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Rick Steves Germany 2018 The Green Cure Hidden Agender Big Tech Tyrants Playing on an Uneven Field Wow! I'm 80! Tanzania Safari Guide Proceedings of the 3rd International Conference on Green Energy, Environment and Sustainable Development (GEESD2022) Girls to the Rescue Coral Reef Restoration in a Changing World: Science-based Solutions The Blitz Companion Agrobiodiversity, School Gardens and Healthy Diets Wrecking Ball The Truths We Hold Rebuilding Communities After Displacement Wildness and Wellbeing Willing's Press Guide and Advertisers' Directory and Handbook BOB FOUNDATION Sustainable Water Management in Buildings Spirituals and the Birth of a Black Entertainment Industry Socially Engaged Public Art in East Asia Middle Eastern Television Drama Amateur Gardening Tony Lazzeri Helping Skills for Human Service Workers (4th Ed.) The Integrative Physiology of Metabolic Downstates Rethinking Third Places Sustainability Made Simple Ageing Masculinities in Contemporary European and Anglophone Cinema Millicent Garrett Fawcett Insight Guides Explore London (Travel Guide eBook) Perfect Company Iv Decolonizing Discipline Indigenous Health and Well-Being in the COVID-19 Pandemic Televising Chineseness Urban Agroecology History of Philadelphia, 1609-1884 Pioneer Mother Monuments Rick Steves Scandinavia The Railway World

Rick Steves Germany 2018 2018-01-02 from fairy tale castles and alpine forests to quaint villages and modern cities with rick steves on your side germany can be yours inside rick steves germany 2018 you'll find comprehensive coverage for planning a multi week trip through germany rick's strategic advice on how to get the most out of your time and money with rankings of his must see favorites top sights and hidden gems from the towering zugspitze and jagged alps to rustic villages and perfect strudel how to connect with local culture wander a kristkindlemarkt full of artisan holiday gifts chat with fans about the latest fussball match or strike up a conversation over a glass of berlinerweisse beat the crowds skip the lines and avoid tourist traps with rick's candid humorous insight the best places to eat sleep and relax self guided walking tours of lively neighborhoods and museums vital trip planning tools like how to link destinations build your itinerary and get from place to place detailed maps including a fold out map for exploring on the go useful resources including a packing list german phrasebook a historical overview and recommended reading over 1 000 bible thin pages include everything worth seeing without weighing you down annually updated information on munich bavaria tirol salzburg berchtesgaden baden baden the black forest rothenburg würzburg frankfurt rhine valley mosel valley trier cologne nürnberg lutherland leipzig dresden berlin hamburg and more make the most of every day and every dollar with rick steves germany 2018 planning a one to two week trip check out rick steves best of germany staying for a week or less try rick steves pocket munich salzburg

The Green Cure 2019-02-12 discover how going outdoors and spending time in nature from forest bathing to a walk in the park provides a simple and powerful way to improve your health and wellbeing what we all know on an intuitive level is a scientific truth the simple act of going outside is good for us really good for us it has been shown to have a positive effect on a huge number of health conditions and issues from diabetes to depression anxiety to arteriosclerosis down to earth and relevant the green cure shows you that you don't need a lot of fancy equipment or holidays to heal your body and mind an afternoon stroll among trees in the park a dip in the ocean or sinking your bare feet in the mud might change your life each chapter combines anecdotes and literature alongside recent medical and scientific discoveries to show how nature can heal us the book also includes prescriptions for how to use the information in realistic easy ways so you too can enjoy the beneficial shift within that simply going outdoors can bring you

Hidden Agender 2021-04-19 in hidden agender gerard casey develops a timely and provocative defence of free speech and toleration against the transgenderist ideology that has infiltrated so much of the media the political establishment and the law opposing ideas not individuals hidden agender provides a compelling critique of the transgender ideologists and trans activists and the new reactionary form of legal intolerance of our right to free thought and free speech as a libertarian casey believes that we should be free to say and do whatever we wish provided that in so doing we do not perpetrate violence or threaten to perpetrate violence against the person or property of another the fundamental objection is rather to individuals being forced on pain of legal or social sanctions to believe or to pretend to believe what to them is patently false namely that a man can become a woman or a woman a man and to be legally obliged to treat those who claim to have transitioned from one sex to another as if they really had managed to do so drawing on extensive research both scientific and anecdotal hidden agender is a robust defence of free speech and tolerance against the combined forces of prejudice wokeness and legal intimidation

