Free download Foundations of mental health care 4th edition test bank [PDF]

a clear straightforward guide to the issues around mental health and a useful starting resource for non mental health practitioners to develop their understanding of the processes involved in mental health joanne fisher senior practice educator cambridge university hospitals an introduction to mental health is essential reading for anyone learning the fundamentals of mental health written for an interdisciplinary audience with no prior knowledge of mental health practice the book uses a patient centred focus and covers the historical context of mental health through to contemporary issues including mental health law policy professional practice equality and diversity in the sector and international perspectives key learning features include concept summaries reflective points case studies and reflective exercises to help situate content in the context of practice mental wellbeing is an integral part of being and feeling healthy and it is estimated that one in four people will suffer from some form of mental illness during their lifetime in spite of this it is often overlooked in mainstream healthcare the overall aim of

this book is to provide knowledge and understanding of how mental health affects human beings from conception through to end of life and the challenges that society as a whole has to address in the treatment of mental health beginning with an exploration of historical social and cultural contexts the book then goes on to discuss mental health care and mental health promotion during pregnancy and early parenthood childhood adolescence and young adulthood adulthood for both men and women and in older people containing reflective exercises the chapters are designed to provide an easily accessible and engagingly written introduction to mental health containing chapters that can be read and reviewed in isolation or used as an entire text mental health across the lifespan a handbook provides a solid introduction to mental health for students the book will also act as a useful reference for doctors nurses midwives health visitors allied health professionals and health and social care support workers who have no specialist mental health training but often work in partnership with and care for people suffering from mental health issues a bold expert and actionable map for the re invention of america s broken mental health care system healing is truly one of the best books ever written about mental illness and i think i ve read them all pete earley author of crazy as director of the national institute of mental health dr thomas insel was giving a presentation when the father of a boy with schizophrenia yelled from the back of the room our house is on fire and you re telling me about the chemistry of the paint

what are you doing to put out the fire dr insel knew in his heart that the answer was not nearly enough the gargantuan american mental health industry was not healing millions who were desperately in need he left his position atop the mental health research world to investigate all that was broken and what a better path to mental health might look like in the united states we have treatments that work but our system fails at every stage to deliver care well even before covid mental illness was claiming a life every eleven minutes by suicide quality of care varies widely and much of the field lacks accountability we focus on drug therapies for symptom reduction rather than on plans for long term recovery care is often unaffordable and unavailable particularly for those who need it most and are homeless or incarcerated where was the justice for the millions of americans suffering from mental illness who was helping their families but dr insel also found that we do have approaches that work both in the u s and globally mental illnesses are medical problems but he discovers that the cures for the crisis are not just medical but social this path to healing built upon what he calls the three ps people place and purpose is more straightforward than we might imagine dr insel offers a comprehensive plan for our failing system and for families trying to discern the way forward the fruit of a lifetime of expertise and a global quest for answers healing is a hopeful actionable account and achievable vision for us all in this time of mental health crisis covers depression suicide domestic violence social issues medications compulsions

and therapies the sociology of mental health and illness explains sociology s key contributions to our understanding of mental health and serves as a strong counterpoint to the medical approach to the subject using both micro and macro level theories particularly social constructionism the text shows the subjective nature of mental illness and systems of diagnosis and treatment it also emphasizes how social conditions and relationships create life pathways toward mental health and psychological struggles and uses the concept of patient career to describe how individuals interact with mental health professionals in addition the text explores the connections between mental health and social problems such as terrorism substance abuse criminal violence suicide and domestic violence this international survey defines mental health as a basic human right and tracks the emergence of mental health prevention and promotion as a global priority locating mental illness within a cycle of negative causes and effects affecting human quality of life the editors identify modern policy barriers to promotion prevention initiatives particularly the favoring of the biomedical health model by major stakeholders the book s selection of successful programs from diverse countries displays a lifespan approach emphasizing the centrality of interdisciplinary educational settings in providing primary and secondary prevention and promotion interventions and the ongoing fight against missing financial investigations discrimination and stigma together these papers make a forceful argument for rights based responses to worldwide mental health

needs as part of the commitment toward global human rights and long term development goals included in the coverage mental health priorities around the world social determinants of mental health mental health and stigma aspects of anti stigma interventions promoting social and emotional wellbeing and responding to mental health problems in schools the promotion and delivery of mental health services in primary care settings economic evaluation of mental health promotion and mental illness prevention bringing to the fore public health concerns that are too often marginalized global mental health is necessary reading for health professionals health and clinical psychologists psychiatrists medical sociologists and policymakers according to the world health organization one in four people will be affected by mental or neurological disorders at some point in their lives editor ann quigley has collected a group of primary source writings that provide your readers a with a broad spectrum of views on key topics relating to mental health the writings present contrasting opinions on how to best deal with issues such as the battle to define mental illness and the stigma faced by people with mental health issues students are encouraged to see the validity of divergent opinions so that they may understand the topic fully the writings in each chapter are organized into a question and response format allowing readers to easily summarize different viewpoints this book s main contribution is to say to us all there is no single solution no magic bullet no instant cure for the discomforts and illnesses of older age and

