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The Unexpected Journey of Caring The Lost Art of Caring Caring: The Compassion and Wisdom of Nursing Science of Caring Tender Caring The Heart of Care: Dignity in Action Caring for the Caregiver The Gift of Caring Ideologies of Caring Learn the Value of Caring Worlds of Care The Art of Caring Caring for Caring The Politics of Caring The Fundamentals of Caring The Selfish Pig's Guide To Caring The Good Caregiver The Good Caregiver Caring as Healing Caring for an Elderly Person at Home Tender Understanding Family Care Daughters Who Care Compassion and Caring in Nursing The Challenge of Caring for the Elderly The Encyclopedia of Elder Care Circles of Care Eldercare The Caregiver's Book Labours of Love Care, Grieve, Grow Caring Classics in Nursing The Challenge of Caring for the Elderly Healing Through Communication The AP Book of Caring Caring Words Quality of Care Under Medicare's Prospective Payment System The Compassionate Caregiver Self-Care Strategies for Family Caregivers

The Unexpected Journey of Caring

2019-06-05

with a foreword by judy woodruff the unexpected journey of caring is a practical guide to finding personal meaning in the 21st century care experience personal transformation is usually an experience we actively seek out not one that hunts us down becoming a caregiver is one transformation that comes at us requiring us to rethink everything we once knew everything changes responsibilities beliefs hopes expectations and relationships caregiving is not just a role reserved for saints eventually everyone is drafted into the caregiver role it s not a role people medically train for it s a new type of relationship initiated by a loved one s need for care and it s a role that cannot be quarantined to home because it infuses all aspects of our lives caregivers today find themselves in need of a crash course in new and unfamiliar skills they must not only care for a loved one but also access hidden community resources collaborate with medical professionals craft new narratives consistent with the changing nature of their care role coordinate care with family seek information and peer support using a variety of digital platforms and negotiate social support all while attempting to manage conflicts between work life and relationship roles the moments that mark us in the transition from loved one to caregiver matter because if we don t make sense of how we are being transformed we risk undervaluing our care experiences denying our evolving beliefs becoming trapped by other s misunderstandings and feeling underappreciated burned out and overwhelmed informed by original caregiver research and proven advocacy strategies this book speaks to caregiving as it unfolds in all of its confusion chaos and messiness readers won t find well intentioned clichés or care stereotypes in this book there are no promises to help caregivers return to a life they knew before caregiving no this book greets caregivers where they are in their journey new or chronic not where others expect or want them to be

The Lost Art of Caring

2003-05-01

in the lost art of caring leighton e cluff m d and robert h binstock ph d bring together experts to address the importance of caring the reasons why it has eroded and measures that can strengthen caring as provided by health professionals families communities and society

Caring: The Compassion and Wisdom of Nursing

1996-11-01

caring the compassion and wisdom of nursing is a collection of essays which will encourage nurses to consider more deeply what caring means to them to their patients to society and to their profession aimed at a wide audience of nurses this text is a valuable resource for all health professionals interested in caring and the arena in which it takes place the book looks at the cultural and historical origins of caring the practical and professional responsibilities which caring involves the personal and professional strengths necessary in order to care and the role which the arts and humanities play in promoting caring sensitivities this unique approach to the subject puts caring into a sharp and clear focus each chapter requires a different type of reflection and the various approaches together form an interesting picture of both the complexities and simplicities inherent in caring

Science of Caring

1993

a beautiful and important book that is both deeply engaging and usefully practical i loved it cathy rentzenbrink an insightful and well timed book forces us to confront the stereotypes and prejudices we hold sunday times profoundly important full of wisdom and bright insights on what it really means to love someone by a fearless and generous writer clover stroud a beautiful and timely reminder that each and every one of us has the ability to care the capacity for empathy and the potential to grow andy puddicombe founder of headspace a wonderful book compassionate honest carefully reasoned and genuinely helpful this will benefit many people katherine may author of wintering an invaluable tool for any invisible carers or anyone who wants to learn how to better support their loved ones we all have many many things to learn from penny s beautiful wise charming thoughtful words scarlett curtis sunday times bestselling author moving and beautifully written nuanced and wise alert to every paradox at the heart of love a hugely important book not only for current or future carers but anyone learning to accept that

