it has come down to us this new work sets out the contents of the daoang chronologically allowing the reader to follow the long evolution of taoist literature lavishly illustrated the first volume ranges from antiquity through the middle ages while the second spans the modern period within this frame texts are grouped by theme and subject each one is the subject of a historical abstract that identifies the text s contents date of origin and author throughout the first two volumes introductions outline the evolution of taoism and its spiritual heritage a third volume offering biographical sketches of frequently mentioned taoists multiple indexes and an extensive bibliography provides critical tools for navigating this guide to one of the fundamental aspects of chinese culture since the early 2000s there has been an increase in artists who are walking as an essential part of their artistic practice this book identifies the unique attributes of walking to develop a definition for walking as an artistic medium drawing on historical sources such as the walks of the romantic poets dadaists and letterist situationist internationals it presents a practice based approach to walking focused on the radical memory of the medium the book covers three contemporary organisations working to

develop the artistic medium of walking london s walking artists network scotland s walking institute and new york city s walk exchange and looks at how these different organisation s strategies contribute to the development of the artistic medium of walking the book is framed by five walking exercises and invites the reader to create a memory palace for the medium of walking as a practical exploration of artistic walking practices this volume focuses on the de canonization processes in children s literature considering the construction and cultural historical changes of canons in different children s literatures chapters by international experts in the field explore a wide range of different children s literatures from great britain germany scandinavia the low countries eastern and central europe as well as from non european countries such as australia israel and the united states situating the inquiry within larger literary and cultural studies conversations about canonicity the contributors assess representative authors and works that have encountered changing fates in the course of canon history particular emphasis is given to sociological canon theories which have so far been under represented in canon research in children s literature the volume therefore relates historical changes in the canon of children s literature not only to historical changes in concepts of childhood but to more encompassing political social economic cultural and ideological shifts this volume s comparative approach takes cognizance of the fact that if canon formation is an important cultural factor in nation building processes a comparative study is essential to assessing transnational processes in canon formation this book thus renders evident the structural similarities between patterns and strategies of canon formation emerging in different children s literatures

when paul lea s daughter victoria told him about her planned mission trip with a group of students to haiti in 2003 to work with orphans he was not certain how to react especially when she surprised him by telling him that he would be joining her after he got used to the idea he worked closely with his daughter in preparing supplies for them to take for the haitians when the day of their trip finally arrived victoria became ill and was ultimately too sick to make the trip paul decided to go without her and document everything that he experienced to share with her in live or die he chronicles in aching detail the terrible conditions in which the children live in haiti through his narrative we come to know the orphan children he met and the haitians who worked alongside him to paul the real tragedy is that the women and children of haiti cannot escape the vicious cycle of poverty and terrible living conditions even though the haitian people have suffered unspeakable abuses throughout their country s history they have remained a proud people despite the fact haiti is considered the poorest country in the western hemisphere they have never given up their dream of being able to live freely and govern themselves in live and die paul lea shares his unforgettable experiences and hopes for the people he worked with in haiti

The Living Mountain

2008-11-15

as seen on bbc s winterwatch with chris packham and michaela strachan the finest book ever written on nature and landscape in britain guardian in this masterpiece of nature writing nan shepherd describes her journeys into the cairngorm mountains of scotland there she encounters a world that can be breathtakingly beautiful at times and shockingly harsh at others her intense poetic prose explores and records the rocks rivers creatures and hidden aspects of this remarkable landscape shepherd spent a lifetime in search of the essential nature of the cairngorms her quest led her to write this classic meditation on the magnificence of mountains and on our imaginative relationship with the wild world around us composed during the second world war the manuscript of the living mountain lay untouched for more than thirty years before it was finally published