that not all ageing is comfortable but it also tells us that it is in our control to do something about much of this that older people s mental well being could be vastly improved and that public policy and private attitudes need to change i hope that it is as influential as it deserves to be taken from the foreword by baroness julia neuberger former chief executive of the king s fund and author of not dead yet mental health issues amongst older adults are becoming ever more prevalent this fascinating book looks broadly at the mental health and well being issues that affect adults in later life taking a holistic approach to mental health and mental health promotion the book explores the debates around what is meant by mental health and mental illness and the wider social determinants of mental health all chapters have a common thread running through them each of which was identified as being a key theme for mental health and well being by adults in later life among them are issues relating to gender ethnicity societal diversity poverty class cultural differences a range of examples from the uk and other countries along with insights gained from older people s own perspectives are used to emphasise the evidence base for effective interventions to promote mental health case studies vignettes and quotes demonstrate how social theory and principles of health promotion can be effectively applied to improve practice mental health and well being in later life is key reading for those working or intending to work in public health health promotion and health and social care professions especially those who work with older people this dynamic and

richly layered account of mental health in the late twentieth century interweaves three important stories the rising political prominence of mental health in the united states since 1970 the shifting medical diagnostics of mental health at a time when health activists advocacy groups and public figures were all speaking out about the needs and rights of patients and the concept of voice in literature film memoir journalism and medical case study that connects the health experiences of individuals to shared stories together these three dimensions bring into conversation a diverse cast of late century writers filmmakers actors physicians politicians policy makers and social critics in doing so martin halliwell s voices of mental health breaks new ground in deepening our understanding of the place politics and trajectory of mental health from the moon landing to the millennium as director of the division of mental health at the world health organization and subsequently president of the world psychiatric association norman sartorius has over many years been in a position to survey the state of psychiatry worldwide and to campaign for greater equity and honesty in the clinical and research agenda the essays collected in this 2002 book represent his latest thinking as well as including his own selection from among a few of his innumerable speeches and previously published articles they range from trenchant critiques of mental health service delivery and prevention to more light hearted anecdotal pieces on the use of language and how to get things done all point to the core concerns for mental health programmes today

definition of needs the role of psychiatry worldwide and the challenges that urbanization presents for mental health this is a book that every psychiatrist will wish to own overview of organizations programs references services and other sources pertinent to all areas of mental health items arranged under such headings as elderly drugs and professional associations each entry includes appropriate address bibliographical information annotation or definition this book is a collection of writings on how society has stigmatized mentally ill persons their families and their caregivers first hand accounts poignantly portray what it is like to be the victim of stigma and mental illness stigma and mental illness also presents historical societal and institutional viewpoints that underscore the devastating effects of stigma mental health including widespread depression a high suicide rate and institutionalisation is a major problem in japan at the same time the mental health care system in japan has historically been more restrictive than elsewhere in the world this book looks at the challenges of mental health care in japan including problems such as the institutionalisation of long term patients in mental hospitals the book discusses the latest legislation to deal with mental health care and explores the various ideas and practices concerning rehabilitation into the workforce the community and service user groups that empower the mentally ill it goes on to look at the social stigma attached to the mentally ill in japan and britain which touches upon the issue of counselling those with post traumatic stress after the

recent earthquake many of the earliest books particularly those dating back to the 1900s and before are now extremely scarce and increasingly expensive we are republishing these classic works in affordable high quality modern editions using the original text and artwork according to the world health organization mental disorders currently account for about 12 5 of the total burden of disease this is expected to rise to15 by 2020 whereas the resource rich countries have the ability to address the problems posed by mental disorders this is not the case with poor developing countries most of them in africa for most countries south of sahara and outside south africa and with the exception of kenya they have one psychiatrist for more than one million populations the kenyan situation of one psychiatrist for about half million population is no solace at all most of the psychiatrists just about 70 in may 2009 are to be found mostly in the main urban areas where many are not involved in day to day clinical work for the general public who cannot afford private treatment similarly we have a gross deficiency of other health professionals with an interest in mental health the long and short of it is that many people in africa with mental illness grope in the dark they have no access to appropriately trained mental health workers to turn to they do not even know when they have mental disorders except when they are grossly disturbed when friends and relatives go seeking for the hardly available services it is therefore necessary to impart some knowledge to the general public so that at least they can recognize the more subtle disorders in

addition to the severe ones through knowledge they can have increased awareness and seek help from friends more importantly they will understand themselves the book covers a wide range of topics it includes mental health disorders and how they are generally recognized and managed covering the whole spectrum of life it also includes description of subjects of interest in relation to mental disorders these include rights of people with mental disorders and the spiritual aspects of mental disorders to emphasize the fact there is nothing demonic about mental disorders any more than anything being demonic about malaria people also find themselves in special situations such as the prospects of death and dying either of a relative or friend people also have to deal with emotions as a result of the death of a relative or a friend of special interest is the person who is facing imminent death of self and knows about it there are also those who actually think of taking away their lives besides describing those common situations the book also addresses various approaches to the management of various mental health disorders and situations by mental health workers but most importantly what they can do for themselves in their homes and in mitigations against the costs and stigma of mental illness the book has given a chance to people with mental disorders to express themselves it is hoped this book will serve to demystify mental disorders and in the process significantly destigmatize people with mental disorders and in the process allow them together with their relatives to come forward and demand for equal treatment services and