Big Tech Tyrants 2019-09-03 they are driven without respect for the lives they are changing boy kings or big tech tyrants are considered the most powerful individuals in the world they're the autocratic aristocrats who run the tech giants in silicon valley and if the labels are accurate

they suggest these social platform operators have gained a non elected or should we say a self elected authoritarian power they wield it with more effectiveness and precision than any sitting government or military strategist big tech tyrants boast riches beyond emperors of old but act like juveniles who don t want to grow up they are modern day robber barons big tech tyrants don t know the meaning of privacy when it comes to you they try to make you believe they will give their products away for free as a service to society when really they are vacuuming your personal data they use this data to discover your deepest secrets are you or your partner trying to get pregnant are you underwater financially are you having an extramarital affair do you have a tidy nest egg are you a trump supporter are you a bernie sanders follower are you a scientologist mormon christian or buddhist your personal data is extremely valuable to them and they use it and abuse these tyrants knowingly addict users to make more money not only that they also consider themselves the most enlightened the world has ever seen so they know what s best for you to see from the news and information you read to the political candidates they think you should vote for they censor news and only let you see what they want you to see this is an eye opening must read for anyone living in the twenty first century

Playing on an Uneven Field 2019-05-30 we expect sports to be fair and equal everyone who tries out has a chance to play and everyone who plays hard has a chance to win but is that really true in reality female athletes are paid far less than their male counterparts youth sports often cost too much for many families to participate in african american athletes continue to face discrimination both on and off the field adaptive sports are considered to be only for those with disabilities but there are signs of progress as sports organizations try to promote equality and fairness this study explores the intricacies of inclusion and exclusion in sports

Wow! I'm 80! 2019-08-29 when i reached my 80th birthday i was reminded of my thinking when i was in my late 30 s and my father was 72 he proudly stated he was a member of score service corps of retired executives and was helping local businesses i had difficulty believing he was capable of helping others based on his advanced age in retrospect i now realize he was almost 10 years younger than i am so i am documenting to share with others what someone in his 80 s can do

Tanzania Safari Guide 2023-05-05 this new thoroughly updated ninth edition of bradt s tanzania safari guide remains the only practical guidebook to the country that reflects tourism s shift away from backpackers and budget camping safaris to upper end and mid range safaris and beach holidays unlike other guidebooks the main focus is practical information about tanzania s peerless collection of national parks game reserves and other safari destinations including the serengeti ngorongoro crater tarangire ruaha katavi gombe stream mahale mountains and four new national parks designated in 2019 including nyerere which encompasses much of the former selous game reserve and is thought africa s largest national park every major reserve is given a dedicated chapter detailing its ecology wildlife accommodation options game drives and other activities written by acknowledged africa experts and prolific guidebook writers philip briggs and chris mcintyre bradt s tanzania safari guide also focuses on other popular and off the beaten track tourist attractions including mount kilimanjaro the spice island of zanzibar and the mysterious kilwa ruins and kondo rock art unesco world heritage sites often relegated to the small print of other guides accommodation listings for the safari destinations are the most detailed and authoritative available the authors weeding through the ever growing number of lodges and camps to create a critically selective list of the best properties in every price bracket upmarket mid range and budget meanwhile a 48 page wildlife colour field guide details all species a visitor

can expect to find on a safari since the mid 1980s when only basic camping safaris were feasible tanzania has grown to be one of africa s top safari destinations this new edition actively responds to this evolution by focusing on the country mainly as a safari and short stay fly in holiday destination it also reflects the growing trend away from large lodges towards small exclusive eco friendly camps in remote parts of national parks and bordering community concessions beyond spectacular year round game viewing tanzania is one of africa s most varied countries its long palm fringed coastline offering post safari relaxation and complemented by the great rift valley portions of africa s three largest lakes and impressive mountains use this guide to discover everything tanzania has to offer

Proceedings of the 3rd International Conference on Green Energy, Environment and Sustainable Development (GEESD2022) 2022-10-14 with the general acknowledgement that climate change constitutes an existential threat to both mankind and to the planet the quest for more sustainable and environmentally friendly ways of developing and maintaining human civilizations has become ever more important in recent years this book presents the proceedings of geesd2022 the 3rd international conference on green energy environment and sustainable development due to continuing travel restrictions as a result of the covid 19 pandemic the conference was held as a hybrid event part face to face in beijing china and partly online via zoom on 29 june 2022 the 141 papers included here were selected after a rigorous 6 month process of evaluation and peer review from the more than 300 submissions received and are grouped into 7 sections energy system and smart control sustainable and green energy environmental modeling and simulation environmental science and pollution research ecology and rural environment building and environment and water and mineral resources the book provides an overview of the most up to date findings and technologies current in green energy environment and sustainable development today and will be of interest to all those working in the field

