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A Short Introduction to Understanding and Supporting Children and Young People Who Self-Harm Parenting OCD A Short Introduction to Helping Young People Manage Anxiety Responding to Self-Harm in Children and Adolescents Hidden Self-Harm Deliberate Self-Harm in Adolescence Working with Adult Abuse Introducing Mental Health West's South Eastern Reporter Eating Disorder Recovery Handbook Children and Adolescents in Trauma By Their Own Young Hand New Approaches to Preventing Suicide Understanding and Working with People with Learning Disabilities Who Self-Injure A Multidisciplinary Handbook of Child and Adolescent Mental Health for Front-line Professionals The Social Worker's Guide to Child and Adolescent Mental Health Exploring Bullying with Adults with Autism and Asperger Syndrome Child Welfare Services Working with Drug and Alcohol Users Environmental License Plate Numbers as of ... Improving the Health of Children and Young People in Public Care Equipment for Older Or Disabled People and the Law Art Therapy and Anger A Practical Guide to Caring for Children and Teenagers with Attachment Difficulties Studies in French Literature Presented to H. W. Lawton by Colleagues, Pupils and Friends Living with Emetophobia Substance Misuse Counselling Adult Survivors of Child Sexual Abuse The Seduction of Children Smith's Anesthesia for Infants and Children English Mechanic and Mirror of Science Elder Abuse Work Child Protection, Domestic Violence and Parental Substance Misuse Mothering Through Domestic Violence How to Give Clients the Skills to Stop Panic Attacks The Child's World Good Practice in Risk Assessment and Risk Management Safeguarding Babies and Very Young Children from Abuse and Neglect English Mechanic and Mirror of Science and Art Psychodynamic Perspectives on Abuse

A Short Introduction to Understanding and Supporting Children and Young People Who Self-Harm

2012

self harm and suicidal behaviors are increasingly common in young people but are often hidden a short introduction to helping children and young people who self harm aims to show parents caregivers and professionals how they can support young people through these difficult times as well as how to find specialist professional help the author uses an easy to read jargon free and positive approach to tackle the stigma attached to self harm and suicidal behavior this book combines case studies with professional advice to help the reader take the first steps towards helping the young person in need it advises on how to distinguish between normal adolescent behavior and the signs of mental health problems while showing how an adult can sensitively communicate with a teenager about the difficult subject the book also emphasizes the importance of parents and caregivers seeking support for themselves this book will be an invaluable resource for parents teachers youth workers and others who care for a young person showing signs of self harm or suicidal behavior

Parenting OCD

2014-12-21

when your child has ocd your world can turn upside down and inside out claire sanders has been managing her son s severe ocd for more than 8 years and although there are no quick fixes she has learnt a few tips along the way these cover what is involved in getting a diagnosis what to expect in therapy how to cope with panic attacks how it might affect the rest of your family and how you might feel as a parent she talks with honesty and humour about these and many other aspects of her son s illness providing practical advice and insight from one parent to another this is a must read for any parent or carer who has a child with ocd it is the equivalent of a comforting chat with a friend who has been through it all before and can reassure you that you are not alone

A Short Introduction to Helping Young People Manage Anxiety

2015-02-21

anxiety is an increasingly common problem in young people but there are many different causes and types and it can be difficult to know where to start in order to understand it and know how best to help this easy to read guide provides information about the different types of anxiety and why some young people experience anxiety and is full of advice and tips on how to help and support young people as well as common types of anxiety such as generalised anxiety disorder and social anxiety disorder it also covers issues or disorders that can occur alongside anxiety such as depression self harm and obsessive compulsive disorder case studies feature throughout the book to illustrate real life situations and the book includes self help tips for young people to help them manage their anxiety this is an ideal short introduction to anxiety in young people and how to help and support young people to manage and cope with anxiety

Responding to Self-Harm in Children and Adolescents

2012

this is a practical guide for professionals on understanding and responding to self harm in children and adolescents it includes information about what self harm is and who is likely to self harm and provides practical advice on how to identify self harm how to respond and intervene and how to support the child or young person

Hidden Self-Harm

2002-11-10

this practical and accessible book of case studies takes a new look at self harm focusing particularly on the under explored area of hidden self harming behaviour these behaviours may not be immediately identifiable as self harm by counsellors

therapists or their clients but Maggie Turp shows how recognition and understanding of hidden self-harm can improve practice with those affected. The author begins by discussing extracts from infant observation studies that reflect on the role of maternal care in encouraging the tendency towards self-care. A series of detailed case studies follows, including a client who has a serious eating disorder, a client who abuses recreational drugs works excessively to the detriment of his mental and physical health and sustains a series of unconsciously invited accidents, and one caught up in self-harm by omission who fails to take care and delays seeking vital medical care. The clinical accounts highlight the importance of attending to the client as a whole person and of building on the self-caring tendency that has prompted him or her to seek help in the form of counselling or psychotherapy. Written from a psychoanalytic perspective but using straightforward language, *Hidden Self-Harm* is a valuable resource for social workers, psychologists, teachers, nurses and lay helpers as well as for counsellors and psychotherapists.