rights from the health professionals policy makers and medical insurers this book is a must read for everybody who cares for their mental well being and that of others this second edition of the handbook of the sociology of mental health features theory driven reviews of recent research with a comprehensive approach to the investigation of the ways in which society shapes the mental health of its members and the lives of those who have been diagnosed as having a mental illness the award winning handbook is distinctive in its focus on how the organization and functioning of society influences the occurrence of mental disorder and its consequences a core issue that runs throughout the text concerns the differential distribution of mental illness across various social strata defined by status characteristics such as gender race ethnicity socioeconomic status and age the contributions to this volume shed light on the social cultural and economic factors that explain why some social groups have an elevated risk of disorder they also address the social repercussions of mental disorder for individuals including stigmatization within the larger society and for their families and social networks the second edition of this seminal volume includes substantial updates to previous chapters as well as seven new chapters on the individual s experience of mental illness the medicalization of mental illness age aging and mental health religion and mental health neighborhoods and mental health mental health and the law and public beliefs about mental illness dr feldmars book is jam packed with interesting information you will get a basic

understanding of how and why we and the people around us behave the way we do a must have book for any personal library louis puglisi ma i found dr feldmars book to be very informative he cuts through the professional jargon and makes it easily understandable for the lay person it is an invaluable reference book for every household gabor kovacs md facs after reading dr feldmars book i feel it should be mandatory reading for all parents in a world of confusion about psychological labels this book gives the reader a clear understanding of the problems and conditions we all face for those of us dealing with people under stress at work or home this book is a valuable tool edward m portnoy dmd as a health care professional i know it is important for patients and their families to become educated consumers in recognizing and dealing with abnormal psychological or psychiatric conditions with the assistance of dr feldmars comprehensive and easy to read book individuals will hopefully seek professional treatment sooner and be willing to partner with their health care providers to achieve a more successful outcome roberta kiel rn mph this handbook is the definitive resource for understanding current mental health policy controversies options and implementation strategies it offers a thorough review of major issues in mental health policy to inform the policy making process presenting the pros and cons of controversial significant issues through close analyses of data some of the topics covered are the effectiveness of various biomedical and psychosocial interventions the role of mental illness in violence and the

effectiveness of coercive strategies the handbook presents cases for conditions in which specialized mental health services are needed and those in which it might be better to deliver mental health treatment in mainstream health and social services settings it also examines the balance between federal state and local authority and the financing models for delivery of efficient and effective mental health services it is aimed for an audience of policy makers researchers and informed citizens that can contribute to future policy deliberations the new edition of psychiatric and mental health nursing focuses on practice in mental health and psychiatric care integrating theory and the realities of practice mental wellness is featured as a concept and the consideration of a range of psychosocial factors helps students contextualise mental illness and psychiatric disorders the holistic approach helps the student and the beginning practitioner understand the complex causation of mental illness its diagnosis effective interventions and treatments and the client s experience of mental illness this book explores social constructionism and the language of mental distress mental health research has traditionally been dominated by genetic and biomedical explanations that provide only partial explanations however process research that utilises qualitative methods has grown in popularity situated within this new strand of research the authors examine and critically assess some of the different contributions that social constructionism has made to the study of mental distress and to how those diagnosed are conceptualized and labeled

this will be an invaluable introduction and source of practical strategies for academics researchers and students as well as clinical practitioners mental health professionals and others working with mental health such as educationalists and social workers mental health and illness is one of the most fascinating and contested interdisciplinary areas of research theory and study scholars from fields such as psychology sociology social work and law have in particular contributed to a rich literature which revolves around a number of key controversies and ongoing debates some of these include what is mental health and illness indeed are mental health problems illnesses at all how do we measure mental health what factors influence the diversity of meaning attached to mental health problems and what are their causes do they originate in our biological genetic or neurochemical make up or in our personality or family upbringing what role does social structure and culture play does treatment provide primarily care or social control is the use of coercion justified are those with severe mental illnesses able to enjoy normal lives and what role should they play in making life decisions for themselves what are the diverse systems of care that have emerged to care for those with mental health problems how does social inequality influence mental health outcomes and how do diverse social cultural groups experience and treat mental health problems how does mental health influence physical health and vice versa as research on and around these kinds of question continues to flourish as never before this new title in the routledge series major themes

in health and social welfare meets the need for an authoritative reference work to make sense of a rapidly growing and ever more complex corpus of literature and to provide a map of the area as it has emerged and developed it is a four volume collection of foundational and the best cutting edge scholarship in the field the first volume in the collection the meaning and experience of mental illness brings together the best work on the meaning of mental health and mental illness defining mental illness has often been especially controversial with some serious thinkers even questioning its reality beyond a social construction to label the undesirable or different volume i includes material on the major theories about the aetiology of mental health disorders and describes how individuals experience mental health and illness with close attention to cross cultural variation in addition the work gathered in volume i reviews major systems for measuring and classifying mental illnesses and includes recent research on the prevalence of mental illness across the world volume ii social reaction to mental health problems focuses on the social reaction to mental illness and includes classic and contemporary work on the various ways in which groups and societies have treated those with mental health problems central to this social response has been the reality of stigmatization because of the shame of mental illness systems of care very often serve social control functions and those with mental illnesses are subject to coercion commitment and criminalization volume ii also brings together the best work from the counter