Girls to the Rescue 2020-05-11 during world war i as young men journeyed overseas to battle american women maintained the home front by knitting fundraising and conserving supplies these became daily chores for young girls but many longed to be part of a larger more glorious war effort and some were a new genre of young adult books entered the market written specifically with the young girls of the war period in mind and demonstrating the wartime activities of women and girls all over the world through fiction girls could catch spies cross battlefields man machine guns and blow up bridges these adventurous heroines were contemporary feminist role models creating avenues of leadership for women and inspiring individualism and self discovery the work presented here analyzes the powerful messages in such literature how it created awareness and grappled with the engagement of real girls in the united states and allied war effort and how it reflects their contemporaries awareness of girls importance

Coral Reef Restoration in a Changing World: Science-based Solutions 2022-06-14 the blitz companion offers a unique overview of a century of aerial warfare its impact on cities and the people who lived in them it tells the story of aerial warfare from the earliest bombing raids and in world war 1 through to the london blitz and allied bombings of europe and japan these are compared with more recent american air campaigns over cambodia and vietnam in the 1960s and 1970s the nato bombings during the balkan wars of the 1990s and subsequent bombings in the aftermath of 9 11 beginning with the premonitions and predictions of air warfare and its terrible consequences the book focuses on air raids precautions evacuation and preparations for total war and resilience both of citizens and of cities the legacies of air raids from reconstruction to commemoration are also discussed while a key theme of the book is the futility of many air campaigns care is taken to situate them in their historical context the blitz

companion also includes a guide to documentary and visual resources for students and general readers uniquely accessible comparative and broad in scope this book draws key conclusions about civilian experience in the twentieth century and what these might mean for military engagement and civil reconstruction processes once conflicts have been resolved *The Blitz Companion* 2019-04-02 this book critically assesses the role of agrobiodiversity in school gardens and its contribution to diversifying diets promoting healthy eating habits and improving nutrition among schoolchildren as well as other benefits relating to climate change adaptation ecoliteracy and greening school spaces many schoolchildren suffer from various forms of malnutrition and it is important to address their nutritional status given the effects it has on their health cognition and subsequently their educational achievement schools are recognized as excellent platforms for promoting lifelong healthy eating and improving long term sustainable nutrition security required for optimum educational outcomes this book reveals the multiple benefits of school gardens for improving nutrition and education for children and their families it examines issues such as school feeding community food production school gardening nutritional education and the promotion of agrobiodiversity and draws on international case studies from both developed and developing nations to provide a comprehensive global assessment this book will be essential reading for those interested in promoting agrobiodiversity sustainable nutrition and healthy eating habits in schools and public institutions more generally it identifies recurring and emerging issues establishes best practices identifies key criteria for success and advises on strategies for scaling up and scaling out elements to improve the uptake of school gardens

Agrobiodiversity, School Gardens and Healthy Diets 2020-03-03 wrecking ball explores in an unprecedented manner a decalogue of wicked problems that confronts humanity nuclear proliferation climate change pandemics permanent technological unemployment orwellian public and private surveillance social media that distorts reality cyberwarfare the fragmentation of democracies the inability of nations to cabin private power the failure of multinational institutions to promote collaboration and the deepening of autocratic rule in countries that have never known anything but extractive institutions collectively or even severally these wicked problems constitute crises that could end civilisation does this list frighten you or do you blithely assume that tomorrow will be just like yesterday wrecking ball shows that without an inclusive system of global governance the collective action required to solve those wicked problems falls beyond the remit of the world s 20 inclusive democracies 50 flawed democracies and 130 extractive elitist autocracies flawed democracies and autocracies that already struggle to produce goods necessary for their own citizens to flourish are simply incapable of committing to international arrangements that address the existential threats posed by the decalogue of wicked problems this then is our children s inheritance dystopias far far worse than the polities that we ourselves have known what if anything can mitigate the harms that are our legacy wrecking ball offers as an answer a ground breaking analysis of south africa s political economy it demonstrates that this country s elitist and extractive political and economic institutions not only make resolution of ongoing domestic crises unattainable likewise they make meaningful responses to wicked problems impossible smart people think they have all the answers without laboring under any such illusions martin luther king jr eloquently opined the arc of the moral universe is long but it bends towards justice but what will happen king would acidly ask if we continue to dawdle and simply run out of time wrecking ball similalry operates under no such smart pretenses and undeterred and unmatched ventures into terrains traversed by truly great political economists smith ricardo marx and keynes by knitting together what we all know to be the facts with cutting edge theory in economics sociology history and political science the book paints an unflinching

portrait of where we are and where we are headed are we ready to be honest with ourselves about the likely future of this overheated overpopulated planet