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2007-04

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The Living World

2020-12-10

harnessing new enthusiasm for nan shepherd s writing the living world asks how literature might help us reimagine humanity s place on earth in the midst of our ecological crisis the first book to examine shepherd s writing through an ecocritical lens it reveals forgotten details about the scientific political and philosophical climate of early twentieth century scotland and offers new insights into shepherd s distinctive environmental thought more than this this book reveals how shepherd s ways of relating to complex interconnected ecologies predate many of the core themes and concerns of the multi disciplinary environmental humanities and may inform their future development broken down into chapters focusing on themes of place ecology environmentalism deep time vital matter and selfhood the living world offers the first integrated study of shepherd s writing and legacy making the work of this philosopher feminist amateur ecologist geologist and innovative modernist accessible and relevant to a new community of readers

Inquiring into Academic Timescapes

2021-02-01

there is a pervasive sense of incessant acceleration in the academic world this book puts the temporal ordering of academic life under the microscope and showcases the means of yielding a better understanding of how time and temporality act both as instruments of power and vulnerability within the academic space

Bantam

2017-10-19

jackie kay s first collection as scottish makar is a book about the fighting spirit one the poet argues that we need now more than ever bantam brings three generations into sharp focus kay s own her father s and his own father s to show us how the body holds its own story kay shows how old injuries can emerge years later how we bear and absorb the loss of friends how we celebrate and welcome new life and how we how we embody our times whether we want to or not bantam crosses borders from rannoch moor to the somme from brexit to bronte country who are we who might we want to be these are poems that sing of what connects us and lament what divides us poems that send daylight into the dark that threatens to overwhelm us and could not be more necessary to the times in which we live

Live Form

2016-07-26

ceramics had a far reaching impact in the second half of the twentieth century as its artists worked through the same ideas regarding abstraction and form as those for other creative mediums live form shines new light on the relation of ceramics to the artistic avant garde by looking at the central role of women in the field potters who popularized ceramics as they worked with or taught male counterparts like john cage peter voulkos and ken price sorkin focuses on three americans who promoted ceramics as an advanced artistic medium marguerite wildenhain a bauhaus trained potter and writer mary caroline m c richards who renounced formalism at black mountain college to pursue new performative methods and susan peterson best known for her live throwing demonstrations on public television together these women pioneered a hands on teaching style and led educational and therapeutic activities for war veterans students the elderly and many others far from being an isolated field ceramics offered a sense of community and social engagement which sorkin argues crucially set the stage for later participatory forms of art and feminist collectivism

Speak with the Earth and It Will Teach You

2022-11-30

i don t think it is enough appreciated how much an outdoor book the bible is wrote wendell berry and author daniel cooperrider illustrates his point with beautiful narrative like a stroll through the woods speak with the earth analyzes the bible s treatment of nature and intersperses this analysis with the author s own reflections on experiences in nature organized in sections touching on the four elements the book engages with the multifaceted relationship between the bible and nature through various media including art theology the natural sciences history and lived experience a timely work on the gift of the earth that makes a strong case for environmental conservation as a cornerstone of religious life

The Power of Soft

2016-01-28

2023-09-28

in the power of soft hilary gallo reveals a more effective way to get what you want both in and out of the board room hilary spent years negotiating multi million pound deals as a lawyer and began to notice that tough bullying behaviour rarely got him or his clients the outcomes they were looking for over the years he began to develop a new way of approaching negotiations the power of soft and soon found his work and home life getting richer in life and in business we often mask our inner vulnerability by adopting a hard unwavering and ultimately ineffective approach instead gallo proves that our true power stems from drawing strength from our mental core and balancing that inner strength with a softer more approachable front he teaches us to see reality more clearly by looking past our judgments and preconceptions and to focus our energy on what we actually need to achieve what started as a negotiation tactic soon became a philosophy for life whether closing a business deal or trying to get your kids to bed the power of soft is an elegant holistic and most of all effective method to get what you need and still be kind

Long Live Magic

2020-06-08

what was the martial arts world sword lights sword shadows grudges and enmity the love between a child and a girl this was the martial arts world people of the martial arts world were always involved in matters of the martial arts world and wherever there were people there would be people of the martial arts world humans were the martial arts world

Religion and Education

2020-11-30

religion and education the forgotten dimensions of religious education explores fundamental questions about the role of religion and education in contemporary religious education drawing from a range of educational and religious traditions and perspectives it investigates the future of religious education for all