movements for normalization empowerment and recovery as well as research that explores mental illness as a type of disability volume iii changing institutional contexts for care assembles the most important research literature on the diverse systems of care which have emerged to deal with individuals with mental health problems communal systems institutionalized care community based care and managed care all serve both therapeutic as well as social control functions and this part of the collection takes both a historical as well as a cross cultural perspective and links systems of care to the issues of therapeutic care and social control explored in volume ii volume iv mental health and the structure of society draws on significant thinking about the relationship between mental health and other major social institutions it includes a consideration of socio demographic and cross cultural diversity in the experience of mental health and illness the materials gathered here also address the important role of stress and social support in understanding mental health and illness volume iv also focuses on the relationship between physical and mental health an increasingly important strand of research and places mental health policy in its historic context the key research examining forces such as the consumer movement and other advocacy groups promoting change in existing policies is also included here with a comprehensive introduction newly written by the editor which places the collected material in its historical and intellectual context mental health is an essential collection destined to be valued by scholars and

students as a vital one stop research resource the past twenty years have manifested worrying trends in the field of mental health in the united states most concerning is the increasingly popular idea that mental disorders are best understood as brain disorders from this point of view when confronted with an overly energetic little boy parents are informed that their son has a brain disease which causes inattention and hyperactivity and that this disease is best treated with drugs likewise a person suffering from a major depressive disorder is told that her depression is caused by a chemical imbalance in her brain and that this imbalance is best treated with other chemicals that can restore equilibrium to her brain s chemistry the idea is not just common it is ubiquitous everyone knows that mental illness is caused by the brain those are the facts and therein lies the problem those are not the facts in this groundbreaking study william schultz demonstrates on both philosophical and scientific grounds that mental disorders are best understood not as brain disorders but rather as solvable problems of personal agency and meaning this book is essential reading for clinicians practitioners philosophers and any interested in the future of mental health this module examines key aspects of monitoring and evaluation as they relate to a mental health policy and plan including how to monitor a plan and the different ways to evaluate a policy and plan it presents a five step process for conducting evaluations and explains how results of an evaluation can be utilized to improve policies and plans the module then provides a detailed

case study of a policy and plan of a hypothetical country it describes various ways that evaluation can be used over a period of time to assess and influence policy and the plan that arises from it including the practical steps involved in policy evaluation and the policy decisions that can be made on the basis of monitoring and evaluations also available 14 module package who mental health policy and service guidance package 14 modules other modules included in the package improving access and use of psychotropic medicines child and adolescent mental health policies and plans mental health policy plans and programmes updated version mental health context mental health financing advocacy for mental health quality improvement for mental health organization of services for mental health planning and budgeting to deliver services for mental health mental health legislation and human rights mental health policies and programmes in the workplace mental health information systems human resources and training in mental health monitoring and evaluation of mental health policies and plans this second edition of the handbook of the sociology of mental health features theory driven reviews of recent research with a comprehensive approach to the investigation of the ways in which society shapes the mental health of its members and the lives of those who have been diagnosed as having a mental illness the award winning handbook is distinctive in its focus on how the organization and functioning of society influences the occurrence of mental disorder and its consequences a core issue that runs throughout the text concerns the differential

distribution of mental illness across various social strata defined by status characteristics such as gender race ethnicity socioeconomic status and age the contributions to this volume shed light on the social cultural and economic factors that explain why some social groups have an elevated risk of disorder they also address the social repercussions of mental disorder for individuals including stigmatization within the larger society and for their families and social networks the second edition of this seminal volume includes substantial updates to previous chapters as well as seven new chapters on the individual s experience of mental illness the medicalization of mental illness age aging and mental health religion and mental health neighborhoods and mental health mental health and the law and public beliefs about mental illness mental health practices and programs around the world face growing criticism from policymakers consumers and service providers for being ineffective overly reliant on treatment by professionals and overly focused on symptoms many have called for new paradigms of mental health and new practices that can better support recovery community integration and adaptive functioning for persons diagnosed with psychiatric disabilities while there has recently been much discourse about transformation and recovery there has yet to be a critical and systematic review that unpacks the concept of mental health systems transformation or that examines strategies for how to create transformative change in mental health community psychology and community mental health provides empirical justification and a

conceptual foundation for transformative change in mental health based on community psychology values and principles of ecology collaboration empowerment and social justice chapters provide strategies for making changes at the level of society policy organizations community settings and mental health practices the editors and authors draw from experience in different countries in recognition of the need to tailor change strategies to different contexts the common experiences of the international perspectives represented underscore the importance and the need for a new paradigm while demonstrating that there are many alternatives and opportunities for pursuing transformative change this book will be of interest to community mental health professionals researchers and students as well as policymakers administrators and those with lived experience of mental health issues this challenging book describes a new approach to the provision of mental health service to a community taking as their theoretical basis the vulnerability stress model of mental illness the authors place their findings and recommendations in the wider context of mental health care provision and draw widely on international research in this field they insist on a rigorous approach to the provision and evaluation of care and use telling case studies to reveal the benefits as well as some of the difficulties that may be experienced the practical problem solving and cost effective approach described in this book will be of the greatest interest to health care professionals in whatever treatment setting they may be working

The Definition and Measurement of Mental Health

1968

a clear straightforward guide to the issues around mental health and a useful starting resource for non mental health practitioners to develop their understanding of the processes involved in mental health joanne fisher senior practice educator cambridge university hospitals an introduction to mental health is essential reading for anyone learning the fundamentals of mental health written for an interdisciplinary audience with no prior knowledge of mental health practice the book uses a patient centred focus and covers the historical context of mental health through to contemporary issues including mental health law policy professional practice equality and diversity in the sector and international perspectives key learning features include concept summaries reflective points case studies and reflective exercises to help situate content in the context of practice