Wrecking Ball 2021-04-29 a new york times bestseller from vice president elect kamala harris one of america s most inspiring political leaders a book about the core truths that unite us and the long struggle to discern what those truths are and how best to act upon them in her own life and across the life of our country vice president elect kamala harris s commitment to speaking truth is informed by her upbringing the daughter of immigrants she was raised in an oakland california community that cared deeply about social justice her parents an esteemed economist from jamaica and an admired cancer researcher from india met as activists in the civil rights movement when they were graduate students at berkeley growing up harris herself never hid her passion for justice and when she became a prosecutor out of law school a deputy district attorney she quickly established herself as one of the most innovative change agents in american law enforcement she progressed rapidly to become the elected district attorney for san francisco and then the chief law enforcement officer of the state of california as a whole known for bringing a voice to the voiceless she took on the big banks during the foreclosure crisis winning a historic settlement for california s working families her hallmarks were applying a holistic data driven approach to many of california s thorniest issues always eschewing stale tough on crime rhetoric as presenting a series of false choices neither tough nor soft but smart on crime became her mantra being smart means learning the truths that can make us better as a community and supporting those truths with all our might that has been the pole star that guided harris to a transformational career as california s attorney general as a united states senator and now as vice president elect grappling in every role with an array of complex issues from health care and the new economy to immigration national security the opioid crisis and accelerating inequality by reckoning with the big challenges we face together drawing on the hard won wisdom and insight from her own career and the work of those who have most inspired her kamala harris offers in the truths we hold a master class in problem solving in crisis management and leadership in challenging times through the arc of her own life on into the great work of our day she communicates a vision of shared struggle shared purpose and shared values in a book rich in many home truths not least is that a relatively small number of people work very hard to convince a great many of us that we have less in common than we actually do but it falls to us to look past them and get on with the good work of living our common truth when we do our shared effort will continue to sustain us and this great nation now and in the years to come

The Truths We Hold 2019-01-08 this book presents a collection of double blind peer reviewed papers under the scope of sustainable and resilient approaches for rebuilding displaced and host communities forced displacement is a major development challenge not only a humanitarian concern a surge in violent conflict as well as increasing levels of disaster risk and environmental degradation driven by climate change has forced people to leave or flee their homes both internally displaced as well as refugees the rate of forced displacement befalling in different countries all over the world today is phenomenal with an increasingly higher rate of the population being affected on daily basis than ever these displacement situations are becoming increasingly protracted many lasting over 5 years therefore there is a need to develop more sustainable and resilient approaches to rebuild these displaced communities ensuring the long term satisfaction of communities and enhancing the social cohesion between the displaced and host communities accordingly chapters are arranged around five main themes of rebuilding communities after displacement response management for displaced communities the built environment in resettlement planning governance of displacement socio economic interventions for sustainable resettlement

Rebuilding Communities After Displacement 2023-02-19 wildness and wellbeing explores the dynamic relationships between urban nature and mental health offering practical strategies for urban design mental health is a leading global issue and our urban environments can contribute to conditions such as depression and anxiety presenting the latest research this book explores how neuroscience can offer new perspectives on the crucial role everyday multisensory interactions with nature can have on our mental wellbeing these insights can help us un design our streets neighbourhoods and cities allowing nature to be integrated back into our cities wildness and wellbeing is for anyone interested in the connections between urban ecology health environmental science planning and urban design helping to create biodiverse cities for mental health

Wildness and Wellbeing 2019-10-24 □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□ □□□□□□ □□□□□□□□□□□□

Willing's Press Guide and Advertisers' Directory and Handbook 2004 this book expands the body of scientific knowledge on research and solutions for alternative water systems it addresses a wide variety of water management issues in buildings ranging from the technical possibilities hydraulic and financial efficiency and public acceptance of decentralized water systems to their impact on sewage systems climate changes population growth and progressive urbanization are the main causes of the growing interest in alternative sources of water around the world decentralized systems are seen not only as solutions that can effectively save water but also as systems that can operate partially or completely independently of centralized suppliers with these aspects in mind the main focus of this book is on showcasing a new approach to water management at the building scale the findings and insights presented here will support the development of future technical guidelines for using alternative water systems in urban areas an aspect that is particularly important since in many european countries these systems are only very rarely used

BOB FOUNDATION 2019-12 spirituals performed by jubilee troupes became a sensation in post civil war america first brought to the stage by choral ensembles like the fisk jubilee singers spirituals anchored a wide range of late nineteenth century entertainments including minstrelsy variety and plays by both black and white companies in the first book length treatment of postbellum spirituals in theatrical entertainments sandra jean graham mines a trove of resources to chart the spiritual s journey from the private lives of slaves to the concert stage graham navigates the conflicting agendas of those who in adapting spirituals for their own ends sold conceptions of racial identity to their patrons in so doing they lay the foundation for a black entertainment industry whose artistic financial and cultural practices extended into the twentieth century a companion website contains jubilee troupe personnel recordings and profiles of 85 jubilee groups please go to press uillinois edu books graham spirituals