Deliberate Self-Harm in Adolescence

2004-06-15

Self-harm in adolescence and late teens is known to be increasing though it is difficult to detect and inconsistently recorded. This thorough, practical and evidence-based book provides guidance for professionals and parents caring for children and young people at risk of self-harm and suicide. Claudine Fox and Keith Hawton discuss risk factors for self-harm, including depression, substance abuse and antisocial behaviour, and critically examine key screening instruments that can be used to assess risk. They describe how suicidal behaviour can be managed and prevented and look at the effectiveness of aftercare treatment for those who self-harm, including school-based suicide prevention programs and family therapy. Also addressed are common myths about self-harm and the problem of varying definitions in this field. *Deliberate Self-Harm in Adolescence* clearly summarizes and evaluates current research into suicidal behaviour. It is essential reading for social workers, mental health professionals, GPs, teachers and parents.

Working with Adult Abuse

2007-05-15

the manual is written in an accessible format with ample exercises and handouts all designed for easy photocopying its great advantage is the material's transferability across all disciplines making it applicable to all professionals working with vulnerable adults each chapter offers an introductory discussion of a particular topic or question such as how to identify different types of adult abuse and how to discuss and respond to a disclosure highlighting the difficulties that may be associated with such a sensitive discussion her classification of what constitutes different types of abuse in relation to differing ages genders ethnicities and cultures is sophisticated yet accessible offering depth while avoiding stereotyping in my view this is an ideal resource for training of support workers nurses social workers care managers training officers police officers and students of these subjects if such training can be interagency and interprofessional then this is likely to provide even greater benefits the author journal compilation comprehensively engages with all aspects of adult protection work from suspecting or making an allegation that abuse is happening through to the investigation and case conference stages it achieves comprehensiveness by including consideration of risk assessment but manages to do this by providing materials for both basic awareness training through to more advanced and in depth training the resource covers specific sections of society such as older people younger people black and minority ethnic people and specialised chapters including additional training materials and case studies the material achieves clarity in the theoretical framework and helps the participant to work through what the theory means for practice exercises handouts key learning points case examples and suggested reading are all part of this approach leveson centre newsletter working with adult abuse is a comprehensive training resource which can be used by anyone who works with vulnerable adults across the sectors statutory voluntary and independent it can be used by people who have a responsibility for training within any organisation but also by any individual worker or student the resource covers all aspects of adult protection work from suspecting or making an allegation that abuse is happening in the community or in a communal setting through to the investigation and case conference stages including consideration of risk assessment and the development of protection plans in doing so it provides materials for basic awareness training courses through to more advanced and in depth training practical advice is presented within the historical context of adult abuse guidance and policy development this is complemented by specialised chapters on the

abuse of specific sections of society such as older people younger adults and black and minority ethnic people which provide additional training materials and case studies each chapter offers an introductory discussion of a particular topic or question such as exactly what constitutes adult abuse how to respond to a disclosure of abuse when to report abuse and to whom exercises handouts key learning points case examples and suggested reading are also included the resource which is presented in a large a4 format includes a wealth of photocopiable materials this is an ideal resource for the training of social workers care managers and workers training officers police officers students of social work and those undergoing nvq or post qualification training it will also be helpful to unqualified staff such as home carers residential staff and support workers

Introducing Mental Health

2006

the authors explain key concepts in easily understandable language accessible even to those with no prior knowledge of the subject they detail the major mental health disorders and the issues and implications surrounding them and include separate chapters on personality disorder dual diagnosis and self harm