An Introduction to Mental Health

2019-01-16

mental wellbeing is an integral part of being and feeling healthy and it is

estimated that one in four people will suffer from some form of mental illness during their lifetime in spite of this it is often overlooked in mainstream healthcare the overall aim of this book is to provide knowledge and understanding of how mental health affects human beings from conception through to end of life and the challenges that society as a whole has to address in the treatment of mental health beginning with an exploration of historical social and cultural contexts the book then goes on to discuss mental health care and mental health promotion during pregnancy and early parenthood childhood adolescence and young adulthood adulthood for both men and women and in older people containing reflective exercises the chapters are designed to provide an easily accessible and engagingly written introduction to mental health containing chapters that can be read and reviewed in isolation or used as an entire text mental health across the lifespan a handbook provides a solid introduction to mental health for students the book will also act as a useful reference for doctors nurses midwives health visitors allied health professionals and health and social care support workers who have no specialist mental health training but often work in partnership with and care for people suffering from mental health issues

Publications of the National Institute of Mental Health

1982

a bold expert and actionable map for the re invention of america s broken mental health care system healing is truly one of the best books ever written about mental illness and i think i ve read them all pete earley author of crazy as director of the national institute of mental health dr thomas insel was giving a presentation when the father of a boy with schizophrenia yelled from the back of the room our house is on fire and you re telling me about the chemistry of the paint what are you doing to put out the fire dr insel knew in his heart that the answer was not nearly enough the gargantuan american mental health industry was not healing millions who were desperately in need he left his position atop the mental health research world to investigate all that was broken and what a better path to mental health might look like in the united states we have treatments that work but our system fails at every stage to deliver care well even before covid mental illness was claiming a life every eleven minutes by suicide quality of care varies widely and much of the field lacks accountability we focus on drug therapies for symptom reduction rather than on plans for long term recovery care is

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Mental Health Across the Lifespan

2015-10-05

covers depression suicide domestic violence social issues medications compulsions and therapies

Publications from the National Institute of Mental Health

1995

the sociology of mental health and illness explains sociology s key contributions to our understanding of mental health and serves as a strong counterpoint to the medical approach to the subject using both micro and macro level theories particularly social constructionism the text shows the subjective nature of mental illness and systems of diagnosis and treatment it also emphasizes how social conditions and relationships create life pathways toward mental health and psychological struggles and uses the concept of patient career to describe how individuals interact with mental health professionals in addition the text explores the connections between mental health and social problems such as terrorism substance abuse criminal violence suicide and domestic violence

Healing

2022-02-22

this international survey defines mental health as a basic human right and tracks the emergence of mental health prevention and promotion as a global priority locating mental illness within a cycle of negative causes and effects affecting human quality of life the editors identify modern policy barriers to promotion prevention initiatives particularly the favoring of the biomedical health model by major stakeholders the book s selection of successful programs from diverse countries displays a lifespan approach emphasizing the centrality of interdisciplinary educational settings in providing primary and secondary prevention and promotion interventions and the ongoing fight against missing financial investigations discrimination and stigma together these papers make a forceful argument for rights based responses to worldwide mental health needs as part of the commitment toward global human rights and long term development goals included in the coverage mental health priorities around the world social determinants of mental health mental health and stigma aspects of anti stigma interventions promoting social and emotional wellbeing and responding to mental health problems in schools the promotion and delivery of mental health services in primary care settings economic evaluation of mental health promotion and mental illness prevention bringing to the fore public health concerns that are too often marginalized global mental health is necessary reading for health professionals health and clinical psychologists psychiatrists medical sociologists and policymakers

The Encyclopedia of Mental Health

2001-01-01

according to the world health organization one in four people will be affected by mental or neurological disorders at some point in their lives editor ann quigley has collected a group of primary source writings that provide your readers a with a broad spectrum of views on key topics relating to mental health the writings present contrasting opinions on how to best deal with issues such as the battle to define mental illness and the stigma faced by people with mental health issues students are encouraged to see the validity of divergent opinions so that they may understand the topic fully the writings in each chapter are organized into a question and response format allowing readers to easily summarize different viewpoints

It's Good to Know about Mental Health

1973

this book s main contribution is to say to us all there is no single solution no magic bullet no instant cure for the discomforts and illnesses of older age and that not all ageing is comfortable but it also tells us that it is in

our control to do something about much of this that older people s mental well being could be vastly improved and that public policy and private attitudes need to change i hope that it is as influential as it deserves to be taken from the foreword by baroness julia neuberger former chief executive of the king s fund and author of not dead yet mental health issues amongst older adults are becoming ever more prevalent this fascinating book looks broadly at the mental health and well being issues that affect adults in later life taking a holistic approach to mental health and mental health promotion the book explores the debates around what is meant by mental health and mental illness and the wider social determinants of mental health all chapters have a common thread running through them each of which was identified as being a key theme for mental health and well being by adults in later life among them are issues relating to gender ethnicity societal diversity poverty class cultural differences a range of examples from the uk and other countries along with insights gained from older people s own perspectives are used to emphasise the evidence base for effective interventions to promote mental health case studies vignettes and quotes demonstrate how social theory and principles of health promotion can be effectively applied to improve practice mental health and well being in later life is key reading for those working or intending to work in public health health promotion and health and social care professions especially those who work with older people