Sustainable Water Management in Buildings 2019-11-30 this anthology elucidates the historical global and regional connections as well as current manifestations of socially engaged public art sepa in east asia it covers case studies and theoretical inquiries on artistic practices from hong kong japan mainland china south korea and taiwan with a focus on the period since the 2000s it examines how public art has been employed by artists curators ordinary citizens and grassroots organizations in the region to raise awareness of prevailing social problems foster collaborations among people of varying backgrounds establish alternative value systems and social relations and stimulate action to advance changes in real life situations it argues that through the endeavors of critically minded art professionals public art has become activism as it ventures into an expanded field of transdisciplinary practices a site of new possibilities where disparate domains such as aesthetics sustainability placemaking social justice and politics interact and where people work together to activate space place and

community in a way that impacts the everyday lives of ordinary people as the first book length anthology on the thriving yet disparate scenes of sepa in east asia it consists of eight chapters by eight authors who have well grounded knowledge of a specific locality or localities in east asia in their analyses of ideas and actions emerging from varying geographical sociopolitical and cultural circumstances in the region most authors also engage with concepts and key publications from scholars which examine artistic practices striving for social intervention and public participation in different parts of the world although grounded in the realities of sepa from east asia this book contributes to global conversations and debates concerning the evolving relationship between public art civic politics and society at large

Spirituals and the Birth of a Black Entertainment Industry 2018-02-26 this monograph explores and investigates key issues facing middle eastern societies including religion and sectarianism history and collective memory urban space and socioeconomic difference policing and securitization and gender relations in the middle east television drama creators serve as public intellectuals who with uncanny prescience tell the world something as this volume demonstrates fictional television provides a crucial space for social and political debate in much of the region writing from a range disciplines anthropology communication folklore gender studies history and law contributors include seasoned academics who have dedicated their careers to researching middle eastern media and emerging scholars who build on earlier work and introduce fresh perspectives together they provide an invaluable overview of middle eastern serial television and their political impact drawing examples from afghanistan egypt iran syria and turkey bringing together a diverse range of academic perspectives this book will be of key interest to students and scholars in media and communication studies middle eastern studies and popular culture studies

Socially Engaged Public Art in East Asia 2022-04-12 before there was joe dimaggio there was tony lazzeri a decade before the yankee clipper began his legendary career in 1936 lazzeri paved the way for the man who would become the patron saint of italian american fans and players he did so by forging his own hall of fame career as a key member of the yankees legendary murderers row lineup between 1926 and 1937 in the process becoming the first major baseball star of italian descent an unwitting pioneer who played his entire career while afflicted with epilepsy lazzeri was the first player to hit sixty home runs in organized baseball one of the first middle infielders in the big leagues to hit with power and the first italian player with enough star power to attract a whole new generation of fans to the ballpark as a twenty two year old rookie for the new york yankees lazzeri played alongside such legends as babe ruth and lou gehrig he immediately emerged as a star finishing second to ruth in rbis and third in home runs in the american league in his twelve years as the second baseman for yankee teams that won five world series he was their third most productive hitter driving in more runs than all but five american leaguers and hitting more home runs than all but six yet for all that today he is a largely forgotten figure his legacy diminished by the passage of time and tarnished by his bases loaded strikeout to grover cleveland alexander in game seven of the 1926 world series a strikeout immortalized on alexander s hall of fame plaque tony lazzeri reveals that quite to the contrary he was one of the smartest most talented and most respected players of his time the forgotten yankee who helped the team win six american league pennants and five world series titles

Middle Eastern Television Drama 2023-06-21 this updated and expanded fourth edition continues the theme of the previous edition emphasizing the current supporting research towards the building of relationships and encouraging productive change between human service workers and their clients the text arranged the chapters in the following manner chapter 1 discusses several basic issues regarding the development and use of helping skills

chapter 2 explores common modes of response chapter 3 encounters several ingredients that foster positive relationships chapter 4 presents a step by step approach to problem solving chapter 5 examines responses that can detract from efforts made chapter 6 presents a straightforward approach to establishing goals objectives and plans chapter 7 describes channels of nonverbal information and commonly encountered nonverbal messages chapter 8 highlights endeavors that take center stage before during and after scheduled appointments chapter 9 considers the needs of several groups such as children and older persons clients having low socioeconomic status individuals experiencing psychosis and longstanding issues and other individuals new and supporting research for the following topics are included the helping alliance client feedback communication self efficacy and stress in helping skills students responding to negative feelings methods for implementing plans person centered decision making that is required by law under the patient protection and affordable care act for certain older and disabled individuals gender cultural heritage and ethnicity in addition there are multiple choice questions as well as short answer and fill in the response items two complete client interviews are included which will illustrate the value of the skills demonstrated with the person being interviewed the text is further enhanced by an appendix offering numerous tools such as exercises and forms this informative book is designed for human resource professionals counselors social workers and other related helping professionals