life tends to resist our control olivia sudjic author of exposure tender captures the powerful capacity of people to care for others and all the heartbreaking and heartwarming complexity that this involves penny brings the crucial yet often overlooked role of caring into our collective consciousness and in doing so demonstrates what it means to be human dr emma hepburn author of a toolkit for modern life penny wincer s tender manages to combine both unromanticised honesty about the realities of care with a genuine uplifting hopefulness is a must read ruth whippman author of the pursuit of happiness we are all likely at some point in our lives to face the prospect of caring for another whether it s a parent child or partner it is estimated that there are 7 million people in the uk caring for loved ones and yet these are the unpaid unsung people whose number is rising all the time in tender the imperfect art of caring penny wincer combines her own experiences as a carer with the experiences of others to offer real and transformative tools and insights for navigating a situation that many of us are either facing or will face at some time penny wincer has twice been a carer first to her mother and now as a single parent to her autistic son tender shows how looking after oneself is a fundamental part of caring for another and describes the qualities that we can look to cultivate in ourselves through what may otherwise feel to be an exhausting task weaving her lived experience with research into resilience perfectionism and self compassion penny combines the stories of other carers alongside those who receive support offering an often surprising and hopeful perspective penny hosts a podcast not too busy to write

Tender

2020-06-11

looking after someone ill elderly or disabled can be physically and emotionally challenging especially if you are new to caring however you are not alone offering practical advice and drawing on the latest research in the field of caring this book helps you begin your journey as a carer simply written without unnecessary jargon this supportive guide will show you how to help the person in your care in a manner that fosters their independence dignity and self respect caring strategies are included for the physically disabled people with sensory impairments dementia patients and the mentally ill as well as the elderly you will also discover where to find financial help how to take good care of yourself and whom to turn to if you are a young carer this book gives you the knowledge you need to turn caring into a satisfying and rewarding experience enabling you to make a real difference to the life of the person in your care

Caring

2013-11

i felt like a caged animal this damning indictment by dame dorothy tutin of her treatment in hospital at the age of 70 propelled her daughter amanda waring into a crusade to ensure that all older people in care are treated with kindness compassion and dignity amanda is now a widely respected filmmaker public speaker and teacher specialising in dignified care of the elderly the heart of care distils her experiences covering such topics as the transition from home or hospital to care home creating person centred compassionate care homes coping with dementia creativity and activity in care honouring and celebrating our elders maintaining spiritual and emotional care the heart of care encourages all carers to look into themselves and question their attitudes prejudices and behaviour combining anecdote reminiscence practical advice and role model exercises that really work amanda waring gently motivates and educates us all to be better carers acknowledging that the path can be hard she includes tips and advice to keep carers engaged and motivated when the going gets tough as our population rapidly ages and more and more people find themselves researching options for care of the elderly and as lurid and disturbing stories about substandard care hit the headlines on a daily basis we all need to look closely at these issues essential reading for all who care for an elderly person whether stranger or loved one the heart of care promotes respect for the dignity and intrinsic worth of others regardless of age or disability

The Heart of Care: Dignity in Action

2012-04-01

care giving professionals are notoriously poor at looking after themselves they give part of themselves everyday see people at their lowest and most vulnerable as well as being exposed to the physical trauma they deal with acute psychological distress on a daily basis their own and of others learning to still follow your dreams and have personal goals many just put their life on a back burner and let others take over this is a dangerous trait as it leads

to unhappiness stress discontentment and burnout many great people are leaving all areas of caring because they feel they are running on empty giving excuses and blame for this to others will not change anything take charge of your life your choices and your outcomes this to a carer will sound selfish but in reality what is going to happen to your patients when you are absent minded make mistakes get upset or angry when you burnout and are no longer able to care for yourself or them looking after yourself is not a luxury it is a necessity being resilient knowing your boundaries and learning to say no are fundamental for your wellbeing and for your patients learn how to off load self sabotaging thoughts beliefs and habits choose what internal and external baggage you carry with you dump outdated thoughts replace them with a more positive protective and proactive outlook to achieve better outcomes caring for the wellbeing of others is a fundamental part of you but learning to care about yourself seems to take a lot of work seeing your needs wants and desires as equal to everyone else is a must by keep giving small pieces of yourself to everyone else when do you have time energy or inclination to give to yourself compassion fatigue is not acknowledge in the northern hemisphere but the feeling of running on empty is undoubtedly known to all professions volunteers and home carers it is a silent killer a demon that will take you emotionally psychologically and physically to exhaustion there are ways for you to feel better to learn to love yourself and to live the life you desire and deserve as well as giving to others you have to take control and get rid of outdated thoughts beliefs and habits to be not just the best professional you can be but the best person for you and for others