The Encyclopedia of Mental Health

1963

this dynamic and richly layered account of mental health in the late twentieth century interweaves three important stories the rising political prominence of mental health in the united states since 1970 the shifting medical diagnostics of mental health at a time when health activists advocacy groups and public figures were all speaking out about the needs and rights of patients and the concept of voice in literature film memoir journalism and medical case study that connects the health experiences of individuals to shared stories together these three dimensions bring into conversation a diverse cast of late century writers filmmakers actors physicians politicians policy makers and social critics in doing so martin halliwell s voices of mental health breaks new ground in deepening our understanding of the place politics and trajectory of mental health from the moon landing to the millennium

Facts on Mental Health and Mental Illness

1962

as director of the division of mental health at the world health organization and subsequently president of the world psychiatric association norman sartorius has over many years been in a position to survey the state of psychiatry worldwide and to campaign for greater equity and honesty in the clinical and research agenda the essays collected in this 2002 book represent his latest thinking as well as including his own selection from among a few of his innumerable speeches and previously published articles they range from trenchant critiques of mental health service delivery and prevention to more light hearted anecdotal pieces on the use of language and how to get things done all point to the core concerns for mental health programmes today definition of needs the role of psychiatry worldwide and the challenges that urbanization presents for mental health this is a book that every psychiatrist will wish to own

The Sociology of Mental Health and Illness

2022-06-16

overview of organizations programs references services and other sources pertinent to all areas of mental health items arranged under such headings as elderly drugs and professional associations each entry includes appropriate address bibliographical information annotation or definition

Global Mental Health

2017-10-06

this book is a collection of writings on how society has stigmatized mentally ill persons their families and their caregivers first hand accounts poignantly portray what it is like to be the victim of stigma and mental illness stigma and mental illness also presents historical societal and institutional viewpoints that underscore the devastating effects of stigma

Mental Health

2007

mental health including widespread depression a high suicide rate and institutionalisation is a major problem in japan at the same time the mental health care system in japan has historically been more restrictive than elsewhere in the world this book looks at the challenges of mental health care in japan including problems such as the institutionalisation of long term patients in mental hospitals the book discusses the latest legislation to deal with mental health care and explores the various ideas and practices concerning rehabilitation into the workforce the community and service user

groups that empower the mentally ill it goes on to look at the social stigma attached to the mentally ill in japan and britain which touches upon the issue of counselling those with post traumatic stress after the recent earthquake

EBOOK: Mental Health And Well Being In Later Life

2009-05-16

many of the earliest books particularly those dating back to the 1900s and before are now extremely scarce and increasingly expensive we are republishing these classic works in affordable high quality modern editions using the original text and artwork

Voices of Mental Health

2017-10-02

according to the world health organization mental disorders currently account for about 12 5 of the total burden of disease this is expected to rise to15 by 2020 whereas the resource rich countries have the ability to address the problems posed by mental disorders this is not the case with poor developing

countries most of them in africa for most countries south of sahara and outside south africa and with the exception of kenya they have one psychiatrist for more than one million populations the kenyan situation of one psychiatrist for about half million population is no solace at all most of the psychiatrists just about 70 in may 2009 are to be found mostly in the main urban areas where many are not involved in day to day clinical work for the general public who cannot afford private treatment similarly we have a gross deficiency of other health professionals with an interest in mental health the long and short of it is that many people in africa with mental illness grope in the dark they have no access to appropriately trained mental health workers to turn to they do not even know when they have mental disorders except when they are grossly disturbed when friends and relatives go seeking for the hardly available services it is therefore necessary to impart some knowledge to the general public so that at least they can recognize the more subtle disorders in addition to the severe ones through knowledge they can have increased awareness and seek help from friends more importantly they will understand themselves the book covers a wide range of topics it includes mental health disorders and how they are generally recognized and managed covering the whole spectrum of life it also includes description of subjects of interest in relation to mental disorders these include rights of people with mental disorders and the spiritual aspects of mental disorders to emphasize the fact there is nothing demonic about mental

disorders any more than anything being demonic about malaria people also find themselves in special situations such as the prospects of death and dying either of a relative or friend people also have to deal with emotions as a result of the death of a relative or a friend of special interest is the person who is facing imminent death of self and knows about it there are also those who actually think of taking away their lives besides describing those common situations the book also addresses various approaches to the management of various mental health disorders and situations by mental health workers but most importantly what they can do for themselves in their homes and in mitigations against the costs and stigma of mental illness the book has given a chance to people with mental disorders to express themselves it is hoped this book will serve to demystify mental disorders and in the process significantly destigmatize people with mental disorders and in the process allow them together with their relatives to come forward and demand for equal treatment services and rights from the health professionals policy makers and medical insurers this book is a must read for everybody who cares for their mental well being and that of others

Fighting for Mental Health

2002-08-22

this second edition of the handbook of the sociology of mental health features theory driven reviews of recent research with a comprehensive approach to the investigation of the ways in which society shapes the mental health of its members and the lives of those who have been diagnosed as having a mental illness the award winning handbook is distinctive in its focus on how the organization and functioning of society influences the occurrence of mental disorder and its consequences a core issue that runs throughout the text concerns the differential distribution of mental illness across various social strata defined by status characteristics such as gender race ethnicity socioeconomic status and age the contributions to this volume shed light on the social cultural and economic factors that explain why some social groups have an elevated risk of disorder they also address the social repercussions of mental disorder for individuals including stigmatization within the larger society and for their families and social networks the second edition of this seminal volume includes substantial updates to previous chapters as well as seven new chapters on the individual s experience of mental illness the medicalization of mental illness age aging and mental health religion and mental health neighborhoods and mental health mental health and the law and public beliefs about mental illness