Amateur Gardening 1966 ray oldenburg s concept of third place is re visited in this book through contemporary approaches and new examples of third places third place is not your home first place not your work second place but those informal public places in which we interact with the people readers will come to understand the importance of third places and how they can be incorporated into urban design to offer places of interaction promoting togetherness in an urbanised world of mobility and rapid change

Tony Lazzeri 2021-04 sustainability made simple is an introduction to sustainability and sustainable living that explores the relationship between everyday life and the intricate global environmental issues of today including air and water pollution deforestation and climate change rosaly byrd and laurèn demates offer an optimistic yet realistic perspective on our impact on the environment giving much needed guidance to those who are interested in finding new and relatively easy ways to incorporate sustainability into daily life an excellent resource for those who are interested in learning what sustainability is about and picking up habits to be more sustainable sustainability made simple shows that adopting a sustainable lifestyle doesn t require going off the grid or making drastic life changes that take time and cost money instead byrd and demates focus on the advantages and transformative changes associated with sustainability demonstrating that although society is facing unprecedented environmental challenges working towards sustainability is an opportunity to do things differently and do things better enhancing aspects of life such as health work and community

Helping Skills for Human Service Workers (4th Ed.) 2019-09-23 this volume offers a unique exploration of how ageing masculinities are constructed and represented in contemporary international cinema with chapters spanning a range of national cinemas the primarily european focus of the book is juxtaposed with analysis of the social and cultural constructions of manhood and the anti ageing impulses of male stardom in contemporary hollywood these themes are inflected in different ways throughout the volume from considering how old age is not the monolithic and unified life stage with which it is often framed to exploring issues of queerness sexuality and asexuality as well as themes such as national cinema and dementia offering a diverse and multifaceted portrait of ageing and masculinity in contemporary cinema this book will be of interest to scholars and students of

film and screen studies gender and masculinity studies and cultural gerontology

The Integrative Physiology of Metabolic Downstates 2021-11-02 courage calls to courage everywhere is the best known phrase associated with millicent garrett fawcett 1847 1929 the leading uk suffragist and campaigner of the late 19th and early 20th centuries but what is the source of her quote and what is its context this book reproduces fawcett s essential speeches pamphlets and newspaper columns to tell the story of her dynamic contribution to public life thirty five texts and 22 images are contextualised and linked to contemporary news coverage as well as to historical and literary references these speeches articles artworks and photographs cover both the advances and the defeats in the campaign for women s votes they also demonstrate a variety of the topics and causes fawcett pursued the provision of education for women feminist history a love of literature and fawcett s own attempt at fiction purity and temperance the campaign against employment of children the british army s approach to the south african war the unionist cause against home rule for ireland and the role of suffrage organisations during world war i here is a rich intertextual web of literary works preferred reading material organisations contacts friends and sometimes enemies that reveals fawcett the individual throughout 61 years of campaigning the first scholarly appraisal of fawcett in over 30 years this is essential reading for those wishing to understand the varied political social and cultural contributions of dame millicent garrett fawcett praise for millicent garrett fawcett selected writings millicent fawcett s influence in the suffrage movement is often overlooked in favour of the more radical suffragette emmeline pankhurst millicent was hugely important concentrating on non violent rational persuasion this book explains the work of this dogged suffragist dame jenni murray former president fawcett society millicent garrett fawcett selected writings invites the reader to delve into the life and passions of this great suffragist leader millicent fawcett paved the way for women to take their place in public life that s why i m so proud that in 2018 her sculpture was unveiled in london becoming parliament square s first ever statue of a woman the statue depicts millicent holding a banner bearing the powerful quote courage calls to courage everywhere this book explores important aspects of the rich and too often untold history of women s rights including the origins of that inspirational quote sadiq khan mayor of london this is a vital collection of the vital speeches of a vital person you need to read this to understand the history of millicent fawcett and if you don t understand the history of millicent fawcett you don t understand one of the most important developments in modern civilisation lord daniel finkelstein millicent fawcett is one of the pivotal voices in uk political history her work paved the way for every woman who has ever taken her place in a parliament anywhere on these islands when any of us talk about standing on the shoulders of giants millicent fawcett was that giant of female empowerment baroness ruth davidson millicent fawcett was one of the most influential figures of her age yet history has tended to overlook her extraordinarily astute and forward thinking she inspired women to change their world by giving them a political voice and the confidence to use it thanks to this collection which is both scholarly and accessible we can now hear her own voice as never before she continues to inspire us to speak out on behalf of women s progress everywhere jane robinson senior associate somerville college oxford author of ladies can t climb ladders the pioneering adventures of the first professional women terras and crawford have brought together a powerful and accessible collection of contributions from millicent garrett fawcett whose speeches and writings gave a political voice to the women of her generation this book allows us to follow the footsteps of a momentous albeit often overlooked suffragist who blazed the trail we now walk nicola sturgeon first minister of scotland