Caring for the Caregiver

2017-09-26

in a powerful blending of memoir and practical strategies from a medical doctor's perspective the gift of caring saving our parents and ourselves from the perils of modern healthcare reveals the hidden side of modern healthcare practices for aging americans this ground breaking book co written by award winning author marcy houle and nationally recognized geriatrician and public health advocate elizabeth eckstrom md mph sheds new light on aging by showing it from twin perspectives the story of a daughter desperately seeking help for the parents she loves and a geriatrician who offers life changing strategies that can protect our loved ones and ourselves today for many older adults the medical delivery system is confusing fragmented and ill equipped to provide comprehensive person centered care under our current healthcare model thousands of aging persons face unnecessary suffering hospitalizations and nursing home stays and even preventable death seniors and families often feel powerless as they travel this sad journey not having knowledge of aging's changes they resign themselves to believing there is nothing anyone can do to help while some health care professionals simply write off symptoms seniors endure as just old age but as marcy houle discovered in caring for her parents many of the problems often are not just old age further the real issue is not that the answers to ease suffering don't exist rather what we need to know is generally not available to the general public even more concerning many health care professionals have had little or no training in the care of older adults the gift of caring hopes to change that it is written to give empowerment to all older adults family members and health care professionals by sharing much needed knowledge and practical strategies the gift of caring shows the best ways to advocate for our parent's health care and our own by giving us the tools we need to insist upon the better way your parents and you deserve the best healthcare as you age but there are so many reasons why that's not happening you can change that

The Gift of Caring

2018-10-26

community care has long been the preferred policy for caring for dependent people this book first published in 1988 challenges accepted ideas about community care arguing that it is based on assumptions about an ideal model of family life which in practice disadvantages both disabled and older people and women carers alike new to this edition takes full account of major developments in community care since 1988 draws on an eclectic range of feminist historical and ethnographic sources proposes alternative and collective approaches to caring

Ideologies of Caring

1996-06-27

presents situations that demonstrate the meaning and importance of caring

Learn the Value of Caring

1987

the stories of fathers caring for non verbal children and how these experiences alter their understandings of care masculinity and living a full life vulnerable narratives of fatherhood are few and far between rarer still is an ethnography that delves into the practical and emotional realities of intensive caregiving grounded in the intimate everyday lives of men caring for children with major physical and intellectual disabilities worlds of care undertakes an exploration of how men shape their identities in the context of caregiving anthropologist aaron j jackson fuses ethnographic research and creative nonfiction to offer an evocative account of what is required for men to create habitable worlds and find some kind of normal when their circumstances are anything but combining stories from his fieldwork in north america with reflections on his own experience caring for his severely disabled son jackson argues that care has the potential to transform our understanding of who we are and how we relate to others

Worlds of Care

2021-04-06

no one wants to relegate our wisdom rich elders to the demeaning borders of our society still the idea of caring for our elders in their own homes can sometimes become overwhelming especially without proper guidance from those who have been there in a thoughtful guidebook tailored for just this purpose seasoned caregiver jane edwards offers philosophical reflections poignant stories and practical advice that will help anyone respect empower and treat elders as complete beings with the right to live their lives as independently as possible edwards who possesses forty five years of experience in caring for elders shares wisdom accompanied by touching real life stories that support her desire to ensure that those who wish to can remain in their homes in their later years through concise advice presented from the perspective of an outside caregiver edwards provides gentle guidance regarding many delicate topics that include navigating family dynamics creating end of life plans and meeting emotional and spiritual needs included is a list of family resources followed by a compilation of real life stories that provide a glimpse into the challenges joys and fun that accompany caring for an elder caring for caring shares advice stories and reflections from a caregiver who has made it her lifes mission to help elders remain as independentand cherishedas possible