West's South Eastern Reporter

2000

this empathetic handbook has been created for people affected by any form of disordered eating thoughtfully compiled by experienced authors it will be a comprehensive guide through every stage of your recovery from recognising and understanding your disorder and learning fully about treatment to self help tools and practical advice for maintaining recovery and looking to the future each chapter includes suggested objectives tasks and reflections which are designed to help you think about engage with and express your thoughts feelings and behaviours it will encourage you to process the discoveries you make about yourself for positive and long lasting change encouraging quotes are included throughout from people who have walked this path and found the help they needed to overcome their own disordered eating you are not

alone on this journey

Eating Disorder Recovery Handbook

2016-10-21

children and adolescents in trauma presents a variety of creative approaches to working with young people in residential children's homes secure or psychiatric units and special schools the contributors describe a wide range of approaches including art therapy and literature and how creative methods are applied in cases of abuse trauma violence self harm and identity development they discuss the impact of abuse and mistreatment upon the mental health of looked after children drawing links between psychoanalytic theory and practice and the study of literature and the arts this indispensable book provides useful insights and a fresh perspective for anyone working with traumatised children and adolescents including social workers psychotherapists arts therapists psychiatrists counsellors psychologists and students in these fields

Children and Adolescents in Trauma

2010-01-15

self harm in adolescents is an increasingly recognized problem and there is growing awareness of the important role schools and health services can play in detecting and supporting those at risk by their own young hand explores the findings of the first large scale survey of deliberate self harm and suicidal thinking in adolescents in the uk and draws out the implications for prevention strategies and mental health promotion six thousand young people were asked about their experiences of self harm the coping methods they use and their attitudes to the help and support available the authors identify the risk and protective factors for self harm exploring why some adolescents with suicidal thoughts go on to harm themselves while others do not what motivates some young people to seek help and whether distressed teenagers feel they receive the support they need by their own young hand offers practical advice on how schools can detect young people at risk cope with the aftermath of self harm or attempted suicide and develop training programmes for teachers it also examines the roles of

self help telephone helplines email counselling and walk in crisis centres packed with adolescents own personal accounts and perspectives this accessible overview will be essential reading for teachers social workers and mental health professionals

By Their Own Young Hand

2006-06-15

this book explores the links between self harm and suicide and presents international approaches to training in suicide prevention for professionals it debates the legality and morality of assisted self harm and analyse the rate and causes of suicide among specific groups people in custody and people with mental illnesses

New Approaches to Preventing Suicide

2004

this book looks at ways of improving care provision for people with learning disabilities who self injure the first part of the book sets out the theories behind psychological approaches to understanding self injury and in the second half case studies and practice pointers propose ways of improving direct care

Understanding and Working with People with Learning Disabilities Who Self-Injure

2012-11-15

this fully updated edition of a multidisciplinary handbook of child and adolescent mental health for front line professionals is

an accessible introduction to child mental health covering the nature prevalence treatment and management of mental health problems in children and young people the authors explore issues such as assessing and meeting the mental health needs of young people specific mental health problems such as attention deficit hyperactivity disorder adhd and learning difficulties and legal aspects of working with child mental health they also assess diversity issues as an integral part of practice and highlight practice issues for readers the book contains illustrative case studies and self directed exercises and outlines the services available to children with mental health problems this second edition also includes additional material on working with culture and diversity plus the latest clinical guidelines and current medication this handbook is an invaluable resource for students trainers and professionals working with children with mental health problems in a medical and non medical environment as well as parents wanting to know more about the subject

A Multidisciplinary Handbook of Child and Adolescent Mental Health for Front-line Professionals

2008-09-15

also included are case examples reflective activities and practical exercises to underpin theory and knowledge

The Social Worker's Guide to Child and Adolescent Mental Health

2011

bullying is a serious and pervasive issue for people with autism and asperger syndrome this photocopiable workbook encourages adults who have been involved with bullying as either victims or perpetrators to explore what bullying is the effects it can have and how it can be tackled successfully in this accessible and jargon free book with a wealth of case studies and summaries readers are invited to consider the thoughts feelings and actions associated with bullying and offered helpful strategies for dealing with it the book comprises a general introduction to bullying followed by sections that examine

the issue from the perspectives of victim and perpetrator this dual approach is designed to stamp out the problem at its source the bully rather than simply supporting the victim it also recognises that while people on the spectrum are all too often bullied for being different character traits such as difficulty with empathy mean they may unintentionally bully others this practical book can be worked through independently or with any of the wide range of professionals involved in supporting an adult with autism or asperger syndrome and other learning disabilities to reach a new level of understanding about bullying

Exploring Bullying with Adults with Autism and Asperger Syndrome

2010-08-15

the contributors to this book provide a comprehensive review of child care policy and practice they present evaluations and critiques of new or impending legislation and policies and describe innovative services for children and young people who are deemed to be in need of protection care or control as a result of abandonment neglect ill treatment offending or other difficulties they also examine changes in adoption law where such issues as placement policies in relation to children from ethnic minorities intercountry adoption and the trend towards greater openness have become prominent and controversial in recent years