Rethinking Third Places 2019 pocket sized travel guides featuring the very best routes and itineraries discover the best of london with this indispensably practical insight explore guide
2023-05-05

from making sure you don't miss out on must see attractions like big ben the national gallery the tate the london eye and portobello market to discovering hidden gems including whitechapel art gallery the easy to follow ready made walking routes will save you time help you plan and enhance your visit to london practical pocket sized and packed with inspirational insider information this is the ideal on the move companion to your trip to london 20 walks and tours detailed itineraries feature all the best places to visit including where to eat along the way local highlights discover what makes the area special its top attractions and unique sights and be inspired by stunning imagery insider recommendations where to stay and what to do from active pursuits to themed trips hand picked places find your way to great hotels restaurants and nightlife using the comprehensive listings practical maps get around with ease and follow the walks and tours using the detailed maps informative tips plan your visit with an a to z of advice on everything from transport to tipping inventivedesign makes for an engaging easy reading experience covers the big sights national galleries covent garden and soho piccadilly and mayfair marylebone regent s park bloomsbury holborn and the inns of court the city the south bank tate to tate hyde park south kensington and knightsbridge chelsea hampstead notting hill east london routemaster bus trip greenwich and kew about insight guides insight guides is a pioneer of full colour guide books with almost 50 years experience of publishing high quality visual travel guides with user friendly modern design we produce around 400 full colour print guide books and maps as well as phrase books picture packed ebooks and apps to meet different travellers needs insight guides unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure

Sustainability Made Simple 2019-07-26 this book contains personal experiences with jesus christ his mother and his saints it reveals hidden traps by the evil one and its friends when jesus encouraged me to write in 2006 i was relieved and happy i thought about the experiences i had of him in the past and could write about that i had no idea that four books would evolve from this encouragement by jesus in this book the story continues whereby jesus uses my life situations to reveal his power and wisdom jesus takes me through many experiences so others can be enlightened and aware of certain circumstances in their lives i am not to keep these things to myself but to let them be known jesus is anxious for others to come to know him he walked among humans on earth and is neither a myth nor a liar in the bible he was revealed several times as god a statement i saw on this book read steeped in the profound traditions of catholic mysticism i agree with this statement to a point but to be a child of god one does not have to be steeped in catholic mysticism most of the churches i attend are catholic they are mystical but mysticism can be found in every church based on christ the traditions of the church are not for catholics only they are for everyone who wants to indulge in them jesus did not come to place us into churches with particular names but to save everyone he who believes in me and is baptised will be saved mt 15 16 another statement i saw about the book read it is thought provoking and passionate i would agree that it is definitely thought provoking because it is not what the normal human being would experience in their everyday life these things are there but people are not realising what is going around them these things are not tangible or visible in the normal sense i believe the passion must be contained in the style of my writing and my determination to pen everything jesus wanted do relay something to the world and i believe he has done so in these books we are walking in a state of unsafety and no one is telling us anything concerning this our homes our cars our streets our churches our supermarkets products we buy and even our workplaces are unsafe these are just a some of the unsafe settings jesus has pointed out to me as having evil and evil workers lurking to make our environments difficult and unsafe the main solution to this

problem is for people to turn to god and refuse to live in a society where he is obscured and ignored for more information about the book visit jesusperfectcompany.com

Ageing Masculinities in Contemporary European and Anglophone Cinema 2022-12-30
in june 2015 canada's truth and reconciliation commission released 94 calls to action that urged reform of policies and programs to repair the harms caused by the indian residential schools decolonizing discipline is a response to call to action 6 the call to repeal section 43 of canada's criminal code which justifies the corporal punishment of children editors valerie michaelson and joan durrant have brought together diverse voices to respond to this call and to consider the ways that colonial western interpretations of christian theologies have been used over centuries to normalize violence and rationalize the physical discipline of children theologians clergy social scientists and first nations inuit and métis leaders and community members explore the risks that corporal punishment poses to children and examine practical non violent approaches to discipline the authors invite readers to participate in shaping this country into one that does not sanction violence against children the result is a multifaceted exploration of theological debates scientific evidence and personal journeys of the violence that permeated canada's residential schools and continues in canadian homes today together they compel us to decolonize discipline in canada