Pre-glacial Drainage in the Vicinity of Cincinnati

1898

in 1944 albania erupted in civil war the communist party prevailed and acted quickly and brutally by 1946 through executions imprisonments and mass banishments the communists broke the back of albania s freedom a young franciscan catholic and man of heroic character in this time of inhumanity friar zef pllumi was arrested brutally tortured imprisoned and sent to labor camps through deeply personal descriptions of shocking atrocities fr pllumi focuses on his extraordinary will to survive and his powerful faith his intense desire to live to tell honors those martyred with christ s name on their lips fr pllumi was initially released in 1949 fr pllumi s memories are a brave confrontation of communism his story s power lays in the fact that despite obscene efforts the communist party could not succeed as fr pllumi states they think people are frightened before dying but what they don t realize is that when you ve arrived to a certain agonizing point nothing is frightening anymore fr pllumi s historical memoir also delivers clear lessons for today amid the many horrors differences in beliefs melted away christians muslims albanians italians and french

2023-09-28

9/17

linear and nonlinear
programming solution manual
download

alike although wounded physically emotionally and spiritually were still alive to help each other and stand together and triumph for mankind

Journal

1898

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Live to Tell

2008

revelation studies have been typically characterised by two very different types of study emanating from academia and the church academia has been engaged in historical critical and source critical studies which typically dissect the text whilst the methods used in the church treat revelation as scripture and keep the text intact these approaches often lack the tools for sound interpretation töniste observes the need for a more holistic and thoughtful methodology to study revelation töniste develops an approach that respects revelation as a part of christian scripture composed by and for the church whilst simultaneously making use of respected modern academic methods that support unity literary canonical and narrative criticism intertextuality and canonical location to arrive at theologically sensible and satisfying interpretations the basic key to unlocking the mysteries of revelation lies in its abundant use of intertextuality an area that remains still under researched this integrated methodology is explored through a reading of revelation 21 22

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2011-09

mindfulness in wild swimming explores how swimming in rivers lakes and seas is the epitome of conscious living guiding the reader through practical mindful exercises and technique tips and reveals how wild swimming can be the ultimate physical meditation

The Living Church

1945

tessa wardley is a keen and knowledgeable guide times literary supplement the mindful art of wild swimming explores how swimming in rivers lakes and seas is the very epitome of conscious living zen seeker tessa wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters worldwide and leads the reader on to a mindful journey through the natural world with expert insight and personal anecdote she shares a sparkling clarity on why our relationship with open water is so fundamental to pure wellbeing and reveals how wild swimming can be the ultimate zen meditation

The Ending of the Canon

2016-02-25

2023-09-28

inspired by maryanne grant traylen s daily walks with her dog and by the moments of beauty afforded by living between sea and down a dog on the downs evokes the north kent countryside in its different moods seasons and weathers combined with a narrative that invokes a sense of the geology and history that has shaped the landscape black dog is not only maryanne s walking companion but her visual constant looking elegant even gormley like against the green of hill or blue of sea concentrating on kent s north downs framed at the east west north and south by kingsdown beach new barn denton and the sea respectively the book will enchant readers with the lyrical quality of maryanne s writing and photographs as together maryanne and her dog explore the landscapes right on their doorstep vividly bringing this stretch of downs to life join maryanne and her dog as they discover the cliffs at kingsdown st margaret s dover and folkestone as they take a dip into the sea and swing inland to the downs and cut across the escarpments of arpinge and etchinghill towards wye losing themselves in glorious valleys and villages a unique photographic book exploring the beauty of the north kent countryside from downs to coast with lyrical prose enchanting photos a beautiful dog it s an expression of joy at the wonder of nature

Mindfulness in Wild Swimming

2023-06-15

have you ever looked at your life and wondered is this it midlife manifesto will inspire you to achieve the transformation you deserve and create the plan to make it happen from health financial independence and spirituality to relationships and making your home a sanctuary this is a one stop shop of ideas and resources to motivate you the magnificent midlife woman sharing her own ups and downs with candour and humour jane mathews guides you towards what really works and supplies a well curated toolkit to help write a blueprint for your future