The Mental Health Almanac

1978

dr feldmars book is jam packed with interesting information you will get a basic understanding of how and why we and the people around us behave the way we do a must have book for any personal library louis puglisi ma i found dr feldmars book to be very informative he cuts through the professional jargon and makes it easily understandable for the lay person it is an invaluable reference book for every household gabor kovacs md facs after reading dr feldmars book i feel it should be mandatory reading for all parents in a world of confusion about psychological labels this book gives the reader a clear understanding of the problems and conditions we all face for those of us dealing with people under stress at work or home this book is a valuable tool edward m portnoy dmd as a health care professional i know it is important for patients and their families to become educated consumers in recognizing and dealing with abnormal psychological or psychiatric conditions with the assistance of dr feldmars comprehensive and easy to read book individuals will hopefully seek professional treatment sooner and be willing to partner with their health care providers to achieve a more successful outcome roberta kiel rn mph

Foundations of Mental Health Care

2016-09-27

this handbook is the definitive resource for understanding current mental health policy controversies options and implementation strategies it offers a thorough review of major issues in mental health policy to inform the policy making process presenting the pros and cons of controversial significant issues through close analyses of data some of the topics covered are the effectiveness of various biomedical and psychosocial interventions the role of mental illness in violence and the effectiveness of coercive strategies the handbook presents cases for conditions in which specialized mental health services are needed and those in which it might be better to deliver mental health treatment in mainstream health and social services settings it also examines the balance between federal state and local authority and the financing models for delivery of efficient and effective mental health services it is aimed for an audience of policy makers researchers and informed citizens that can contribute to future policy deliberations

Stigma and Mental Illness

1992

the new edition of psychiatric and mental health nursing focuses on practice in mental health and psychiatric care integrating theory and the realities of practice mental wellness is featured as a concept and the consideration of a range of psychosocial factors helps students contextualise mental illness and psychiatric disorders the holistic approach helps the student and the beginning practitioner understand the complex causation of mental illness its diagnosis effective interventions and treatments and the client s experience of mental illness

Mental Health Care in Japan

2012-08-21

this book explores social constructionism and the language of mental distress mental health research has traditionally been dominated by genetic and biomedical explanations that provide only partial explanations however process research that utilises qualitative methods has grown in popularity situated within this new strand of research the authors examine and

critically assess some of the different contributions that social constructionism has made to the study of mental distress and to how those diagnosed are conceptualized and labeled this will be an invaluable introduction and source of practical strategies for academics researchers and students as well as clinical practitioners mental health professionals and others working with mental health such as educationalists and social workers

You are Not Alone

1985

mental health and illness is one of the most fascinating and contested interdisciplinary areas of research theory and study scholars from fields such as psychology sociology social work and law have in particular contributed to a rich literature which revolves around a number of key controversies and ongoing debates some of these include what is mental health and illness indeed are mental health problems illnesses at all how do we measure mental health what factors influence the diversity of meaning attached to mental health problems and what are their causes do they originate in our biological genetic or neurochemical make up or in our personality or family upbringing what role does social structure and culture play does treatment provide primarily care or social control is the use of

coercion justified are those with severe mental illnesses able to enjoy normal lives and what role should they play in making life decisions for themselves what are the diverse systems of care that have emerged to care for those with mental health problems how does social inequality influence mental health outcomes and how do diverse social cultural groups experience and treat mental health problems how does mental health influence physical health and vice versa as research on and around these kinds of question continues to flourish as never before this new title in the routledge series major themes in health and social welfare meets the need for an authoritative reference work to make sense of a rapidly growing and ever more complex corpus of literature and to provide a map of the area as it has emerged and developed it is a four volume collection of foundational and the best cutting edge scholarship in the field the first volume in the collection the meaning and experience of mental illness brings together the best work on the meaning of mental health and mental illness defining mental illness has often been especially controversial with some serious thinkers even questioning its reality beyond a social construction to label the undesirable or different volume i includes material on the major theories about the aetiology of mental health disorders and describes how individuals experience mental health and illness with close attention to cross cultural variation in addition the work gathered in volume i reviews major systems for measuring and classifying mental illnesses and includes recent research on the

prevalence of mental illness across the world volume ii social reaction to mental health problems focuses on the social reaction to mental illness and includes classic and contemporary work on the various ways in which groups and societies have treated those with mental health problems central to this social response has been the reality of stigmatization because of the shame of mental illness systems of care very often serve social control functions and those with mental illnesses are subject to coercion commitment and criminalization volume ii also brings together the best work from the counter movements for normalization empowerment and recovery as well as research that explores mental illness as a type of disability volume iii changing institutional contexts for care assembles the most important research literature on the diverse systems of care which have emerged to deal with individuals with mental health problems communal systems institutionalized care community based care and managed care all serve both therapeutic as well as social control functions and this part of the collection takes both a historical as well as a cross cultural perspective and links systems of care to the issues of therapeutic care and social control explored in volume ii volume iv mental health and the structure of society draws on significant thinking about the relationship between mental health and other major social institutions it includes a consideration of socio demographic and cross cultural diversity in the experience of mental health and illness the materials gathered here also address the important role of stress and social

support in understanding mental health and illness volume iv also focuses on the relationship between physical and mental health an increasingly important strand of research and places mental health policy in its historic context the key research examining forces such as the consumer movement and other advocacy groups promoting change in existing policies is also included here with a comprehensive introduction newly written by the editor which places the collected material in its historical and intellectual context mental health is an essential collection destined to be valued by scholars and students as a vital one stop research resource