Child Welfare Services

1996-01-01

working with drug and alcohol users provides an accessible guide to substance use and working with substance users using transactional analysis theory the author explains why some people use substances exploring different personality types and covers the basic components of drug counseling the book then outlines different counseling techniques used to treat and manage substance users using transactional analysis models these include motivational interviewing harm reduction counseling drug use ambivalence work and relapse process work a chapter on teenage drug users is also included case

examples feature throughout to demonstrate the ideas in practice this will be an essential guide for all those working with drug and alcohol users including counselors psychotherapists psychologists and support workers

Working with Drug and Alcohol Users

2012-09-15

this manual supports the health training of residential and field social workers and foster carers

Environmental License Plate Numbers as of ...

1991

this comprehensive book explains the provision both law and practice of equipment and home adaptations to assist older or disabled people in daily living characterised by ill defined statutory responsibilities and terminology and an under developed consumer retail market the system of provision has long been recognised as chaotic and confusing for professionals and public alike this is despite the fact that equipment and adaptations are meant to be a central plank of community care necessarily wide ranging but maintaining its focus the book aims critically to describe the system and thereby promote better practice by exploring boundaries and breaking points it will assist people to understand the law when things go wrong from negligence to judicial review and from contract to product safety legislation the range of items covered is great from alarms to artificial limbs baths to bedrooms chopping boards to crutches electronic toothbrushes to environmental controls hearing aids to hoists incontinence pads to ironing equipment rails to ramps speech aids to stairlifts and walking frames to wheelchairs

Improving the Health of Children and Young People in Public Care

1999

professionals working in a range of clinical settings are regularly called upon to work with angry clients and they may find their skills and resources for working with this powerful emotion limited art therapy and anger demonstrates how the non verbal medium of art therapy provides an ideal outlet for the expression of thoughts and feelings that are too complex and painful to put into words presenting a new and practical approach to dealing with this area of need marian liebmann argues that clients of all ages will benefit from the art making process which helps them to slow down and consider their emotions more calmly the tangible product of their efforts allows clients to assess and react to what they have depicted providing a lucid and safe framework for better understanding the causes and effects of their anger this book draws together contributions from art therapists who work in a wide variety of contexts including work with offenders mental health clients clients with brain injury and those with cancer with the view of helping clients to manage their anger more constructively this positive practical volume will be of great interest to art therapists and students as well as practitioners working with angry clients in various fields such as mental health probation counselling and medicine

Equipment for Older Or Disabled People and the Law

1997

this book guides childcare professionals through attachment theory and provides techniques for caring for children with attachment difficulties it explains what attachment is what different patterns of attachment look like in children and young people how early attachment experiences affect their lives and how this understanding can help childcare workers to develop therapeutic ways of caring by understanding these issues childcare workers are better equipped to help and support the troubled children they care for this book shows how to promote recovery through secure base experiences in a therapeutic environment and provides solutions and methods to tackle challenging and problem behaviour anger and the effects of trauma in children with attachment problems this essential book will be invaluable to professionals such as

residential carers social workers and foster carers who work in a therapeutic environment with vulnerable and troubled children and young people

Art Therapy and Anger

2008-06-15

emetophobia the fear of vomiting can affect just about every aspect of sufferer s life from everyday considerations to matters that involve making huge potentially devastating decisions the author suggests strategies for coping with the high levels of anxiety that are intrinsic to the phobia as well as pre empting and avoiding anxiety attacks

A Practical Guide to Caring for Children and Teenagers with Attachment Difficulties

2010-02-15

here leading international contributors outline holistic and specialist approaches to policy and practice and highlight the shift in emphasis from immediate risk minimization of substance misuse to long term recovery the importance of prevention and the pivotal role of workforce development

Studies in French Literature Presented to H. W. Lawton by Colleagues, Pupils and Friends

1968

this updated and expanded edition provides comprehensive coverage of the theory and practice of counselling survivors of

child sexual abuse csa in a reasoned and thoughtful approach this book honestly addresses the complex issues in this important area of work providing practical strategies valuable and new insights for counsellors

Living with Emetophobia

2007

this informative book offers practical strategies for the protection of children that anyone involved in the life of a child will find indispensable providing the reader with an understanding of typical normative sexual development in children the author enables parents and teachers to recognize the warning signs of sexual abuse