The Art of Caring

1991

life affirming story of a disabled teenager and his clueless carer now a netflix drama starring paul rudd and selena gomez the first rule of caring is don t get emotionally involved so clueless carer ben probably shouldn t have agreed to drive stropy wheelchair bound teenager trevor 400 miles across america to reunite with his deadbeat dad especially when trevor s mother has absolutely forbidden it especially when a road trip like this could go so disastrously gloriously wrong funny life affirming and beautifully bittersweet this is the story of an unlikely friendship and the journey of a lifetime little miss sunshine meets rain man big hearted and funny and full of hope boston globe

Caring for Caring

2016-07-15

six million people in the uk often unnoticed by the rest of us provide unpaid care for disabled or elderly relatives friends or neighbours their job is long lonely and hard yet there is limited support and no formal training as a result carers suffer frequent damage to physical and mental health oddly though carers by definition are anything but selfish pigs they are liable to feelings of guilt probably brought on by fatigue and isolation so hugh marriott has written this book for them and also for the rest of us who don t know what being a carer is all about his aim is bring into the open everything he wishes he d been told when he first became a carer and he does the book airs such topics as sex thoughts of murder and dealing with the responses of friends and officials who fail to understand this is a must read for anyone involved with caring

The Politics of Caring

1987-08-01

a survival guide with an insider's perspective for the millions of unprepared caregivers of aging loved ones as americans are living longer an unprecedented number of people now require long term care during their last years more than 15 million adult children now care for their elderly parents and unsuspecting caregivers are usually unprepared financially emotionally and practically for the relentless job they will face in the good caregiver world renowned expert on aging and long term care dr robert kane provides a road map for caregiving more than just a professional expert dr kane draws on his personal experience of caring for his aging mother after she struggled from a debilitating stroke dr kane offers heartfelt advice for those learning how to best care for their loved one and how to make thoughtful informed decisions at each stage of the caring process how does a nursing home differ from assisted living how is a homemaker different from a home health aide how far can you trust a hospital discharge planner what services does medicare cover and much much more the good caregiver equips readers to deal more effectively with the challenges of day to day care and to navigate the system itself including legal financial and interpersonal hurdles filled with stories and sidebars from other caregivers the good caregiver offers a candid personal approach to caregiving providing fearless answers to difficult scenarios with humor and encouragement

The Fundamentals of Caring

2013-06

a survival guide with an insider's perspective for the millions of unprepared caregivers of aging loved ones as americans are living longer an unprecedented number of people now require long term care during their last years more than 15 million adult children now care for their elderly parents and unsuspecting caregivers are usually unprepared financially emotionally and practically for the relentless job they will face in the good caregiver world renowned expert on aging and long term care dr robert kane provides a road map for caregiving more than just a professional expert dr kane draws on his personal experience of caring for his aging mother after she struggled from a debilitating stroke dr kane offers heartfelt advice for those learning how to best care for their loved one and how to make thoughtful informed decisions at each stage of the caring process how does a nursing home differ from assisted living how is a homemaker different from a home health aide how far can you trust a hospital discharge planner what services does medicare cover and much much more the good caregiver equips readers to deal more effectively with the challenges of day to day care and to navigate the system itself including legal financial and interpersonal hurdles filled with stories and sidebars from other caregivers the good caregiver offers a candid personal approach to caregiving providing fearless answers to difficult scenarios with humor and encouragement

The Selfish Pig's Guide To Caring

2012-07-19

papers presented at the 15th international human caring research conference in portland oregon may 1993

The Good Caregiver

2011-03-01

are you caring for or intending to care for an elderly friend or relative and would like to make their life at home a viable and worthwhile alternative to residential care perhaps the prospect of caring seems overwhelming and you feel the need for some emotional or physical support then this book has been written for you my book is not aimed at care workers who are trained to care but at unpaid carers who are caring out of a sense of compassion family loyalty or out of love caring for an elderly person at home is not a textbook but a friendly guide based on my own experiences of caring for elderly people in their own homes i hope it will help with advice on the day to day tasks of caring and coping with important issues such as failing health poor mobility and financial matters you will also find advice on how to obtain professional help when necessary