Foundations of Mental Health

2011-09-01

the past twenty years have manifested worrying trends in the field of mental health in the united states most concerning is the increasingly popular idea that mental disorders are best understood as brain disorders from this point of view when confronted with an overly energetic little boy parents are informed that their son has a brain disease which causes inattention and hyperactivity and that this disease is best treated with drugs likewise a person suffering from a major depressive disorder is told that her depression is caused by a chemical imbalance in her brain and that this imbalance is

best treated with other chemicals that can restore equilibrium to her brain s chemistry the idea is not just common it is ubiquitous everyone knows that mental illness is caused by the brain those are the facts and therein lies the problem those are not the facts in this groundbreaking study william schultz demonstrates on both philosophical and scientific grounds that mental disorders are best understood not as brain disorders but rather as solvable problems of personal agency and meaning this book is essential reading for clinicians practitioners philosophers and any interested in the future of mental health

Your A-Z on Mental Health

2016-06-01

this module examines key aspects of monitoring and evaluation as they relate to a mental health policy and plan including how to monitor a plan and the different ways to evaluate a policy and plan it presents a five step process for conducting evaluations and explains how results of an evaluation can be utilized to improve policies and plans the module then provides a detailed case study of a policy and plan of a hypothetical country it describes various ways that evaluation can be used over a period of time to assess and influence policy and the plan that arises from it including the practical

steps involved in policy evaluation and the policy decisions that can be made on the basis of monitoring and evaluations also available 14 module package who mental health policy and service guidance package 14 modules other modules included in the package improving access and use of psychotropic medicines child and adolescent mental health policies and plans mental health policy plans and programmes updated version mental health context mental health financing advocacy for mental health quality improvement for mental health organization of services for mental health planning and budgeting to deliver services for mental health mental health legislation and human rights mental health policies and programmes in the workplace mental health information systems human resources and training in mental health monitoring and evaluation of mental health policies and plans

Handbook of the Sociology of Mental Health

2012-07-17

this second edition of the handbook of the sociology of mental health features theory driven reviews of recent research with a comprehensive approach to the investigation of the ways in which society shapes the mental health of its members and the lives of those who have been diagnosed as having a mental illness the award winning handbook is distinctive in its

focus on how the organization and functioning of society influences the occurrence of mental disorder and its consequences a core issue that runs throughout the text concerns the differential distribution of mental illness across various social strata defined by status characteristics such as gender race ethnicity socioeconomic status and age the contributions to this volume shed light on the social cultural and economic factors that explain why some social groups have an elevated risk of disorder they also address the social repercussions of mental disorder for individuals including stigmatization within the larger society and for their families and social networks the second edition of this seminal volume includes substantial updates to previous chapters as well as seven new chapters on the individual s experience of mental illness the medicalization of mental illness age aging and mental health religion and mental health neighborhoods and mental health mental health and the law and public beliefs about mental illness

The World of Mental Health

2013-03-22

mental health practices and programs around the world face growing criticism from policymakers consumers and service providers for being ineffective overly reliant on treatment by professionals and overly focused on symptoms

many have called for new paradigms of mental health and new practices that can better support recovery community integration and adaptive functioning for persons diagnosed with psychiatric disabilities while there has recently been much discourse about transformation and recovery there has yet to be a critical and systematic review that unpacks the concept of mental health systems transformation or that examines strategies for how to create transformative change in mental health community psychology and community mental health provides empirical justification and a conceptual foundation for transformative change in mental health based on community psychology values and principles of ecology collaboration empowerment and social justice chapters provide strategies for making changes at the level of society policy organizations community settings and mental health practices the editors and authors draw from experience in different countries in recognition of the need to tailor change strategies to different contexts the common experiences of the international perspectives represented underscore the importance and the need for a new paradigm while demonstrating that there are many alternatives and opportunities for pursuing transformative change this book will be of interest to community mental health professionals researchers and students as well as policymakers administrators and those with lived experience of mental health issues

The Palgrave Handbook of American Mental Health Policy

2019-05-07

this challenging book describes a new approach to the provision of mental health service to a community taking as their theoretical basis the vulnerability stress model of mental illness the authors place their findings and recommendations in the wider context of mental health care provision and draw widely on international research in this field they insist on a rigorous approach to the provision and evaluation of care and use telling case studies to reveal the benefits as well as some of the difficulties that may be experienced the practical problem solving and cost effective approach described in this book will be of the greatest interest to health care professionals in whatever treatment setting they may be working

Encyclopedia of Mental Health

1998

Psychiatric and Mental Health Nursing

2013

Examining Mental Health through Social Constructionism

2017-09-26

Research in the Service of Mental Health

1975

Mental Health

2008-09-05

Mental Health

2019-08-17

Monitoring and Evaluation of Mental Health Policies and Plans

2007-11-07

The Introduction of a Mental Health Component Into Primary Health Care

1990

Mental Health in the Service of the Community

1967

Handbook of the Sociology of Mental Health

2013-08-27

The Psychology of Mental Health

1950

New Methods of Mental Health Care

1979

Community Psychology and Community Mental Health

2014-08-13

Integrated Mental Health Care

1993-04-22

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