Substance Misuse

2010

written and edited by renowned experts in pediatric anesthesia smith s anesthesia for infants and children provides clear concise guidance on effective perioperative care for any type of pediatric surgery the 10th edition contains significantly revised content throughout bringing you fully up to date with recent advances in clinical and basic science that have led to changes in today s clinical practice offers comprehensive coverage of physiology pharmacology and clinical anesthetic management of infants and children of all ages contains new chapters on airway physiology and development normal and difficult airway management ultrasound acute pain management chronic pain management palliative pain management infectious diseases and education plus extensively revised content on cardiovascular physiology induction maintenance and recovery organ transplantation and more features more than 100 video demonstrations including regional anesthesia videos echocardiograms of congenital heart lesions anatomic dissections of various congenital heart specimens with audio explanations various pediatric surgical operative procedures airway management and much more provides outstanding visual guidance throughout including full color photographs drawings graphs and charts and radiographic images includes quick reference appendices online drug dosages growth curves normal values for pulmonary function tests and a listing of

common and uncommon syndromes provides an interactive question bank online for review and self assessment

Counselling Adult Survivors of Child Sexual Abuse

2006

the abuse neglect and exploitation of older people in community and residential care settings is increasingly being recognised and addressed as a serious social concern in Britain and Canada. *Elder Abuse Work* gives an overview of the developments and issues in both countries and draws out good practice guidelines.

The Seduction of Children

2004

This book draws on a wide range of evidence to explore the facts about the relationship between substance misuse and domestic violence and their effect on children and examines the response of children's services when there are concerns about the safety and welfare of children. It reveals the vulnerability of these children and the extent to which domestic violence, parental alcohol or parental drug misuse impact on children's health and development, affect the adults' capacity to undertake key parenting tasks and influence the response of wider family and the community. It includes parents' own voices and allows them to explain what help they feel would best support families in similar situations. The authors explore the extent to which current local authority plans, procedures, joint protocols and training support information sharing and collaborative working emphasising the importance of an holistic inter-agency approach to assessment, planning and service provision. The authors draw from the findings implications for policy and practice in both children and adult services. This book is essential reading for all professionals working to promote the welfare and wellbeing of children and those working with vulnerable adults, many of whom are parents.

Smith's Anesthesia for Infants and Children

2021-11-30

research into children and domestic violence in recent years has emphasized the importance of giving positive support to a non abusive parent for effective child protection but what exactly does positive support involve based on findings from six primary research studies carried out by the authors themselves as well as other published research this book reveals how undermining mothering specifically family courts and social work agencies blaming mothers for their own victimization plays a key role in locking women into abusive relationships and exacerbating the damage done by domestic violence it explores the principle message drawn from the research that the needs of individual victims should inform risk assessment and safety planning by welfare practitioners case studies are used to explore key issues that should be considered during assessment and planning such as the psychological impact on children of living in an abusive household mother and child protection from an abusive partner during court proceedings and child contact with an abusive parent mothering through domestic violence is essential reading for practitioners working in the fields of family and child welfare family courts and policy makers

English Mechanic and Mirror of Science

1870

helps professionals teach lifestyle change and mind body relaxation as ways to prevent and abort a panic attack original

Elder Abuse Work

1999-01-01

rev ed of the child s world assessing children in need 2001

Child Protection, Domestic Violence and Parental Substance Misuse

2007

this book examines the key issues and methods of risk measurement and management a variety of social care settings are included with examples of practice

Mothering Through Domestic Violence

2006-07-15

this book examines child protection issues in relation to babies and young children at risk of abuse based on a study which followed babies until they were 3 years old it examines how safeguarding decisions are made and how they impact upon the lives of the children including their development it provides key messages for policy and practice

How to Give Clients the Skills to Stop Panic Attacks

2012

abuse is defined broadly and considered as a widespread phenomenon with a variety of manifestations and contexts its consequences and the responses it may provoke are discussed in detail with reference to three areas in the personal context the impact of abuse on an individual s development emotional life and ability to participate in society is addressed in the workplace where the focus is upon working relationships and organizational goals abuse may cause stress undermine effectiveness and lead to legal redress thus it involves a different set of problems and requires different treatment in relation to society as a whole the threat which abuse poses and the factors which determine policy are evaluated psychodynamic perspectives on abuse is unique in its range and focus providing the cross disciplinary approach to this problem which is essential for developing strategies to deal with it at all levels

The Child's World

2010

Good Practice in Risk Assessment and Risk Management

1996

Safeguarding Babies and Very Young Children from Abuse and Neglect

2012

English Mechanic and Mirror of Science and Art

1880

Psychodynamic Perspectives on Abuse

2000

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