The Good Caregiver

2011-03-01

integrates several perspectives to provide a more holistic understanding of the needs of caregivers in informal family care shedding light on the burdens and satisfactions of caring and the coping strategies of caregivers presents a new longitudinal model of caring and its various stages and discusses implications for policy and practice for practitioners and managers in health and social services as well as students of social science nursing gerontology and social work distributed by taylor and francis annotation copyright by book news inc portland or

Caring as Healing

1994

in the 1980s as the proportion of elderly people in the population grew steadily larger the task of looking after them would fall increasingly on one group daughters the government in promoting its move in social policy towards community care had stated that the family which in practice meant women must expect to provide the bulk of care in the future but how do women feel about this what impact does caring for others have on their own lives how might professional helpers better support them originally published in 1988 from in depth interviews with daughters who have looked after their mothers for varying numbers of years jane lewis and barbara meredith look at why it is that women come to care and consider the legacy of their caring experiences because caring is usually a labour of love the feelings that surround it are complicated and fraught with ambivalence in analysing these daughters who care explores the meaning of caring from the carer's point of view as well as examining the implications for professionals seeking to support the supporters carers themselves and those working with them professionally or as volunteers as well as students of community care social policies for the elderly and social psychology will all find this a stimulating approach to what is still an increasingly urgent issue

Caring for an Elderly Person at Home

2014-08-29

compassion in its many manifestations is the key to rediscovering what lies at the heart of nursing practice all over the world it is absolutely essential that nurses start to revisit compassion as a central focus for nursing practice this user friendly book adopts a patient centred approach to care the challenging theories are grounded in practical applications encouraging readers to recognise opportunities for change in their daily practice the book focuses on six key concepts central to compassionate care a

Tender

2020-06-11

warning you are about to learn the ultimate secrets of taking care of your elders are you lethargic when it comes to taking care of your old parents or maybe you care but you can't squeeze in the time to spend with them don't let this sheer lack of gratitude set a bad example for your children who will probably do the same one day finally you can now have instant access to an all in one eldercare guide to help you deal with your ageing parents learn some highly effective tips to make your elders feel special without stressing yourself out or sacrificing your health and truly feel good about it from within elder care is rewarding but not devoid of its challenges being a caregiver requires patience however you can develop most of the skills required to become a caregiver by reading the 103 page book the challenge of caring for the elderly in a very interesting readable manner this book explains exactly how you can take good care of your elders and see that they remain healthy and fit always

Understanding Family Care

1996

cs nurse gerontol

Daughters Who Care

2024-05-10

my parent needs help but refuses to consider a nursing home that's the dilemma facing millions of baby boomers today how can we ensure responsible compassionate even uplifting care for our aging parents at home mindfulness is key ann cason writes good care begins with watching and listening with entering the elder's world and accepting it drawing on decades of experience in caring for the elderly cason helps us understand how old age feels and how we can help then through exercises care studies and numerous examples and suggestions circles of care shows how to work out a plan of care assemble and foster a caregiving team create an uplifting daily routine and vary it creatively plan nutrition medical needs finances and outings improve the elder's personal care and physical environment ease conflicts between elders and their caregivers or families avoid caregiver burnout work with mood swings confusion and memory loss

Compassion and Caring in Nursing

2018-05-08

eldercare is the book written for those who care for their elderly loved ones while trying to care for themselves their households their jobs their children and their social obligations the book tackles every aspect of caregiving for the elderly including such topics as talking to the care recipient developing a game plan handling stress and depression dealing with siblings preparing the necessary documents handling the transition and stretching your money eldercare also provides a special section on home healthcare eldercare answers all the tough questions that you do not know to ask written by the owner managing director of an eldercare agency and former industry client he understands the incredible demands that caring for an elderly loved one places on you your family your relationships personal and professional and your bank account eldercare the essential guide to caring for your loved one and yourself will help you manage all these competing obligations it's the information caregivers want and need to know written from the perspective of an industry expert topics covered what to expect as you try to care for your loved one practical advice for those times when you want to give up real world advice for dealing with family members insights into some of the bureaucratic challenges of caring for the elderly tips on ways to stretch your caregiving dollars a special section on home health care