Millicent Garrett Fawcett 2022-06-09 this book investigates the impact of the covid 19 pandemic on the health and well being of indigenous peoples and assesses the policy responses taken by governments and indigenous communities across the world bringing together innovative research and policy insights from a range of disciplines this book investigates the impact of the covid 19 pandemic on the health and well being of indigenous peoples across the world with coverage of north america central america africa and oceania further it explores the actions taken by governments and indigenous communities in addressing the challenges posed by this public health crisis the book emphasises the social determinants of health and well being reflecting on issues such as self governance human rights law housing socioeconomic conditions access to health care culture environmental deprivation and resource extraction chapters also highlight the resilience and agency of indigenous peoples in combating the covid 19 pandemic despite the legacy of colonialism patterns of systemic discrimination and social exclusion providing concrete pathways for improving the conditions of indigenous peoples in the wake of the covid 19 pandemic this book is essential reading for researchers across indigenous studies public health and social policy

Insight Guides Explore London (Travel Guide eBook) 2019-10-01 offers new understandings of gender construction and nation building through the lens of recent chinese television programs

Perfect Company Iv 2022-03-24 today 20 percent of the global food supply relies on urban agriculture social ecological systems shaped by both human and non human interactions this book shows how urban agroecologists measure flora and fauna that underpin the ecological dynamics of these systems and how people manage and benefit from these systems it explains how the sociopolitical landscape in which these systems are embedded can in turn shape the social ecological political and economic dynamics within them synthesizing interdisciplinary approaches in urban agroecology in the natural and social sciences the book explores methodologies and new directions in research that can be adopted by scholars and practitioners alike with contributions from researchers utilizing both social and natural science approaches urban agroecology describes the current social environmental understandings of the science the movement and the practices in urban agroecology by investigating the role of agroecology in cities the book calls for the creation of spaces for food to be sustainably grown in urban spaces an urban agriculture ua movement essential reading for graduate students

practitioners policy makers and researchers this book charts the course for accelerating this movement

Decolonizing Discipline 2020-09-04 for more than a century american communities erected monuments to western pioneers although many of these statues receive little attention today the images they depict sturdy white men saintly mothers and wholesome pioneer families enshrine prevailing notions of american exceptionalism race relations and gender identity pioneer mother monuments is the first book to delve into the long and complex history of remembering forgetting and rediscovering pioneer monuments in this book historian cynthia culver prescott combines visual analysis with a close reading of primary source documents examining some two hundred monuments erected in the united states from the late nineteenth century to the present prescott begins her survey by focusing on the earliest pioneer statues which celebrated the strong white men who settled and conquered the west by the 1930s she explains when gender roles began shifting new monuments came forth to honor the pioneer mother the angelic woman in a sunbonnet armed with a rifle or a bible as she carried civilization forward an iconic figure resonated particularly with mormon audiences while interest in these traditional monuments began to wane in the postwar period according to prescott a new wave of pioneer monuments emerged in smaller communities during the late twentieth century inspired by rural nostalgia these statues helped promote heritage tourism in recent years americans have engaged in heated debates about confederate civil war monuments and their implicit racism should these statues be removed or reinterpreted far less attention however has been paid to pioneer monuments which prescott argues also enshrine white cultural superiority as well as gender stereotypes only a few western communities have reexamined these values and erected statues with more inclusive imagery blending western history visual culture and memory studies prescott s pathbreaking analysis is enhanced by a rich selection of color and black and white photographs depicting the statues along with detailed maps that chronologically chart the emergence of pioneer monuments

Indigenous Health and Well-Being in the COVID-19 Pandemic 2022-08-31 explore europe s most prosperous corner a smorgasbord of viking ships brooding castles and emerald fjords with rick steves on your side scandinavia can be yours inside rick steves scandinavia you ll find comprehensive coverage for spending a week or more exploring denmark norway sweden finland and estonia rick s strategic advice on how to get the most out of your time and money with rankings of his must see favorites top sights and hidden gems from the tivoli gardens the viking ship museum and hans christian andersen s house to prehistoric monoliths and sleepy fjord villages how to connect with local culture take a dip in the fjords on a summer day bask in the hygge of a cozy cabin café grab a picnic of nordic cheese and smoked fish from a farmers market and chat with friendly locals over a glass of avkvavit beat the crowds skip the lines and avoid tourist traps with rick s candid humorous insight the best places to eat sleep and relax with a cup of coffee self guided walking tours of lively neighborhoods and incredible museums detailed maps for exploring on the go useful resources including a packing list phrase books for danish norwegian swedish finnish and estonian a historical overview and recommended reading over 400 bible thin pages include everything worth seeing without weighing you down complete up to date information on copenhagen roskilde Åero odense justland oslo flåm aurland undredal sognejord gudbrandsdal valley the jotunheimen mountains bergen stavanger the setesdal valley kristiansand stockholm sigtuna uppsala vaxholm grinda svartsö sandhamn växjö glass country kalmar Öland helsinki tallinn and more make the most of every day and every dollar with rick steves scandinavia cruising scandinavia instead try rick steves scandinavian and northern european cruise ports

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