The Mindful Art of Wild Swimming

2017-09-15

this book begins with a thought provoking article now reprinted criticising the increasing influence of politically correct organisations and politicians who desire to control freewill and mountaineering then comes a chapter with a critique of several writers on the cairngorms in comparison with the original seton gordon after the author published a review in 1977 on the wildlife potential of the cairngorms region he came under unwarranted attack by two influential private landowners who misrepresented what he wrote and even included a threat a wider public should be aware of this there follows an essay on biologist professor vero c wynne edwards and another on the history of the research station near banchory established for studying at first red grouse and then ecological problems of mountain moorland woodland and fresh water the last chapter the most important one and occupying a third of the book gives the author s lifetime view of the value of lone trips in climbing ski mountaineering and mountain craft

A Dog on the Downs

2017-11-07

Epitome of the Pali Canon

2012-10-29

the terrain of life is mountainous mountains have peaks and valleys ups and downs ascents and descents highs and lows much like daily living we all face challenges that feel more like uphill battles encountering difficult obstacles the terrain of real faith is mountainous we experience spiritual highpoints and emotional low points in our faith journey it used to be common to refer to humans as souls we need a few trusted souls to journey with us the soul of a person is eternal needing to be nourished and developed in this unpredictable terrain called life various pathways connect the outer life and the inner life gardening desert isolation ocean travel among others the author chose to retreat upward a mountain pathway for the soul



2019-10-30

life magazine is the treasured photographic magazine that chronicled the 20th century it now lives on at life com the largest most amazing collection of professional photography on the internet users can browse search and view photos of today s people and events they have free access to share print and post images for personal use

It's a Hill, Get Over It

2013-09-19

bodhidharma its first patriarch reputedly said that zen buddhism represents a special transmission outside the teaching without reliance on words and letters this saying along with the often perplexing use of language and silence by zen masters gave rise to the notion that zen is a lived religion based strictly on non linguistic practice and lacking a substantial canon of sacred texts even those who recognize the importance of zen texts commonly limit their focus to a few select texts without recognizing the wide variety of zen literature this collection of previously unpublished essays argues that zen actually has a rich and varied literary heritage among the most significant textual genres are hagiographic accounts and recorded sayings of individual zen masters koan collections and commentaries and rules for monastic life during times of political turmoil in china and japan these texts were crucial to the survival and success of zen and they have for centuries been valued by practitioners as vital expressions of the truth of zen this volume offers learned yet accessible studies of some of the most important classical zen texts including some that have received little scholarly attention and many of which are accessible only to specialists each essay provides historical literary and philosophical commentary on a particular text or genre together they offer a critique of the de facto canon that has been created by the limited approach of western scholarship and demonstrate that literature is a diverse and essential part of zen buddhism

LIFE

1952-05-19

Retreat Upward

2024-06-18

this book offers intriguing philosophical inquiries into biotechnological art and the life sciences addressing their convergences as well as their epistemic and functional divergences rooted on a thorough understanding of the history of philosophy this work builds on critical and ontological thought to interpret the concept of life that underscores first hand dealings with matter and experimentation the book breaks new ground on the issue of animality and delivers fresh posthumanist perspectives on the topics addressed the authors embark on a deep ontological probe of the concept of medium as communication bridging and life bearing they also take on the concept of performativity as biotechnological art the book includes concrete well documented case studies and shows how certain narratives and practices directly impact ideas surrounding science and technologies it will interest philosophers in art and technology aesthetics ontology and the life sciences it will also engage art practitioners in art and science curators and researchers

LIFE

1952-05-19

in a mythical time crow and weasel set out on a trip north they learn the value of friendship the necessity of giving thanks and a respect for the land