The Challenge of Caring for the Elderly

2010-04-02

this new edition to the willowgreen series explores the potential for renewal and spiritual growth in life's most challenging times the experience of aging the loss of a loved one the experience of caring for someone who is ailing or incapacitated features full color nature photos

The Encyclopedia of Elder Care

2001

over five years the author travelled the country speaking to charity workers doctors social workers in home carers nurses palliative care teams and parents to explore the value of care the hidden glue that binds us together she finds remarkable stories in gp surgeries in work undertaken by parents for their disabled children and in end of life teams that conjure a different way of imagining our society and the connections between us blending these testimonies with a history and language of care and with her own experiences of caring for the young and old in her family labours of love paints a portrait of our nation today and of how it might be

Circles of Care

2001-04-10

many in the baby boomer generation face the challenge of caring for their aging parents author karen fazio msg combines her professional experience in the eldercare and wellness fields with that of caring for her own parents to serve as an empathetic tour guide in care grieve grow caring for your aging parents while caring for yourself fazio

shares personal stories throughout the book as they relate to aging issues such as declining health care planning and senior living options she offers holistic methods for coping with the stress that comes with having to make decisions for parents during their elder years in addition she helps readers prepare emotionally for the loss of a parent while showing how this process can bring about a better understanding of who they are and what their purpose is in life those who find gail sheehy s passages in caregiving turning chaos into confidence and paul hogan s stages of senior care your step by step guide to making the best decisions helpful will appreciate this more personal complement to their work

Eldercare

2014-09-26

this is a core resource for nursing educators and students at all levels who seek fundamental perspectives on the art and science of caring the book is organized into nine sections providing an in depth analysis of the evolution of caring scholarship systematic reviews of the concept of caring theoretical perspectives middle range and grand theories seminal research studies research designs and methods practice models for the integration of caring within contemporary hospital based practice environments caring in communities and for the environment leadership and administrative issues

The Caregiver's Book

1996

becoming the key provider for an elderly loved one is a huge life altering step don t try to do it alone let this companion guide give you the help you need to make it through the difficult transition excerpt from back cover

Labours of Love

2013-11

montgomery offers a theory of caring grounded in both clinical practice and theory that advances caring as an intrinsic part of nursing demonstrating the depth and complexity of caring communication she describes the qualities and behavioral manifestations needed to communicate caring to the patient while admitting the emotional risks facing caregivers a model is presented which describes the support necessary within the health care system to sustain this level of communication and to help caregivers cope with these emotional demands

Care, Grieve, Grow

2013

as i stand at the threshold of this book i am acutely aware of the delicate yet profound journey we are about to embark on together the journey of caring for aging parents is one that many of us will inevitably face yet it remains a topic often shrouded in uncertainty and apprehension in writing this book my aim is not only to provide practical guidance and support but also to offer a beacon of light amidst the sometimes tumultuous waters of caregiving drawing upon my own experiences as well as insights gleaned from caregivers and professionals alike i hope to illuminate the path ahead and instill a sense of reassurance and empowerment within you the reader within these pages you will find a roadmap for navigating the complexities of aging from understanding the physical and emotional nuances of growing older to making difficult decisions about medical care and end of life preferences you will discover strategies for fostering open communication building a support network and maintaining your own well being amidst the demands of caregiving above all i invite you to approach this journey with an open heart and a willingness to embrace the challenges and joys that lie ahead for in caring for our aging parents we not only honor the love and sacrifices they have bestowed upon us but also embark on a profound journey of growth compassion and resilience may this book serve as a guiding light illuminating your path and offering solace and wisdom along the way

Caring Classics in Nursing

2009-11-16

this book offers five strategy sets for anyone serving as a family caregiver it may be of value for the sandwich generation who are caught caring for children as well as elderly parents for the spouse reeling from the responsibilities of caring for a partner who used to share the household load for siblings trying to look after each other as aging creeps in and for anyone trying to provide for the physical emotional and spiritual needs of others who can no longer do that for themselves i hope you find it a valuable resource too for your journey as a caregiver

The Challenge of Caring for the Elderly

1993-05-05

Healing Through Communication

1995-01-01

The AP Book of Caring

1993

Caring Words

1986

Quality of Care Under Medicare's Prospective Payment System

2024-03-14

The Compassionate Caregiver

2019-08-07

Self-Care Strategies for Family Caregivers

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