The Zen Canon

2004-03-25

taoism remains the only major religion whose canonical texts have not been systematically arranged and made available for study this long awaited work a milestone in chinese studies catalogs and describes all existing texts within the taoist canon the result will not only make the entire range of existing taoist texts accessible to scholars of religion it will open up a crucial resource in the study of the history of china the vast literature of the taoist canon or daoang survives in a ming dynasty edition of some fifteen hundred different texts compiled under imperial auspices and completed in 1445 with a supplement added in 1607 many of the books in the daoang concern the history organization and liturgy of china s indigenous religion a large number of works deal with medicine alchemy and divination if scholars have long neglected this unique storehouse of china s religious traditions it is largely because it was so difficult to find one s way within it not only was the rationale of its medieval classification system inoperable for the many new texts that later entered the daoang but the system itself was no longer understood by the ming editors hence the haphazard arrangement of the canon as it has come down to us this new work sets out the contents of the daoang chronologically allowing the reader to follow the long evolution of taoist literature lavishly illustrated the first volume ranges from antiquity through the middle ages while the second spans the modern period within this frame texts are grouped by theme and subject each one is the subject of a historical abstract that identifies the text s contents date of origin and author throughout the first two volumes introductions outline the evolution of taoism and its spiritual heritage a third volume offering biographical sketches of frequently mentioned taoists multiple indexes and an extensive bibliography provides critical tools for navigating

2023-09-28

14/17

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this guide to one of the fundamental aspects of chinese culture

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1897

since the early 2000s there has been an increase in artists who are walking as an essential part of their artistic practice this book identifies the unique attributes of walking to develop a definition for walking as an artistic medium drawing on historical sources such as the walks of the romantic poets dadaists and letterist situationist internationals it presents a practice based approach to walking focused on the radical memory of the medium the book covers three contemporary organisations working to develop the artistic medium of walking london s walking artists network scotland s walking institute and new york city s walk exchange and looks at how these different organisation s strategies contribute to the development of the artistic medium of walking the book is framed by five walking exercises and invites the reader to create a memory palace for the medium of walking as a practical exploration of artistic walking practices

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1998-11-16

this volume focuses on the de canonization processes in children s literature considering the construction and cultural historical changes of canons in different children s literatures chapters by international experts in the field explore a wide range of different children s literatures from great britain germany scandinavia the low countries eastern and central europe as well as from non european countries such as australia israel and the united states situating the inquiry within larger literary and cultural studies conversations about canonicity the contributors assess representative authors and works that have encountered changing fates in the course of canon history particular emphasis is given to sociological canon theories which have so far been under represented in canon research in children s literature the volume therefore relates historical changes in the canon of children s literature not only to historical changes in concepts of childhood but to more encompassing political social economic cultural and ideological shifts this volume s comparative approach takes cognizance of the fact that if canon formation is an important cultural factor in nation building processes a comparative study is essential to assessing transnational processes in canon formation this book thus renders evident the structural similarities between patterns and strategies of canon formation emerging in different children s literatures

Through the Scope of Life

2023-06-28

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1993

when paul lea s daughter victoria told him about her planned mission trip with a group

of students to haiti in 2003 to work with orphans he was not certain how to react especially when she surprised him by telling him that he would be joining her after he got used to the idea he worked closely with his daughter in preparing supplies for them to take for the haitians when the day of their trip finally arrived victoria became ill and was ultimately too sick to make the trip paul decided to go without her and document everything that he experienced to share with her in live or die he chronicles in aching detail the terrible conditions in which the children live in haiti through his narrative we come to know the orphan children he met and the haitians who worked alongside him to paul the real tragedy is that the women and children of haiti cannot escape the vicious cycle of poverty and terrible living conditions even though the haitian people have suffered unspeakable abuses throughout their country s history they have remained a proud people despite the fact haiti is considered the poorest country in the western hemisphere they have never given up their dream of being able to live freely and govern themselves in live and die paul lea shares his unforgettable experiences and hopes for the people he worked with in haiti

The Taoist Canon

2019-09-01

Walking Networks

2019-11-05

Canon Constitution and Canon Change in Children's Literature

2016-12-01

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2001-03-27

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2012-08

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